

# Scoresheet Regiokampioenschappen West 2024 • Zondagochtend (1/2)

Schiedam - 16 June 2024

57.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	9	56.90	OPEN	Karlijn Wijsman	Perfect Performance	110	115	120	70	75	77.5	195	142.5	155	155	337.5	79.270	
W	16	56.00	OPEN	Esther Hulst	Striktly Powerhouse	80	85	90	42.5	45	47.5	135	132.5	142.5	150	277.5	65.973	

63.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	7	62.23	OPEN	Aysun Cakmak (MI)	Jordi Snijders Coaching	122.5	127.5	132.5	75	77.5	77.5	210	162.5	172.5	180	382.5	84.356	
W	11	61.79	OPEN	Erzsébet Jennifer Kovacs	Striktly Powerhouse	110	115	120	60	62.5	65	182.5	140	145	150	332.5	73.673	
W	5	60.86	OPEN	Eline Dekkers	Sterrek Personal Training	120	125	130	52.5	55	57.5	185	135	142.5	152.5	327.5	73.308	

69.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	2	67.25	OPEN	Iris de Weert	Striktly Powerhouse	125	130	135	60	65	70	200	140	150	157.5	350	73.577	

76.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	6	70.64	OPEN	Kimberley Teeuwissen	DSKV IJzersterk	115	120	125	70	75	75	190	150	160	167.5	357.5	73.122	
W	21	75.34	OPEN	Bente van Beek (J)	Striktly Powerhouse	125	132.5	140	65	70	70	205	135	145	152.5	357.5	70.776	
W	1	73.55	OPEN	Eva Meryem Tayanç	Striktly Powerhouse	120	125	130	70	75	77.5	200	140	150	160	350	70.110	
W	20	72.68	OPEN	Naomi Jansen	Algemeen Lid	110	117.5	120	65	65	65	185	145	150	150	330	66.501	

66.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	24	65.88	OPEN	Bart Pieters	FoxGym	167.5	177.5	182.5	120	127.5	132.5	315	197.5	215	222.5	530	82.698	

## Referees (name and signature)

Head referee:

Left referee:

Right referee:

# Scoresheet Regiokampioenschappen West 2024 • Zondagochtend (2/2)

Schiedam - 16 June 2024

84.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	15	83.05	OPEN	Priscilla Jamiesha Zaalman	Perfect Performance	140	147.5	152.5	62.5	62.5	67.5	220	160	170	175	390	73.983	
W	19	81.57	OPEN	Gioia Buijs	Victory Culture	130	140	142.5	75	80	80	215	135	142.5	147.5	357.5	68.315	

84.0+ kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	22	97.62	OPEN	Debby Van Bogaert (MI)	Perfect Performance	112.5	117.5	122.5	85	90	95	217.5	115	122.5	135	352.5	63.288	
W	14	89.28	OPEN	Pien van Leeuwen	Blackout Barbell Coaching	92.5	100	105	57.5	60	60	162.5	112.5	120	127.5	282.5	52.166	

74.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	10	73.46	OPEN	Indy Verhulsdonck	Algemeen Lid	180	190	200	112.5	117.5	120	310	215	230	235	545	80.316	
M	12	73.51	OPEN	Ishvar Lalbahadoersing	Barbell Lifestyle	175	185	190	120	125	127.5	315	205	215	220	535	78.815	
M	3	73.96	OPEN	Lorenzo van Leeuwen	Victory Culture	172.5	180	180	117.5	117.5	122.5	295	210	220	230	525	77.097	
M	4	73.53	OPEN	Hiresh Jadoenathmissier	DSKV IJzersterk	160	170	180	125	132.5	132.5	295	195	205	220	500	73.648	
M	18	69.93	OPEN	Thijm van Munster (J)	Algemeen Lid	160	170	170	95	100	105	265	190	200	200	455	68.799	

## Referees (name and signature)

Head referee:

Left referee:

Right referee: