

Scoresheet Regiokampioenschappen West 2024 • Zondagmiddag (1/2)

Schiedam - 16 June 2024

83.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	17	82.62	OPEN	Thijs Oudshoorn	Staal & Kracht	215	222.5	225	145	150	155	380	232.5	242.5	250	630	87.411	
M	2	82.09	OPEN	Mika Bremer (J)	Staal & Kracht	195	205	212.5	145	152.5	152.5	357.5	225	237.5	250	607.5	84.565	
M	8	76.20	OPEN	Lukas Hoogendam (J)	Powerbuild Coaching	175	185	195	110	117.5	122.5	312.5	205	220	227.5	540	78.085	
M	20	81.90	OPEN	Jonathan Lion Sjin Tjoe	Perfect Performance	167.5	175	182.5	110	117.5	120	300	205	210	220	520	72.469	
M	22	74.72	OPEN	Abhay Isrie (J)	DSKV IJzersterk	155	165	175	100	102.5	105	277.5	195	205	210	482.5	70.481	
M	9	82.93	OPEN	Bas Kuijf	Algemeen Lid	212.5	220	225	127.5	127.5	132.5	127.5	230	250	270	0	0.000	

105.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	16	102.98	OPEN	Sonny Carter (J)	Staal & Kracht	207.5	220	232.5	162.5	170	170	402.5	245	252.5	270	672.5	83.787	
M	3	96.28	OPEN	Thomas van Helsum	Jordi Snijders Coaching	207.5	217.5	225	145	145	152.5	377.5	212.5	222.5	232.5	610	78.471	
M	10	101.12	OPEN	Aaron Cramer	Striktly Powerhouse	170	180	185	130	135	140	320	210	225	235	545	68.487	
M	12	100.12	OPEN	Arthur Roodenburg (MI)	Jordi Snijders Coaching	190	205	212.5	97.5	102.5	105	307.5	200	217.5	230	537.5	67.863	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Regiokampioenschappen West 2024 • Zondagmiddag (2/2)

Schiedam - 16 June 2024

93.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	24	91.55	OPEN	Jeffrey Goos	Perfect Performance	230	240	245	162.5	167.5	167.5	407.5	247.5	257.5	262.5	670	88.326	
M	6	87.01	OPEN	Kay Mulder	Supreme Strength Coaching	210	220	227.5	135	140	145	367.5	250	265	275	632.5	85.506	
M	21	89.79	OPEN	Igor Nadorp	Blackout Barbell Coaching	220	227.5	235	132.5	140	145	375	230	240	250	625	83.184	
M	23	92.33	OPEN	Sebastiaan Hagoort (J)	Algemeen Lid	215	225	232.5	140	145	145	372.5	235	247.5	257.5	620	81.396	
M	15	91.33	OPEN	Bradley Vos (J)	Powerbuild Coaching	185	195	205	120	127.5	130	335	225	245	255	590	77.872	
M	11	91.54	OPEN	Alexander de Bekker (J)	Blackout Barbell Coaching	217.5	227.5	235	95	105	112.5	340	220	232.5	245	585	77.125	

120.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	19	119.05	OPEN	Nigel van der Vlist (J)	Powerbuild Coaching	200	210	220	160	167.5	167.5	380	215	250	262.5	630	73.490	
M	7	117.98	OPEN	Dave Snakenborg	Bassies Halterclub	225	240	247.5	150	155	155	247.5	240	240	240	0	0.000	

120.0+ kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	14	140.12	OPEN	Gerard Durinck (MII)	Legacy Gym	245	257.5	265	170	177.5	182.5	447.5	245	260	270	717.5	78.187	

Referees (name and signature)

Head referee:

Left referee:

Right referee: