

Scoresheet Regiokampioenschappen Noord-Oost 2024 • Zaterdagochtend (1/2)

Tiel - 29 June 2024

83.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	16	82.48	OPEN	Bram de Ruiter	Strength Valley	195	205	212.5	112.5	120	127.5	332.5	225	240	250	582.5	80.890	
M	10	82.35	OPEN	Mike den Hartog (J)	Algemeen Lid	155	162.5	167.5	145	145	150	317.5	185	197.5	205	522.5	72.616	

105.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	14	104.69	OPEN	Sebastiaan Rodrigues de Miranda	NSKV Profectus	240	240	250	137.5	142.5	145	392.5	295	307.5	310	702.5	86.853	
M	15	104.13	OPEN	Sikko Schnoor	Strength Valley	260	275	277.5	150	157.5	162.5	435	240	265	285	700	86.761	
M	7	104.00	OPEN	Rinus de Wit	Sportschool Bushido	232.5	245	245	157.5	162.5	162.5	390	250	260	267.5	650	80.610	
M	3	96.89	OPEN	Colin Vernooij (J)	2to1 Coaching	202.5	212.5	220	135	142.5	142.5	355	255	270	280	635	81.439	
M	17	103.01	OPEN	Lars Lurvink	K&C training	230	240	250	125	130	130	365	230	250	265	615	76.612	
M	12	103.31	OPEN	Chris Steevensz	9 for 9 coaching	190	200	210	125	132.5	137.5	342.5	220	240	255	597.5	74.331	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Regiokampioenschappen Noord-Oost 2024 • Zaterdagochtend (2/2)

Tiel - 29 June 2024

93.0 kg						Squat			Bench Press			Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	1	92.60	OPEN	Niek van der Steen	Strength Valley	220	235	242.5	150	160	160	402.5	250	272.5	292.5	675	88.490	
M	5	92.85	OPEN	Hessel Veltman	Beresterk	210	220	220	140	147.5	150	367.5	245	265	275	642.5	84.119	
M	20	92.52	OPEN	Justin Mulder	Algemeen Lid	230	237.5	242.5	130	140	142.5	382.5	235	250	257.5	640	83.937	
M	18	93.00	OPEN	Jonathan Rodrigues de Miranda	NSKV Profectus	210	222.5	230	130	135	140	365	255	265	280	630	82.417	
M	2	91.28	OPEN	Sam ter Mors	The Bearded Coach	190	202.5	217.5	140	150	157.5	367.5	240	260	275	627.5	82.844	
M	6	92.35	OPEN	Tuan Pham	Beresterk	190	200	207.5	125	130	135	342.5	225	240	245	587.5	77.121	
M	9	91.76	OPEN	Tobias Rosendaal	The Bearded Coach	190	200	210	130	137.5	142.5	347.5	225	237.5	245	585	77.035	
M	4	91.96	OPEN	Igor Halink	K&C training	190	200	205	125	132.5	132.5	330	220	240	260	570	74.979	
M	19	92.51	OPEN	Mats ter Horst (J)	NSKV Profectus	200	210	212.5	110	115	117.5	330	220	230	240	570	74.761	

Referees (name and signature)

Head referee:

Left referee:

Right referee: