

# Scoresheet Regiokampioenschappen Noord-Oost 2024 • Zaterdagmiddag (1/2)

Tiel - 29 June 2024

63.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	19	62.40	OPEN	Colette Haddon (MI)	Strength Valley	125	132.5	140	65	70	72.5	212.5	155	165	175	377.5	83.105	
W	17	61.33	OPEN	Roos Otten	Beresterk	110	115	117.5	57.5	60	62.5	180	145	155	160	340	75.712	
W	15	61.37	OPEN	Rianka van Bennekom (J)	Algemeen Lid	97.5	102.5	107.5	55	60	62.5	167.5	115	125	132.5	300	66.776	

69.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	20	67.61	OPEN	Anouk Hofstee	NSKV Profectus	145	150	152.5	67.5	72.5	72.5	217.5	170	177.5	180	397.5	83.305	
W	3	67.74	OPEN	Sharona Stuiver	Beresterk	140	145	150	70	75	77.5	225	160	167.5	175	392.5	82.166	
W	18	68.42	OPEN	Sabine Hutten	2to1 Coaching	132.5	140	145	70	72.5	75	212.5	165	177.5	177.5	377.5	78.579	
W	4	68.51	OPEN	Zina Koning	Huijser Coaching	112.5	117.5	120	75	80	82.5	200	142.5	150	155	350	72.800	

76.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	22	73.64	OPEN	Chenine Bleumink	K&C training	140	150	155	75	80	82.5	232.5	150	160	165	392.5	78.575	
W	14	73.80	OPEN	Aniek Brugman	Algemeen Lid	115	122.5	127.5	72.5	77.5	80	207.5	150	162.5	167.5	375	74.991	
W	8	72.67	OPEN	Dana Schaerlaeckens	2to1 Coaching	132.5	142.5	150	57.5	60	62.5	205	145	155	165	360	72.552	

84.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	23	83.37	OPEN	Sam Brasser	Beresterk	135	140	140	72.5	77.5	77.5	212.5	160	167.5	172.5	385	72.922	
W	12	81.46	OPEN	Noa de Waal (S-J)	Algemeen Lid	110	117.5	125	90	92.5	92.5	215	100	115	125	330	63.095	

## Referees (name and signature)

Head referee:

Left referee:

Right referee:

# Scoresheet Regiokampioenschappen Noord-Oost 2024 • Zaterdagmiddag (2/2)

Tiel - 29 June 2024

66.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	24	65.19	OPEN	Najef Zondringa	Algemeen Lid	160	170	170	100	110	110	270	205	215	225	485	76.100	
M	6	64.99	OPEN	Melvin Sinaj	Algemeen Lid	135	145	150	92.5	100	105	255	190	200	202.5	455	71.509	

74.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	21	73.71	OPEN	Mike Beer	2to1 Coaching	187.5	195	200	112.5	117.5	122.5	317.5	215	230	240	547.5	80.542	
M	26	73.49	OPEN	Melvin Bruins (J)	2to1 Coaching	175	187.5	195	105	110	112.5	307.5	170	182.5	192.5	500	73.669	
M	2	72.80	OPEN	Nick Imminga	East End Strength Sports	165	172.5	180	105	110	115	290	180	190	195	480	71.070	

120.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	1	112.84	OPEN	Lorenz Muylkens	Adapt Powerlifting	265	270	282.5	152.5	160	162.5	445	275	295	300	745	88.998	
M	10	117.60	OPEN	Jelle van Dorth	Power Workout Gym	240	255	265	155	157.5	165	422.5	260	277.5	285	707.5	82.976	
M	11	117.96	OPEN	Simon Rezelman	Algemeen Lid	192.5	207.5	220	127.5	135	140	360	220	237.5	250	597.5	69.981	
M	25	107.44	OPEN	Tom van Oosterom (J)	Strength Valley	192.5	202.5	210	97.5	105	110	320	240	260	277.5	580	70.852	
M	5	107.27	OPEN	Dmitry Sallomons (J)	Strength Valley	155	165	170	102.5	110	112.5	277.5	170	185	200	477.5	58.373	

120.0+ kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	9	139.21	OPEN	Dennis Stiekema	Gym Iron Heart	230	245	260	170	180	190	440	285	310	320	750	81.941	

## Referees (name and signature)

Head referee:

Left referee:

Right referee: