

Scoresheet NSK Powerliften 2024 • Zondagochtend (1/2)

Groningen - 27 October 2024

47.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	12	46.76	OPEN	Justine Fleming	Team Francke powerlifting	87.5	92.5	92.5	52.5	55	55	145	115	120.5	125.5	270.5	75.366	

52.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	1	51.42	OPEN	Merel van den Bosch (J)	Sectie-C Powerliften	127.5	127.5	136	60	65	67.5	201	127.5	135	140	336	85.670	
W	17	51.16	OPEN	Lene de Jong (J)	SKVU Obelix	82.5	87.5	95	62.5	67.5	67.5	162.5	110	117.5	127.5	280	71.709	

57.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	3	56.83	OPEN	Sanne van Loon (J)	Abyss	132.5	141	145	75	80	80	221	140	147.5	155	376	88.395	
W	7	54.91	OPEN	Safia Shaik	DSKV IJzersterk	120	120	122.5	47.5	50	52.5	172.5	117.5	125	130	302.5	73.030	
W	18	56.70	OPEN	Ylia de Bruin (S-J)	Strength For All	107.5	110	115	57.5	62.5	65	172.5	110	117.5	122.5	295	69.472	

63.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	5	62.52	OPEN	Kaoutar Belhaj (J)	Algemeen Lid	122.5	132.5	140	67.5	75	80	220	165	175	185	405	89.047	
W	20	61.69	OPEN	Lieke van Oosten (J)	Power Workout Gym	132.5	140	142.5	65	70	72.5	212.5	150	157.5	162.5	370	82.071	
W	22	62.16	OPEN	Hewan Admasu (J)	Deliberate Strength	110	117.5	120	62.5	65	65	185	140	150	160	345	76.142	
W	24	61.95	OPEN	Maria Huver (J)	XclusiveCoaching	120	125	130	65	67.5	70	197.5	125	135	145	342.5	75.759	
W	15	62.29	OPEN	Rianka van Bennekom (J)	Lifting Limits	100	107.5	112.5	57.5	60	62.5	175	120	130	135	310	68.324	
W	16	62.76	OPEN	Jade Cheng (J)	Barbell Lifestyle	97.5	107.5	112.5	50	55	60	167.5	125	135	142.5	310	67.990	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet NSK Powerliften 2024 • Zondagochtend (2/2)

Groningen - 27 October 2024

83.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	27	81.98	OPEN	Luuk Tiel (J)	2to1 Coaching	212.5	227.5	237.5	152.5	160	165	402.5	235	252.5	265	655	91.238	
M	2	81.09	OPEN	Joey van Slooten	Lifting Limits	195	205	212.5	130	135	140	352.5	250	270	285	622.5	87.193	
M	8	82.82	OPEN	Jesse Sporrel (J)	FoxGym	222.5	235	242.5	130	135	137.5	377.5	220	232.5	242.5	620	85.919	
M	9	81.24	OPEN	Cees Snip	Algemeen Lid	210	225	235	135	142.5	150	377.5	225	240	242.5	617.5	86.412	
M	4	78.89	OPEN	Marcin Pop?awski (J)	DSKV IJzersterk	205	207.5	215	125	135	140	350	230	242.5	247.5	592.5	84.163	
M	14	83.00	OPEN	Liam Fong (J)	Algemeen Lid	195	207.5	217.5	142.5	150	155	357.5	225	232.5	232.5	582.5	80.634	
M	19	82.58	OPEN	Milan van der Voort (J)	Strength For All	202.5	202.5	210	127.5	135	135	337.5	220	230	240	577.5	80.147	
M	23	81.95	OPEN	Jip de Veer (J)	Powerbuild Coaching	200	212.5	217.5	115	122.5	125	342.5	215	230	237.5	572.5	79.761	
M	6	77.63	OPEN	Ahmet Topaloglu (J)	Demonstrength	190	195	202.5	100	107.5	112.5	315	205	222.5	235	537.5	76.983	
M	26	80.87	OPEN	Yannick Broos (J)	Algemeen Lid	170	180	187.5	115	120	125	307.5	220	230	242.5	537.5	75.391	
M	10	81.59	OPEN	Rick Hardebol (J)	SKVU Obelix	180	187.5	192.5	102.5	105	107.5	292.5	190	205	205	497.5	69.467	
M	11	82.87	OPEN	Jort Peels (J)	9 for 9 coaching	235	247.5	256	142.5	147.5	150	406	232.5	0	0	0	0.000	

Referees (name and signature)

Head referee:

Left referee:

Right referee: