

# Scoresheet NSK Powerliften 2024 • Zondagmiddag (1/2)

Groningen - 27 October 2024

105.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	19	97.30	OPEN	Ruben Kottmann (S-J)	Powerbuild Coaching	190	205	215	125	132.5	140	355	255	272.5	285	640	81.914	
M	1	104.06	OPEN	Finn Groenendaal (J)	Algemeen Lid	200	210	220	127.5	135	137.5	357.5	247.5	262.5	275	632.5	78.419	
M	23	96.37	OPEN	Mats ter Horst (J)	NSKV Profectus	205	215	<del>220</del>	115	120	122.5	337.5	225	237.5	250	587.5	75.543	
M	20	104.60	OPEN	Qihao Guo (J)	DSKV IJzersterk	185	197.5	<del>207.5</del>	112.5	117.5	<del>122.5</del>	315	245	260	<del>270</del>	575	71.118	
M	18	97.81	OPEN	Cas van den Wildenberg (J)	Deliberate Strength	170	180	190	125	130	132.5	322.5	210	225	240	562.5	71.814	
M	4	103.37	OPEN	Lucas Lemsom (J)	DSKV IJzersterk	175	185	<del>187.5</del>	120	125	<del>127.5</del>	310	235	245	<del>255</del>	555	69.025	

120.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	14	115.69	OPEN	Siebre Marinus (J)	GSKV Northside Barbell	245	255	260	150	157.5	160	420	260	275	290	710	83.875	
M	10	113.82	OPEN	Jules in 't Groen	TSKV Spartacus	210	<del>222.5</del>	<del>222.5</del>	142.5	150	155	365	250	270	282.5	647.5	77.050	
M	12	117.55	OPEN	Andreas Negrello	ESKV Odin	225	<del>230</del>	230	135	142.5	<del>147.5</del>	372.5	255	270	<del>280</del>	642.5	75.367	

120.0+ kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	17	128.61	OPEN	Ouissam El Khamsi (J)	Algemeen Lid	190	205	215	122.5	130	140	355	260	280	<del>290</del>	635	71.660	

## Referees (name and signature)

Head referee:

Left referee:

Right referee:

# Scoresheet NSK Powerliften 2024 • Zondagmiddag (2/2)

Groningen - 27 October 2024

105.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	5	104.19	OPEN	Aloy Iwunze (J)	Team Francke powerlifting	270	285	293	165	172.5	172.5	450	325	341	350	791	98.014	
M	21	104.78	OPEN	Collin Yakwo	Algemeen Lid	225	265	280	180	190	193.5	473.5	225	275	305	778.5	96.211	
M	7	103.83	OPEN	Levi Rohring (J)	9 for 9 coaching	255	270	275	147.5	155	157.5	427.5	255	270	277.5	705	87.498	
M	3	99.55	OPEN	Koen Thijssen (J)	SKVU Obelix	237.5	250	255	130	135	137.5	392.5	280	300	312.5	692.5	87.671	
M	2	103.52	OPEN	Gabriël Kruize (J)	Supreme Strength Coaching	245	260	270	135	142.5	147.5	417.5	245	260	270	677.5	84.203	
M	11	102.75	OPEN	Ruben Kok (J)	2to1 Coaching	230	242.5	242.5	150	155	155	397.5	240	252.5	265	662.5	82.628	
M	22	103.03	OPEN	Miloš Risti? (J)	Powerbuild Coaching	230	245	255	147.5	147.5	155	410	210	230	242.5	652.5	81.277	
M	8	103.32	OPEN	Jens Roels (J)	2to1 Coaching	230	245	255	150	155	160	405	230	250	250	635	78.993	
M	6	104.36	OPEN	Finn Verschoor (J)	Powerbuild Coaching	207.5	220	225	125	130	135	360	245	260	275	620	76.766	
M	9	104.53	OPEN	Kaj van der Linden (J)	9 for 9 coaching	192.5	202.5	210	140	147.5	152.5	350	232.5	250	0	600	74.234	
M	15	99.73	OPEN	Gerjan van de Kraats (J)	Deliberate Strength	25	0	0	140	145	150	175	220	227.5	232.5	402.5	50.913	

## Referees (name and signature)

Head referee:

Left referee:

Right referee: