

# Scoresheet NSK Powerliften 2024 • Zaterdagmiddag (1/2)

Groningen - 26 October 2024

69.0 kg						Squat			Bench Press			Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	7	64.85	OPEN	Anna Kaszteny (J)	Algemeen Lid	140	150	152.5	95	100	102.5	250	167.5	177.5	180	427.5	91.842	
W	3	67.90	OPEN	Anouk Hofstee	NSKV Profectus	145	152.5	157.5	72.5	75	77.5	232.5	172.5	182.5	197.5	415	86.759	
W	15	68.52	OPEN	Charlotte Jongenotter (J)	Lifting Limits	142.5	150	152.5	75	80	80	232.5	152.5	160	167.5	400	83.194	
W	4	68.48	OPEN	Odyl de Greeff (J)	Adapt Powerlifting	125	130	135	75	80	80	210	150	160	165	375	78.020	
W	2	65.95	OPEN	Emma Rots	DSKV IJzersterk	120	125	127.5	60	67.5	72.5	197.5	152.5	162.5	172.5	360	76.555	
W	21	68.25	OPEN	Danjella Siemonsma (J)	GSKV Northside Barbell	120	127.5	132.5	60	65	67.5	197.5	130	137.5	140	337.5	70.351	

84.0 kg						Squat			Bench Press			Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	12	78.22	OPEN	Kirsten Agricola	Untamed Strength	140	145	150	65	67.5	70	215	145	160	165	375	72.963	
W	20	80.90	OPEN	Gioia Buijs	Victory Culture	122.5	130	132.5	70	75	75	202.5	135	142.5	150	352.5	67.591	
W	5	83.62	OPEN	Wytske Zevenboom	Wu Dynasty	127.5	135	137.5	57.5	60	62.5	197.5	145	150	150	347.5	65.742	

84.0+ kg						Squat			Bench Press			Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	19	97.27	OPEN	Hanna de Jonge (J)	AB coaching	135	142.5	147.5	50	55	57.5	197.5	150	160	167.5	365	65.600	

## Referees (name and signature)

Head referee:

Left referee:

Right referee:

# Scoresheet NSK Powerliften 2024 • Zaterdagmiddag (2/2)

Groningen - 26 October 2024

76.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	6	74.97	OPEN	Savannah van Dusseldorp (J)	Strength For All	157.5	165	172.5	75	80	82.5	255	180	190	195	445	88.307	
W	16	75.94	OPEN	Juli Besteman (J)	Adapt Powerlifting	152.5	160	165	85	90	90	245	172.5	182.5	190	427.5	84.316	
W	11	73.03	OPEN	Danique Zwaan (J)	9 for 9 coaching	127.5	137.5	145	75	80	80	225	155	165	175	400	80.412	
W	1	71.05	OPEN	Eleanora Konsten (S-J)	9 for 9 coaching	120	122.5	122.5	80	82.5	85	205	135	140	147.5	352.5	71.877	
W	8	74.93	OPEN	Elbrich Fokkinga (J)	GSKV Northside Barbell	120	127.5	130	57.5	60	62.5	190	150	160	167.5	350	69.473	
W	14	74.42	OPEN	Maud Hartig (J)	Wu Dynasty	115	122.5	127.5	62.5	67.5	70	197.5	132.5	147.5	155	345	68.708	
W	22	72.73	OPEN	Aaltje van der Kooi (J)	GSKV Northside Barbell	120	130	137.5	65	70	75	200	122.5	135	135	335	67.485	
W	9	71.06	OPEN	Hannah de Man (J)	Lucky Lifting	107.5	112.5	117.5	47.5	52.5	57.5	175	140	147.5	157.5	332.5	67.794	
W	23	73.83	OPEN	Lisan Bijlemeer (J)	NSKV Profectus	120	125	130	57.5	62.5	67.5	192.5	125	132.5	137.5	330	65.979	
W	17	71.23	OPEN	Petra Willems (J)	GSKV Northside Barbell	90	100	105	57.5	60	62.5	160	130	142.5	155	315	64.145	
W	24	74.35	OPEN	Linde Gorissen (J)	Deliberate Strength	102.5	110	115	55	60	60	175	130	140	147.5	315	62.762	

## Referees (name and signature)

Head referee:

Left referee:

Right referee: