

# Scoresheet Subjunioren NK Powerliften 2024 • Zondagochtend (1/2)

Weert - 14 April 2024

52.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	18	51.34	S-J	Marise de Jong	Legacy Gym	75	80	85	35	37.5	40	122.5	92.5	102.5	107.5	230	58.722	

57.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	5	56.58	S-J	Ylia de Bruin	Strength For All	107.5	112.5	115.5	47.5	52.5	57.5	173	100	110	115	288	67.933	

69.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	26	67.49	S-J	Star Sala	Pjotrs Powertraining	135	140	145	57.5	62.5	65	207.5	150	157.5	157.5	357.5	74.998	
W	15	66.24	S-J	Renske Voet	Team Francke powerlifting	100	105	110	50	55	57.5	160	125	132.5	140	300	63.629	
W	21	67.90	S-J	Milou Koole	Algemeen Lid	80	80	85	45	45	45	130	130	137.5	145	275	57.491	

76.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	29	72.40	S-J	Eline Hegeman	GSKV Northside Barbell	95	105	110.5	62.5	67.5	70.5	181	105	115	125.5	306.5	61.888	

84.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	12	83.05	S-J	Ise Kleuskens	WorkBodyFit	125	132.5	142.5	55	60	62.5	195	115	122.5	127.5	322.5	61.178	
W	4	81.27	S-J	Noa de Waal	Alphafemalecoaching	110	115	117.5	85	90	92.5	205	110	115	0	320	61.243	

84.0+ kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	8	108.29	S-J	Nina Avis	Bassies Halterclub	165	175	182.5	92.5	100	105	287.5	175	187.5	195	475	83.073	
W	1	97.22	S-J	Charlotte Schellekens	2to1 Coaching	125	132.5	140	45	50	55	187.5	120	127.5	132.5	315	56.622	

## Referees (name and signature)

Head referee:

Left referee:

Right referee:

# Scoresheet Subjunioren NK Powerliften 2024 • Zondagochtend (2/2)

Weert - 14 April 2024

93.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	9	91.70	S-J	Kick Karten	Algemeen Lid	215	227.5	240	135	140	145	385	220	235	237.5	622.5	81.999	
M	3	92.23	S-J	Stijn Oudshoorn	Algemeen Lid	205	217.5	225	132.5	137.5	137.5	357.5	235	252.5	267.5	610	80.126	
M	23	91.26	S-J	Nout Konings	9 for 9 coaching	185	197.5	205	122.5	127.5	130	325	220	235	250	575	75.921	
M	27	87.92	S-J	Emre Ilhan	9 for 9 coaching	185	197.5	207.5	125	132.5	137.5	340	195	215	227.5	567.5	76.323	
M	16	91.95	S-J	Ruben Kottmann	Powerbuild Coaching	170	185	195	110	117.5	120	312.5	227.5	242.5	265	555	73.010	
M	14	92.14	S-J	Mateja ter Huurne	Algemeen Lid	175	187.5	192.5	112.5	117.5	120	310	210	230	245	555	72.936	
M	28	92.17	S-J	Hidde Klaver	Algemeen Lid	180	180	200	122.5	130	135	315	222.5	232.5	237.5	552.5	72.596	
M	25	92.35	S-J	Ben Vinke	Algemeen Lid	195	210	215	115	120	125	335	195	210	220	545	71.542	
M	17	89.08	S-J	Sem Eringa	Ultima Fitness BV	182.5	182.5	195	95	102.5	105	297.5	215	230	240	527.5	70.484	
M	22	91.72	S-J	Tuur Cuppen	Loods 37	170	177.5	182.5	110	117.5	122.5	305	190	205	207.5	510	67.173	
M	19	92.25	S-J	Max den Boer	Clean Nutrition	200	212.5	212.5	120	120	120	200	220	235	260	0	0.000	

## Referees (name and signature)

Head referee:

Left referee:

Right referee: