

# Scoresheet Masters NK Powerliften 2024 • Zaterdagmiddag (1/2)

Eindhoven - 16 November 2024

74.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	19	73.13	MII	Kris Elzinga	Krachtsportclub Friesland	140	150	160	100	106.5	107.5	267.5	170	185.5	187.5	455	67.210	

83.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	11	79.55	MI	Raymond Bruynaers	Loods 37	217.5	230	237.5	135	140	145	382.5	247.5	262.5	267.5	650	91.939	
M	9	82.22	MI	Fedde-Geert Kingma	Krachtsportclub Friesland	135	145	155	92.5	100	100	237.5	135	145	155	392.5	54.592	
M	5	81.25	MI	Koen van der Sterren	Krachtlab Powerlifting	115	125	135	85	90	92.5	217.5	130	140	150	367.5	51.424	

105.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	24	100.44	MI	Sven den Houting	Sportcentrum TopFit	235	247.5	255	135	142.5	147.5	397.5	235	245	250	647.5	81.628	
M	23	101.58	MI	Martijn van Oostveen	Striktly Powerhouse	145	152.5	160	130	135	140	295	210	220	230	525	65.832	
M	25	101.18	MIII	Arthur Oudshoorn	Perfect Performance	85	90	95	72.5	77.5	80	175	120	130	137.5	312.5	39.259	

120.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	6	118.47	MI	Dik Verboon	Staal & Kracht	230	240	0	190	200	202.5	440	250	260	270	710	83.000	
M	26	118.99	MII	Wim Wamsteeker	Fortex Powerlifting	195	205	210	115	120	0	325	210	222.5	230	555	64.755	
M	10	117.99	MI	Valentijn Hulshorst	Algemeen Lid	200	210	215	60	0	0	275	200	220	235	510	59.726	

120.0+ kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	17	142.00	MII	Gerard Durinck	Legacy Gym	255	265	275	175	182.5	187.5	457.5	260	275	285	732.5	79.403	

## Referees (name and signature)

Head referee:

Left referee:

Right referee:

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Eindhoven - 16 November 2024

93.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	22	91.57	MI	Job Zeijen	Fortex Powerlifting	225	235	237.5	120	127.5	132.5	370	250	270	282	652	85.944	
M	7	89.18	MI	Rowan de Miranda	Pure Strength	215	230	240.5	147.5	155.5	161	391	245	260	267.5	651	86.937	
M	14	88.32	MI	Michel Laugs	Loods 37	200	210	217.5	152.5	160.5	163	380.5	245	260	267.5	640.5	85.947	
M	16	90.88	MIII	Piet van Haaren	NKV Atlas	220	235	245	105	115	120	365	215	225	235	600	79.384	
M	21	91.69	MI	Theo Dijkstra	K&C training	175	185	192.5	112.5	117.5	122.5	310	190	210	217.5	500	65.866	
M	8	88.54	MI	Anne Bierma	Krachtsportclub Friesland	160	180	0	115	122.5	0	302.5	180	195	0	482.5	64.666	
M	2	92.03	MIII	Wim Bevers	Sportcentrum TopFit	130	140	0	100	107.5	107.5	247.5	175	187.5	200	435	57.199	
M	3	87.76	MIV	Jan Smits	Jordi Snijders Coaching	105	117.5	130	65	70	75	200	140	155	162.5	355	47.787	
M	15	86.80	MIII	Han ter Heegde	Striktly Powerhouse	115	122.5	122.5	57.5	62.5	65	185	140	150	155	340	46.019	

## Referees (name and signature)

Head referee:

Left referee:

Right referee: