

Scoresheet Junioren NK Powerliften 2024 • Zaterdagochtend: Platform Links (1/2)

Stramproy - 11 May 2024

52.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	5	49.70	JUN	Carlijne Schmid	Untamed Strength	115	122.5	130	62.5	65	67.5	195	155	160	173	355	93.307	
W	29	50.30	JUN	Merel van den Bosch	Sectie-C Powerliften	127.5	133	135.5	65	65	67.5	198	127.5	135	142.5	333	86.577	
W	28	51.10	JUN	Reese Lamijo	Barbell Lifestyle	100	107.5	112.5	45	50	52.5	165	120	130	140	305	78.192	

57.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	21	56.70	JUN	Bente Bakker	No Excuses Hilversum	115	122.5	130	52.5	57.5	62.5	187.5	125	135	142.5	330	77.715	
W	15	54.70	JUN	Celeste Duijsens	Beresterk	95	100	100	52.5	55	57.5	152.5	132.5	142.5	147.5	300	72.647	

76.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	10	73.20	JUN	Tessa Ophoff	Fortex Powerlifting	175	187.5	192.5	87.5	92.5	95	287.5	190	205	213	500.5	100.497	
W	6	74.40	JUN	Michelle Weyers	Fortex Powerlifting	157.5	162.5	167.5	92.5	100	103	262.5	177.5	187.5	195	457.5	91.125	
W	7	75.80	JUN	Iza Kwantes	Strength Valley	142.5	150	160	80	85	90	245	190	212.5	220	457.5	90.311	
W	4	75.90	JUN	Cathelijne Gort	WorkBodyFit	122.5	130	135	95	100.5	103	230.5	190	200	220.5	430.5	84.929	
W	25	73.20	JUN	Savannah van Dusseldorp	Strength For All	152.5	160	160	70	75	80	240	175	182.5	190	430	86.341	
W	18	73.00	JUN	Isa Boonstra	GSKV Northside Barbell	132.5	140	147.5	82.5	87.5	92.5	240	157.5	170	190	410	82.439	
W	16	74.90	JUN	Frederique Ubachs	Deliberate Strength	122.5	130	135	95	101	104	239	150	160	167.5	406.5	80.704	
W	24	72.50	JUN	Elisa Soeten	Train & Gain	125	132.5	135	82.5	87.5	92.5	222.5	130	137.5	147.5	370	74.656	
W	23	75.70	JUN	Julia Walst	Untamed Strength	130	140	150	60	62.5	65	205	145	155	165	370	73.084	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Junioren NK Powerliften 2024 • Zaterdagochtend: Platform Links (2/2)

Stramproy - 11 May 2024

57.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	3	56.20	JUN	Rebecca Croes	Supreme Strength Coaching	125	132.5	135	82.5	85	87.5	222.5	142.5	152.5	155	377.5	89.502	
W	9	55.70	JUN	Melanie Scaff	JvM coaching	125	132.5	135	70	70	75	207.5	155	165	0	372.5	88.927	
W	11	56.40	JUN	Carmen Immink	Perfect Performance	132.5	132.5	135	72.5	75	77.5	210	145	155	160	365	86.304	
W	12	56.20	JUN	Sanne van Loon	Abyss	120	127.5	130	75	80	82.5	210	142.5	152.5	157.5	362.5	85.946	
W	8	56.40	JUN	Esmee Neeleman	Deliberate Strength	112.5	117.5	120	75	80	82.5	197.5	150	155	170.5	352.5	83.348	
W	14	56.00	JUN	Marije Westra	Adapt Powerlifting	115	120	125	82.5	90	95	220	115	125	130	350	83.209	

84.0+ kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	17	107.10	JUN	Anaïs Tammenga	Algemeen Lid	175	185	192.5	92.5	100	107.5	292.5	160	175	185	477.5	83.718	
W	1	88.40	JUN	Veerle Lammers	Loods 37	152.5	160	165	85	90	92.5	257.5	182.5	192.5	205.5	463	85.794	
W	27	96.80	JUN	Gianna Claessens	Loods 37	175.5	183	188	80	85	90	278	175	185	200	463	83.329	
W	26	105.90	S-J	Sophie Brander	Strength Valley	160	170	170	75	80	85	250	150	172.5	180	422.5	74.269	
W	20	102.90	JUN	Sanna van Keulen	PowerUp Coaching	117.5	120	127.5	80	85	90	212.5	180	190	203	415.5	73.552	
W	2	99.00	JUN	Hanna de Jonge	AB coaching	130	140	145	50	55	57.5	197.5	165	175	182.5	372.5	66.616	

Referees (name and signature)

Head referee:

Left referee:

Right referee: