

Scoresheet Junioren NK Powerliften 2024 • Zaterdagmiddag: Platform Rechts (1/2)

Stramproy - 11 May 2024

84.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	11	83.61	JUN	Marcha Wieringa	Ultima Fitness BV	162.5	173	176	100	105	108	284	190	201.5	205.5	489.5	92.610	
W	10	81.89	JUN	Danique Hoogenboezem	Beresterk	145	152.5	152.5	75	80	85	232.5	172.5	182.5	195	427.5	81.559	
W	21	81.48	JUN	Juli Besteman	Adapt Powerlifting	142.5	150	155	82.5	87.5	90	245	172.5	180	185	425	81.251	
W	24	83.45	JUN	Marleen de Bondt	Demonstrength	137.5	145	150	77.5	85	90	235	182.5	190	200	425	80.468	
W	14	79.23	JUN	Mette Heuvelink	AB coaching	145	152.5	157.5	60	65	65	222.5	165	180	192.5	415	80.290	
W	16	83.96	JUN	Floortje Leander	Deliberate Strength	132.5	142.5	150	92.5	100	102.5	250	145	155	167.5	405	76.498	
W	22	78.60	JUN	Aniek Nijland	Beresterk	137.5	145	150	72.5	77.5	80	227.5	150	157.5	165	392.5	76.203	
W	9	78.76	JUN	Anne-Ruth Ebbers	Algemeen Lid	125	132.5	140	75	77.5	82.5	217.5	150	157.5	165	382.5	74.195	
W	19	81.63	JUN	Maria Stigter	Epic gym	122.5	127.5	132.5	60	65	70	197.5	155	162.5	170	367.5	70.204	
W	15	82.22	JUN	Fay Middel	Coco Michelle	115	122.5	127.5	87.5	90	95	217.5	130	145	152.5	362.5	69.045	
W	5	80.71	JUN	Julia Botter	Algemeen Lid	117.5	122.5	127.5	57.5	67.5	67.5	185	137.5	150	165	350	67.178	

59.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	8	58.92	JUN	Kemal Ergin	SportArena Eindhoven	160	173	176	120	128	130.5	306.5	185	200	200	506.5	83.873	
M	26	58.75	JUN	Bert Haze	Demonstrength	140	147.5	155	85	92.5	97.5	240	175	180	185	425	70.486	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Junioren NK Powerliften 2024 • Zaterdagmiddag: Platform Rechts (2/2)

Stramproy - 11 May 2024

105.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	25	101.56	JUN	Gabriël Kruize	Powerbuild Coaching	225	240	250	127.5	135	137.5	377.5	240	255	260	632.5	79.320	
M	6	103.67	JUN	Finn Groenendaal	Algemeen Lid	190	200	205	125	130	132.5	335	237.5	252.5	262.5	597.5	74.210	

120.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	1	117.73	JUN	Zorin Wijnands	Clean Nutrition	235	250	260	165	175	180	440	300	330	353.5	770	90.262	
M	2	118.51	JUN	Noah Sipsma	Fortex Powerlifting	260	275	285	145	155	157.5	440	285	300	310	750	87.662	
M	3	118.71	JUN	Daniel Dijkstra	Strength Valley	255	275	275	175	175	180	450	250	270	300	720	84.094	
M	12	113.90	JUN	Jan Mooij	Algemeen Lid	225	242.5	250	140	152.5	157.5	407.5	275	292.5	297.5	705	83.866	
M	23	111.92	JUN	Maas Rothweiler	9 for 9 coaching	225	237.5	245	150	152.5	160	397.5	260	280	300	697.5	83.631	
M	20	117.64	JUN	Brython Pisarahu	9 for 9 coaching	237.5	252.5	265	155	165	165	420	245	265	280	685	80.325	
M	4	119.23	JUN	Thomas Verkooijen	MAX Gym	230	242.5	247.5	155	162.5	167.5	410	225	240	250	660	76.938	

Referees (name and signature)

Head referee:

Left referee:

Right referee: