

# Scoresheet Open NK Powerliften 2024 • Zondagochtend (1/2)

Tilburg - 10 November 2024

47.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	15	45.46	OPEN	Suhana Voskuilen (J)	Demonstrength	117.5	122.5	127.5	60	67.5	70.5	198	145	152.5	160.5	350.5	100.501	
W	2	43.66	OPEN	Ianthe van Belzen	NKV Atlas	95	95	100	50	55	57.5	152.5	107.5	115	122.5	275	82.335	

84.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	19	79.34	OPEN	Ramona Schuit	Supreme Strength Coaching	162.5	162.5	172.5	95	95	100	272.5	165	177.5	187.5	460	88.942	
W	11	83.69	OPEN	Lisa Zuiderduin	Jordi Snijders Coaching	150	160	162.5	70	72.5	75	235	185	195	202.5	420	79.432	

84.0+ kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	10	105.60	OPEN	Larissa Harshagen	Fortex Powerlifting	182.5	195	200	107.5	107.5	115	310	175	190	200	510	89.711	
W	3	104.13	OPEN	Keren Constanza Mendez Garcia	Perfect Performance	182.5	187.5	192.5	85	90	92.5	285	167.5	175	180	465	82.072	

105.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	20	104.14	OPEN	Erik van den Bulk	Perfect Performance	265	275	282.5	175	180	185	460	285	305	325	765	94.813	
M	5	104.98	OPEN	Fabian Reehuis	9 for 9 coaching	250	265	277.5	142.5	150	155	432.5	250	275	292.5	725	89.519	
M	18	104.04	OPEN	Patrick Steenbergen	Strength Valley	215	225	237.5	147.5	152.5	157.5	395	300	325	344	720	89.276	

## Referees (name and signature)

Head referee:

Left referee:

Right referee:

# Scoresheet Open NK Powerliften 2024 • Zondagochtend (2/2)

Tilburg - 10 November 2024

105.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	22	103.16	OPEN	Jacob Slump	Supreme Strength Coaching	285	305	313	182.5	192.5	197.5	510.5	325	344.5	356	855	106.437	
M	21	104.99	OPEN	Collin Yakwo	Algemeen Lid	275	290	290	182.5	192.5	197.5	472.5	300	317.5	330	802.5	99.085	
M	9	97.20	OPEN	Jody de Ruiter	Strength Valley	265	280	290	170	177.5	180	470	290	310	320	780	99.882	
M	14	104.73	OPEN	Rick Elgershuizen (J)	Supreme Strength Coaching	275	290	300	175	185	192.5	475	280	295	307.5	770	95.181	
M	23	102.87	OPEN	Bram Smits	Strength Point	257.5	267.5	275	170	175	180	447.5	290	305	310	757.5	94.425	
M	17	104.83	OPEN	Marcel Qualm (J)	Staal & Kracht	240	242.5	242.5	150	160	170	410	305	325	342.5	735	90.814	
M	4	104.31	OPEN	Mees Vermeule (J)	Iron House Co	260	275	280	162.5	170	175	450	282.5	300	300	732.5	90.716	
M	12	104.08	OPEN	Juan Lovera	Supreme Strength Coaching	220	235	242.5	165	172.5	175	407.5	290	305	315	712.5	88.330	
M	16	102.50	OPEN	Noud van Hoek	Sterrek Personal Training	255	262.5	265	155	165	170	430	275	285	290	705	88.029	
M	6	104.70	OPEN	Dennis Scholten	Strength Valley	230	245	245	185	192.5	200	422.5	250	270	280	692.5	85.613	

## Referees (name and signature)

Head referee:

Left referee:

Right referee: