

Scoresheet Open NK Powerliften 2024 • Zondagmiddag (1/3)

Tilburg - 10 November 2024

57.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	1	56.98	OPEN	Miriam Amri	Supreme Strength Coaching	165	165	172.5	80	85	90	255	180	190	192.5	447.5	104.996	
W	26	55.18	OPEN	Sophie Nijenhuis	The Bearded Coach	150	157.5	160	72.5	77.5	80	237.5	195	203	210	440.5	105.934	
W	7	56.52	OPEN	Janneke Brauckman	Deliberate Strength	137.5	142.5	147.5	97.5	102.5	106	253.5	157.5	165	172.5	426	100.565	
W	22	56.76	OPEN	Anouk Greve	Fortex Powerlifting	137.5	145	147.5	82.5	87.5	90	235	152.5	162.5	170	405	95.301	
W	25	55.67	OPEN	Rebecca Croes (J)	Supreme Strength Coaching	135	145	150	82.5	85	87.5	232.5	152.5	162.5	167.5	395	94.338	
W	19	56.01	OPEN	Marije Westra (J)	Push & Pull Fitness	122.5	130	137.5	97.5	105.5	110.5	248	122.5	135	140	383	91.043	
W	14	56.33	OPEN	Simone Scheltens	Push & Pull Fitness	120	125	130	72.5	75	77.5	207.5	140	150	157.5	365	86.386	
W	29	55.87	OPEN	Karlijn Wijsman	Perfect Performance	117.5	122.5	125	72.5	75	77.5	200	140	150	157.5	350	83.359	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Open NK Powerliften 2024 • Zondagmiddag (2/3)

Tilburg - 10 November 2024

76.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	24	72.53	OPEN	Tessa Ophoff (J)	Fortex Powerlifting	180	190	194.5	90	95	97.5	292	195	205	210	502	101.269	
W	9	73.33	OPEN	Emma Omani	Krachtlab Powerlifting	167.5	177.5	180	97.5	102.5	105.5	283	190	205	213.5	488	97.900	
W	6	74.59	OPEN	Jacqueline Klaver	Supreme Strength Coaching	180	190	193	77.5	82.5	85	278	180	192.5	197.5	475.5	94.592	
W	23	74.04	OPEN	Symone Kooistra	Push & Pull Fitness	157.5	165	170	92.5	97.5	100	270	185	195	200	465	92.840	
W	20	74.50	OPEN	Yvette van Benten	Supreme Strength Coaching	177.5	190	195.5	75	80	85	270	182.5	192.5	207.5	462.5	92.061	
W	12	71.71	OPEN	Anke Keller	Pure Strength	142.5	150	155	77.5	82.5	85	235	190	202.5	213.5	437.5	88.777	
W	8	75.32	OPEN	Iris van Pinxteren	Strength Valley	145	152.5	155	90	95	97.5	247.5	167.5	177.5	182.5	425	84.150	
W	10	75.40	OPEN	Cathelijne Gort (J)	Supreme Strength Coaching	95	100	105	95	100	106	205	165	175	180	385	76.191	
W	21	75.41	OPEN	Femke Ploeg	Iron House Co	190	190	190	0	0	0	0	0	0	0	0	0.000	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Open NK Powerliften 2024 • Zondagmiddag (3/3)

Tilburg - 10 November 2024

74.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	15	73.78	OPEN	Boris Swart (J)	2to1 Coaching	215	225	230	135	140	142.5	372.5	260	277.5	285	657.5	96.677	
M	18	73.54	OPEN	Eray Cingi	Adapt Powerlifting	220	230	232.5	150	155	160	392.5	245	257.5	262.5	655	96.472	
M	4	73.96	OPEN	Geronimo Niklas	Elite strength	212.5	220	220	162.5	168	170.5	383	250	265	272.5	648	95.159	
M	11	73.71	OPEN	Leroy Sinay	Supreme Strength Coaching	202.5	215	222.5	142.5	150	152.5	375	245	257.5	257.5	632.5	93.046	
M	2	73.96	OPEN	Alwin Tan	Supreme Strength Coaching	207.5	207.5	217.5	147.5	155	157.5	375	235	235	250	625	91.782	
M	5	72.93	OPEN	Angelo Chuanchit	Demonstrength	195	205	215	125	132.5	140	355	250	265	277.5	620	91.714	
M	17	71.73	OPEN	Stan Brabander	Epic gym	205	212.5	215	135	140	145	360	210	227.5	240	587.5	87.661	
M	16	73.19	OPEN	Damian van Meurs	Deliberate Strength	190	202.5	212.5	127.5	132.5	137.5	340	220	235	250	575	84.900	
M	3	73.82	OPEN	Fabbio Hu	DSKV IJzersterk	205	212.5	220	125	130	135	342.5	220	220	230	562.5	82.685	

Referees (name and signature)

Head referee:

Left referee:

Right referee: