

# Scoresheet Open NK Powerliften 2024 • Zaterdagochtend (1/3)

Tilburg - 9 November 2024

52.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	7	51.81	OPEN	Pleun Dekkers	Loods 37	165	172.5	172.5	82.5	87.5	90.5	255.5	165	170	175	430.5	109.047	
W	8	51.55	OPEN	Carlijne Schmid (J)	Untamed Strength	122.5	130	137.5	67.5	70	70	205	152.5	162.5	172.5	367.5	93.495	
W	16	51.65	OPEN	Tessa Schaper	Jordi Snijders Coaching	125	132.5	137.5	60	65	67.5	205	132.5	142.5	145	350	88.894	
W	10	51.68	OPEN	Maartje Claessen	Krachtlab Powerlifting	115	120	122.5	70	72.5	75	192.5	135	145	150	337.5	85.676	
W	14	51.22	OPEN	Jesse Lentjes	Fortex Powerlifting	100	105	105	75	80	82.5	187.5	132.5	137.5	140	327.5	83.787	
W	32	51.02	OPEN	Shelika Leidelmeijer	Epic gym	95	100	105	65	70	75	180	112.5	120	127.5	307.5	78.941	

63.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	28	62.63	OPEN	Kaylee-Sue Danies	Supreme Strength Coaching	175	185	193	102.5	107.5	112.5	305.5	195	207.5	215	513	112.664	
W	1	62.22	OPEN	Thandi Daal (J)	Supreme Strength Coaching	150	165	167.5	70	75	77.5	242.5	165	175	180	417.5	92.085	
W	33	62.14	OPEN	Astrid Haitzma	Supreme Strength Coaching	145	150	152.5	80	85	87.5	235	165	172.5	172.5	400	88.300	
W	15	62.42	OPEN	Esmée Berendsen	The Bearded Coach	145	150	152.5	77.5	80	82.5	235	145	150	152.5	387.5	85.288	
W	21	61.80	OPEN	Sara Manders	TSKV Spartacus	132.5	140	147.5	65	70	70	205	175	185	187.5	380	84.189	
W	30	62.90	OPEN	Tess Hille	TSKV Spartacus	110	120	130	67.5	67.5	72.5	202.5	97.5	107.5	117.5	320	70.082	

## Referees (name and signature)

Head referee:

Left referee:

Right referee:

# Scoresheet Open NK Powerliften 2024 • Zaterdagochtend (2/3)

Tilburg - 9 November 2024

69.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	22	67.08	OPEN	Marie-José van Daal (J)	Deliberate Strength	172.5	182.5	187.5	105	110	112.5	300	207.5	217.5	225	525	110.528	
W	18	68.27	OPEN	Romy van Vianen	Supreme Strength Coaching	185	196	196	105	110	112.5	295	185	197.5	205	492.5	102.643	
W	23	68.51	OPEN	Bo Arends	3 for 9	147.5	157.5	160	80	85	90	250	182.5	195	205	455	94.640	
W	19	67.50	OPEN	Siham El Yaakoubi	Strength Point	160	170	175	72.5	80	87.5	250	175	185	195	435	91.249	
W	9	68.58	OPEN	Jolijn Brandsma	Supreme Strength Coaching	150	157.5	160	62.5	65	67.5	227.5	170	185	192.5	412.5	85.751	
W	26	68.03	OPEN	Sharona Stuiver	Deliberate Strength	140	147.5	152.5	75	80	82.5	232.5	160	170	180	402.5	84.054	
W	4	68.94	OPEN	Rissa Bouwsema	9 for 9 coaching	140	145	150	70	75	77.5	222.5	155	167.5	180	390	80.837	
W	12	67.19	OPEN	Mariëlle van der Ent	Game Day Performance	157.5	162.5	162.5	70	75	77.5	77.5	162.5	170	175	0	0.000	

## Referees (name and signature)

Head referee:

Left referee:

Right referee:

# Scoresheet Open NK Powerliften 2024 • Zaterdagochtend (3/3)

Tilburg - 9 November 2024

93.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	17	92.23	OPEN	Sil Maris	Supreme Strength Coaching	285	303	313	172.5	180	187.5	493	307.5	328	342.5	821	107.842	
M	24	92.01	OPEN	Richard van Bezooijen	FoxGym	<del>280</del>	280	297.5	182.5	190	192.5	490	300	322.5	<del>331</del>	812.5	106.849	
M	29	92.04	OPEN	John Wortel	Pjotrs Powertraining	275	282.5	287.5	185	192.5	197.5	485	292.5	305	<del>320</del>	790	103.874	
M	27	91.44	OPEN	Lars Oomkes	Perfect Performance	260	275	<del>282.5</del>	<del>150</del>	150	160	435	290	305	312.5	747.5	98.601	
M	2	90.13	OPEN	Daan Pepers (J)	PowerUp Coaching	240	<del>260</del>	260	150	157.5	162.5	422.5	280	300	315	737.5	97.975	
M	11	91.97	OPEN	Martijn Heidemans	Push & Pull Fitness	240	<del>252.5</del>	<del>252.5</del>	157.5	165	170	410	295	315	<del>328.5</del>	725	95.363	
M	31	92.62	OPEN	Joery Wesseling	3 for 9	255	270	<del>280</del>	147.5	155	160	430	262.5	<del>280</del>	295	725	95.035	
M	5	92.97	OPEN	Rik Bruin (J)	Untamed Strength	240	250	255	160	165	<del>170</del>	420	280	300	<del>305</del>	720	94.206	
M	3	90.56	OPEN	Thomas Nigon	Gym Iron Heart	215	<del>225</del>	<del>235</del>	140	150	155	370	300	315	<del>328.5</del>	685	90.788	

## Referees (name and signature)

Head referee:

Left referee:

Right referee: