

Scoresheet Open NK Powerliften 2024 • Zaterdagmiddag (1/3)

Tilburg - 9 November 2024

59.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	31	58.06	OPEN	Sabir Bouarmi	Algemeen Lid	150	160	165	100	110	110	265	200	213	226	478	79.780	
M	10	58.74	OPEN	Denon Matapere	Van Nistelrooij powerlifting	120	127.5	132.5	100	100	105	127.5	215	220	227.5	0	0.000	

66.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	18	65.13	OPEN	Naadir Twahir (J)	Strength Point	195	205	210	122.5	130	135	345	250	260	262.5	607.5	95.367	
M	36	65.89	OPEN	Lorenzo Haarloo	Pure Strength	182.5	190	197.5	125	132.5	137.5	335	250	262.5	273	597.5	93.223	
M	2	65.93	OPEN	Andonis Roosberg	Partner For Power	205	214	223	140	144.5	148	371	205	217.5	222.5	593.5	92.569	
M	9	65.66	OPEN	Mario van Nistelrooij	Van Nistelrooij powerlifting	190	190	197.5	132.5	137.5	142.5	332.5	230	240	262.5	572.5	89.488	
M	34	64.00	OPEN	Glenn Vandendijk	Loods 37	185	195	202.5	125	130	132.5	335	207.5	220	227.5	562.5	89.126	
M	12	65.57	OPEN	Fei Fan Hu	Strength Valley	185	192.5	197.5	112.5	117.5	122.5	315	232.5	245	252.5	560	87.597	
M	17	63.96	OPEN	Antoine van der Zanden	Game Day Performance	185	192.5	200	115	120	125	325	210	225	235	550	87.175	
M	23	65.71	OPEN	Bart Pieters	FoxGym	177.5	187.5	195	127.5	135	137.5	332.5	200	215	220	547.5	85.546	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Open NK Powerliften 2024 • Zaterdagmiddag (2/3)

Tilburg - 9 November 2024

83.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	35	82.69	OPEN	Arnold Veenhof	Algemeen Lid	265	278	285.5	162.5	170	175	460.5	270	282.5	290	750.5	104.086	
M	7	82.51	OPEN	Fikri Zallali (J)	Demonstrength	267.5	267.5	278.5	150	155	162.5	430	275	295	311.5	725	100.660	
M	14	81.33	OPEN	Willem van der Wal	Supreme Strength Coaching	235	242.5	245	162.5	170	175	415	280	295	295	710	99.300	
M	16	82.22	OPEN	Luc Koekelkoren	GSKV Northside Barbell	222.5	237.5	250	150	157.5	160	400	260	282.5	297.5	697.5	97.015	
M	38	81.97	OPEN	Tim de Klerk	Push & Pull Fitness	235	245	252.5	155	162.5	167.5	420	260	275	287.5	695	96.816	
M	4	82.28	OPEN	Remco Sanders	No Excuses Hilversum	235	245	252.5	157.5	165	170	410	280	280	302.5	690	95.936	
M	24	82.22	OPEN	Marco Lee	Strength Point	212.5	222.5	227.5	180.5	180.5	190.5	403	250	262.5	270	673	93.607	
M	8	82.91	OPEN	Ymano Burgmans	Pure Strength	217.5	225	240	147.5	155	160	400	237.5	250	265	665	92.104	
M	27	82.55	OPEN	Jorghinio Alfred	Perfect Performance	215	222.5	230	135	140	142.5	365	270	290	311.5	655	90.919	
M	20	82.73	OPEN	Casper Vaes	Loods 37	227.5	240	240	137.5	142.5	145	385	257.5	270	277.5	655	90.819	
M	32	81.12	OPEN	Alex Yang	Partner For Power	215	225	230	160	165	170	400	230	245	260	645	90.328	
M	15	79.96	OPEN	Raymond Bruynaers (MI)	Loods 37	217.5	230	240	140	145	147.5	385	250	265	265	635	89.581	
M	37	81.92	OPEN	Jeroen Winnen	Jordi Snijders Coaching	210	227.5	232.5	145	150	155	377.5	255	272.5	272.5	632.5	88.137	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Open NK Powerliften 2024 • Zaterdagmiddag (3/3)

Tilburg - 9 November 2024

120.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	1	117.79	OPEN	Glenn Kofman	Strength Valley	300	312.5	320	195	202.5	207.5	527.5	300	312.5	322.5	840	98.445	
M	19	117.70	OPEN	Bob van den Boogaard	FoxGym	300	320	330.5	145	155	160	490.5	290	310	320	810.5	95.020	
M	28	115.96	OPEN	Ted de Vries Lentsch	Adapt Powerlifting	280	295	300	135	140	142.5	442.5	305	332.5	342.5	785	92.639	
M	33	118.08	OPEN	Khubeib Al Jabar	Team Francke powerlifting	275	285	295	190	200	205	495	290	305	305	785	91.900	
M	29	114.73	OPEN	Lorenz Muylkens	Adapt Powerlifting	265	280	287.5	155	162.5	167.5	455	280	297.5	305	752.5	89.226	
M	3	119.49	OPEN	Jelle van Dorth	Power Workout Gym	265	270	275	160	167.5	172.5	447.5	275	300	307.5	747.5	87.055	
M	6	118.36	OPEN	Rick van Dranen	TeamMammoth	275	285	292.5	160	167.5	167.5	292.5	295	0	0	0	0.000	

120.0+ kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	22	167.98	OPEN	Sebastiaan Tempelaars	Sectie-C Powerliften	335	335	350	235	245	251.5	580	290	310	320	890	90.678	
M	11	122.31	OPEN	Luke Diepenbroek	Luke PowerPT	277.5	290	295	182.5	190	195	485	285	300	310	795	91.654	
M	26	132.41	OPEN	Abidin Yuksek (J)	Algemeen Lid	260	280	287.5	180	200	207.5	487.5	280	295	305	782.5	87.244	
M	30	145.34	OPEN	Dennis Stiekema	Gym Iron Heart	240	260	272.5	170	180	190	452.5	285	300	310	762.5	81.909	
M	25	202.80	OPEN	Leon Beekman	Perfect Performance	252.5	265	275	165	175	182.5	457.5	282.5	300	305	762.5	73.221	
M	5	141.14	OPEN	Jordy van Muijen	Strength Valley	287.5	290	300	165	165	170	455	270	295	310	750	81.495	

Referees (name and signature)

Head referee:

Left referee:

Right referee: