

Scoresheet Northside Barbell Winter Cup 2024 • Zondagochtend (1/2)

Groningen - 18 February 2024

| 57.0 kg | | | | | Squat | | | Bench Press | | | | Deadlift | | | | | | |
|---------|----|-------|------|----------------------|---------------------|------|-------|---------------|-----------------|------|-----------------|----------|-------|-------|----------------|-------|--------|----|
| M/W | NR | BDW | CAT | NAME | ASSOCIATION | 1 | 2 | 3 | 1 | 2 | 3 | SUB | 1 | 2 | 3 | TOTAL | POINTS | PL |
| W | 24 | 55.94 | OPEN | Marije Westra (J) | Push & Pull Fitness | 100 | 107.5 | 112.5 | 77.5 | 82.5 | 87.5 | 200 | 105 | 117.5 | 125 | 317.5 | 75.545 | |
| W | 8 | 56.02 | OPEN | Simone Scheltens | Push & Pull Fitness | 105 | 110 | 115 | 65 | 67.5 | 70 | 185 | 120 | 130 | 135 | 315 | 74.868 | |
| W | 4 | 54.84 | OPEN | Celeste Duijsens (J) | Beresterk | 92.5 | 97.5 | 100 | 50 | 52.5 | 55 | 155 | 127.5 | 137.5 | 145 | 300 | 72.499 | |
| W | 6 | 56.56 | OPEN | Anjali den Boer | Strength Valley | 75 | 82.5 | 90 | 50 | 55 | 57.5 | 137.5 | 100 | 110 | 115 | 252.5 | 59.575 | |

| 63.0 kg | | | | | Squat | | | Bench Press | | | | Deadlift | | | | | | |
|---------|----|-------|------|------------------|--------------------------|-------|-----------------|----------------|---------------|-----------------|-----------------|----------|-------|-------|----------------|-------|--------|----|
| M/W | NR | BDW | CAT | NAME | ASSOCIATION | 1 | 2 | 3 | 1 | 2 | 3 | SUB | 1 | 2 | 3 | TOTAL | POINTS | PL |
| W | 12 | 62.40 | OPEN | Sytske Bekker | East End Strength Sports | 122.5 | 130 | 132.5 | 72.5 | 75 | 77.5 | 207.5 | 145 | 152.5 | 155 | 362.5 | 79.803 | |
| W | 9 | 62.58 | OPEN | Jamie Maria (J) | Bassies Halterclub | 127.5 | 135 | 140 | 57.5 | 62.5 | 67.5 | 202.5 | 135 | 147.5 | 155 | 350 | 76.906 | |
| W | 22 | 61.56 | OPEN | Lisette de Vries | Beresterk | 110 | 115 | 115 | 57.5 | 60 | 60 | 175 | 140 | 147.5 | 155 | 322.5 | 71.635 | |
| W | 3 | 59.16 | OPEN | Gaby Voerman | Strength Valley | 105 | 112.5 | 117.5 | 62.5 | 67.5 | 70 | 187.5 | 115 | 122.5 | 130 | 317.5 | 72.481 | |
| W | 27 | 61.32 | OPEN | Anieke Schaap | GSKV Northside Barbell | 102.5 | 110 | 115 | 45 | 47.5 | 50 | 160 | 122.5 | 132.5 | 140 | 292.5 | 65.142 | |
| W | 1 | 62.36 | OPEN | Nicole Kreuger | Iron House Co | 92.5 | 97.5 | 100 | 45 | 47.5 | 52.5 | 140 | 115 | 120 | 122.5 | 262.5 | 57.812 | |
| W | 7 | 61.68 | OPEN | Sophie Klip (J) | Alphafemalecoaching | 95 | 102.5 | 110 | 47.5 | 52.5 | 52.5 | 150 | 100 | 110 | 115 | 260 | 57.678 | |
| W | 18 | 57.44 | OPEN | Britt Siebum (J) | Staal & Kracht | 70 | 77.5 | 87.5 | 37.5 | 42.5 | 45 | 130 | 95 | 105 | 115 | 245 | 57.140 | |

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Northside Barbell Winter Cup 2024 • Zondagochtend (2/2)

Groningen - 18 February 2024

| 52.0 kg | | | | | | Squat | | | Bench Press | | | Deadlift | | | TOTAL | POINTS | PL | |
|---------|----|-------|------|----------------------|------------------|-------|----|-----|-------------|------|------|----------|-------|-------|-------|--------|--------|----|
| M/W | NR | BDW | CAT | NAME | ASSOCIATION | 1 | 2 | 3 | 1 | 2 | 3 | SUB | 1 | 2 | 3 | TOTAL | POINTS | PL |
| W | 25 | 50.44 | OPEN | Lene de Jong (J) | SKVU Obelix | 90 | 95 | 100 | 60 | 62.5 | 62.5 | 155 | 117.5 | 117.5 | 125 | 272.5 | 70.671 | |
| W | 26 | 49.82 | OPEN | Jaeda Couwenberg (J) | Strength For All | 72.5 | 80 | 85 | 40 | 45 | 50 | 130 | 100 | 110 | 110 | 230 | 60.319 | |

| 69.0 kg | | | | | | Squat | | | Bench Press | | | Deadlift | | | TOTAL | POINTS | PL | |
|---------|----|-------|------|------------------------|---------------------------|-------|-------|-------|-------------|------|------|----------|-------|-------|-------|--------|--------|----|
| M/W | NR | BDW | CAT | NAME | ASSOCIATION | 1 | 2 | 3 | 1 | 2 | 3 | SUB | 1 | 2 | 3 | TOTAL | POINTS | PL |
| W | 20 | 68.00 | OPEN | Priscilla Molenaar | Supreme Strength Coaching | 127.5 | 132.5 | 135 | 87.5 | 92.5 | 95 | 225 | 152.5 | 162.5 | 167.5 | 392.5 | 81.987 | |
| W | 29 | 67.28 | OPEN | Rissa Bouwsema | 9 for 9 coaching | 127.5 | 137.5 | 145 | 60 | 65 | 70 | 210 | 150 | 162.5 | 172.5 | 372.5 | 78.286 | |
| W | 5 | 68.10 | OPEN | Eva Visman (J) | NSKV Profectus | 112.5 | 112.5 | 117.5 | 57.5 | 60 | 62.5 | 177.5 | 155 | 165 | 170 | 347.5 | 72.526 | |
| W | 15 | 67.56 | OPEN | Tirsa Piergoelam (J) | Powerbuild Coaching | 117.5 | 125 | 0 | 75 | 77.5 | 80 | 202.5 | 127.5 | 137.5 | 142.5 | 340 | 71.285 | |
| W | 17 | 66.54 | OPEN | Melanie Boertien (J) | Powerbuild Coaching | 110 | 115 | 120 | 65 | 70 | 70 | 190 | 147.5 | 155 | 155 | 337.5 | 71.391 | |
| W | 16 | 68.16 | OPEN | Danjella Siemonsma (J) | GSKV Northside Barbell | 117.5 | 125 | 130 | 65 | 67.5 | 67.5 | 195 | 125 | 135 | 145 | 330 | 68.839 | |
| W | 10 | 68.28 | OPEN | Hester Schaap | Fortex Powerlifting | 110 | 115 | 117.5 | 57.5 | 60 | 62.5 | 177.5 | 130 | 137.5 | 145 | 322.5 | 67.208 | |
| W | 21 | 68.90 | OPEN | Yessi Kristiani | Barbell Lifestyle | 100 | 112.5 | 112.5 | 52.5 | 57.5 | 60 | 170 | 115 | 125 | 130 | 300 | 62.202 | |
| W | 28 | 67.90 | OPEN | Kimberly Simonis (J) | Deliberate Strength | 95 | 100 | 105 | 55 | 55 | 60 | 165 | 117.5 | 125 | 132.5 | 297.5 | 62.195 | |
| W | 23 | 67.82 | OPEN | Eileen Naudts (J) | NSKV Profectus | 97.5 | 105 | 110 | 45 | 50 | 52.5 | 155 | 122.5 | 130 | 135 | 290 | 60.668 | |
| W | 14 | 68.70 | OPEN | Eline Hegeman (S-J) | GSKV Northside Barbell | 85 | 85 | 95 | 55 | 60 | 62.5 | 155 | 100 | 112.5 | 125 | 280 | 58.150 | |
| W | 11 | 67.36 | OPEN | Evie Tiel (J) | Bassies Halterclub | 75 | 0 | 0 | 62.5 | 65 | 67.5 | 140 | 75 | 0 | 0 | 215 | 45.154 | |

Referees (name and signature)

Head referee:

Left referee:

Right referee: