

# Scoresheet Northside Barbell Winter Cup 2024 • Zondagmiddag (1/2)

Groningen - 18 February 2024

47.0 kg						Squat			Bench Press			Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	23	46.06	OPEN	Justine Fleming	ESKV Odin	80	87.5	90	55	57.5	57.5	142.5	105	110	115	257.5	72.844	

76.0 kg						Squat			Bench Press			Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	16	74.92	OPEN	Yvette van Benten	GSKV Northside Barbell	170	180	185	70	75	80	260	160	170	180	440	87.343	
W	19	72.24	OPEN	Savannah van Dusseldorp (J)	Strength For All	125	135	145	60	65	70	215	150	160	175	390	78.837	
W	11	72.70	OPEN	Lydie Nijssen	Iron Helix	140	150	157.5	80	85	85	235	140	150	155	390	78.581	
W	2	74.86	OPEN	Iza Kwantes (J)	Strength Valley	135	142.5	150	75	80	82.5	225	150	0	0	375	74.469	
W	25	74.30	OPEN	Cathelijne Gort (J)	WorkBodyFit	100	110	0	82.5	90	95	205	145	0	0	350	69.759	
W	24	75.12	OPEN	Elbrich Fokkinga (J)	GSKV Northside Barbell	100	110	117.5	57.5	60	62.5	180	145	155	165	345	68.397	
W	15	74.54	OPEN	Bente Oosterwold (J)	East End Strength Sports	95	100	105	50	52.5	55	160	120	130	137.5	297.5	59.202	
W	6	74.26	OPEN	Anne-Linde van Cooten	East End Strength Sports	82.5	87.5	92.5	55	57.5	60	150	115	122.5	130	280	55.822	
W	21	73.96	OPEN	Kirsten Veen	East End Strength Sports	82.5	87.5	90	40	42.5	45	135	100	105	110	245	48.942	

## Referees (name and signature)

Head referee:

Left referee:

Right referee:

# Scoresheet Northside Barbell Winter Cup 2024 • Zondagmiddag (2/2)

Groningen - 18 February 2024

84.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	22	82.04	OPEN	Emma Meinen	Sterrek Personal Training	132.5	140	145	65	70	72.5	212.5	157.5	165	170	377.5	71.967	
W	5	79.76	OPEN	Aniek te Kronnie	K&C training	140	147.5	152.5	50	55	55	197.5	150	165	170	367.5	70.894	
W	4	79.20	OPEN	Iris De Groot	East End Strength Sports	127.5	132.5	132.5	65	67.5	70	195	150	160	167.5	362.5	70.144	
W	18	79.48	OPEN	Fay Middel (J)	Coco Michelle	105	115	120	82.5	85	87.5	205	120	135	150	355	68.587	
W	14	83.00	OPEN	Lies Annema (J)	Gym Iron Heart	112.5	120	122.5	70	75	77.5	195	140	150	155	345	65.462	
W	20	81.08	OPEN	Noa de Waal (S-J)	Alphafemalecoaching	105	105	105	82.5	85	87.5	192.5	115	125	135	327.5	62.739	
W	10	82.50	OPEN	Ilona van der Veer	Victory Culture	100	110	110	62.5	67.5	67.5	172.5	135	145	152.5	317.5	60.390	
W	7	81.44	OPEN	Eline Langedijk (J)	GSKV Northside Barbell	100	107.5	115	57.5	60	62.5	175	117.5	130	140	315	60.233	
W	3	82.72	OPEN	Pien van Leeuwen	Blackoutbarbellcoaching	95	100	105	55	60	60	160	120	125	127.5	287.5	54.626	

84.0+ kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	9	101.86	OPEN	Sophie Brander (S-J)	Strength Valley	160	170	175	70	75	80	250	140	160	170	420	74.541	
W	8	103.40	OPEN	Mirte de Haan	East End Strength Sports	147.5	152.5	157.5	75	77.5	80	235	162.5	170	175	410	72.490	
W	12	93.66	OPEN	Stefanie Brands	East End Strength Sports	125	125	130	67.5	72.5	77.5	207.5	150	160	170	377.5	68.620	
W	17	101.68	OPEN	Kimberley Bouwmeester	Beresterk	110	117.5	122.5	55	57.5	60	182.5	115	122.5	130	312.5	55.488	

## Referees (name and signature)

Head referee:

Left referee:

Right referee: