

Scoresheet Northside Barbell Winter Cup 2024 • Zaterdagochtend (1/2)

Groningen - 17 February 2024

66.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	40	63.60	OPEN	Tommy Tran (J)	Partner For Power	170	180	187.5	107.5	112.5	115	302.5	190	205	217.5	520	82.668	
M	14	65.82	OPEN	Faustino de Groot	Barbell Lifestyle	152.5	162.5	167.5	95	102.5	102.5	265	195	205	212.5	470	73.372	
M	27	64.08	OPEN	Nick de Pater	GSKV Northside Barbell	92.5	97.5	100	60	62.5	62.5	160	117.5	125	130	290	45.919	

105.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	11	100.60	OPEN	Philip Merino (J)	Strength Valley	265	280	285	185	187.5	192.5	477.5	260	285	300	777.5	97.942	
M	28	102.82	OPEN	Jimme Huisman	GSKV Northside Barbell	235	245	252.5	145	152.5	155	407.5	237.5	250	262.5	670	83.536	
M	3	104.14	OPEN	Marcel Tamminga	East End Strength Sports	215	225	225	137.5	145	147.5	360	295	310	312.5	670	83.039	
M	23	103.58	OPEN	Jorrit van Leiden	GSKV Northside Barbell	222.5	237.5	250	122.5	132.5	132.5	360	230	245	260	620	77.036	
M	34	100.48	OPEN	Konstantinos Shiakallis	GSKV Northside Barbell	205	215	225	122.5	132.5	142.5	367.5	220	220	232.5	600	75.626	
M	32	100.04	OPEN	Shahryar Koshmanesh (J)	Powerbuild Coaching	160	170	180	100	107.5	110	277.5	210	225	235	502.5	63.468	
M	7	94.70	OPEN	Daniël Aalfs	GSKV Northside Barbell	130	140	150	87.5	95	100	245	185	195	200	445	57.705	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Northside Barbell Winter Cup 2024 • Zaterdagochtend (2/2)

Groningen - 17 February 2024

93.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	15	92.10	OPEN	Ries de Haan	Strength Valley	230	245	255	150	155	160	405	260	280	290	685	90.039	
M	37	85.54	OPEN	Twan Damhuis	GSKV Northside Barbell	200	212.5	222.5	122.5	130	130	352.5	235	235	250	602.5	82.147	
M	9	92.02	OPEN	Nourdin Katouti (J)	Demonstrength	175	185	192.5	127.5	135	140	332.5	245	257.5	267.5	600	78.900	
M	30	90.14	OPEN	Thijn de Wit (J)	2to1 Coaching	205	215	222.5	125	130	135	357.5	220	235	250	592.5	78.708	
M	38	87.94	OPEN	Pim van den Berg (J)	Deliberate Strength	180	190	200	117.5	125	130	330	220	240	245	575	77.323	
M	31	92.10	OPEN	Nelson Tausk (J)	Team Francke powerlifting	170	175	180	117.5	125	127.5	300	240	250	255	555	72.951	
M	26	91.82	OPEN	Maurice Goossen (J)	Demonstrength	180	187.5	192.5	120	127.5	132.5	325	225	240	245	550	72.402	
M	5	92.42	OPEN	Luuk Elderman (J)	East End Strength Sports	167.5	177.5	180	105	107.5	110	287.5	215	225	230	512.5	67.251	
M	22	86.98	OPEN	Tuur Cuppen (S-J)	Loods 37	170	180	182.5	105	112.5	115	285	200	215	217.5	500	67.606	
M	6	92.00	OPEN	Tristan Dijkers	GSKV Northside Barbell	135	145	155	102.5	107.5	112.5	262.5	190	200	210	462.5	60.825	
M	33	92.02	OPEN	Marten van Dijken (J)	Powerbuild Coaching	157.5	167.5	175	77.5	85	87.5	260	175	190	200	460	60.490	
M	21	87.12	OPEN	Eelco Hoetjes (MI)	East End Strength Sports	145	145	155	75	75	80	235	180	190	200	425	57.419	

Referees (name and signature)

Head referee:

Left referee:

Right referee: