

Scoresheet Lichtstad Cup 2.0 2024 • Zondagochtend (1/2)

Eindhoven - 15 December 2024

52.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	5	51.08	OPEN	Jasmine Kosidin (J)	Pjotrs Powertraining	92.5	92.5	97.5	45	45	47.5	140	115	122.5	125	262.5	67.319	

57.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	18	56.30	OPEN	Renske Hazeu (J)	Algemeen Lid	80	92.5	100	50	55	55	155	130	145	150	300	71.031	
W	3	56.17	OPEN	Esther Hulst	Striktly Powerhouse	80	90	92.5	45	47.5	50	127.5	130	137.5	147.5	265	62.855	
W	19	56.65	OPEN	Bo van Eijk (J)	Iron Helix	87.5	92.5	100	50	55	57.5	147.5	132.5	137.5	137.5	0	0.000	

63.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	17	60.92	OPEN	Tirza Visser (J)	Pjotrs Powertraining	110	115	117.5	60	65	65	175	135	140	150	325	72.700	
W	8	61.69	OPEN	Petra Hermans (MI)	Striktly Powerhouse	85	90	95	47.5	50	52.5	147.5	105	117.5	122.5	270	59.890	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Lichtstad Cup 2.0 2024 • Zondagochtend (2/2)

Eindhoven - 15 December 2024

69.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	16	67.58	OPEN	Chloé Vermeer	Van Nistelrooij powerlifting	127.5	132.5	135	65	67.5	67.5	200	150	157.5	157.5	350	73.369	
W	6	66.76	OPEN	Anissa de Bree	AB coaching	110	117.5	125	45	50	0	175	130	140	147.5	322.5	68.086	
W	1	68.27	OPEN	Zoë Stubij	Krachtlab Powerlifting	117.5	122.5	125	62.5	65	65	187.5	130	135	140	322.5	67.213	

84.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	9	80.66	OPEN	Jaleesha Reiziger	Strength Valley	137.5	145	150	85	90	95	235	170	185	185	405	77.755	
W	12	79.95	OPEN	Kate-Lynn Saatrübe (J)	PowerUp Coaching	125	132.5	137.5	60	65	67.5	205	145	155	162.5	367.5	70.822	
W	14	82.59	OPEN	Tatum Gräfe (J)	Strength Valley	127.5	137.5	145	62.5	67.5	70	215	130	145	147.5	362.5	68.920	
W	15	82.25	OPEN	Floortje van Leeuwen (J)	Algemeen Lid	90	105	112.5	62.5	70	75	187.5	95	107.5	117.5	305	58.085	
W	11	83.10	OPEN	Tessa Van der Leeuw	Striktly Powerhouse	100	115	125	45	50	50	165	120	130	140	305	57.844	

84.0+ kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	2	96.16	OPEN	Anne-Marie Vos	Algemeen Lid	115	125	130	55	57.5	62.5	187.5	140	150	155	327.5	59.057	

Referees (name and signature)

Head referee:

Left referee:

Right referee: