

Scoresheet Lichtstad Cup 2.0 2024 • Zondagmiddag (1/2)

Eindhoven - 15 December 2024

76.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	11	75.15	OPEN	Serèn Çabuk (J)	Supreme Strength Coaching	120	130	130	90	90	105	235	140	147.5	152.5	387.5	76.808	
W	1	74.82	OPEN	Bente van Beek (J)	Striktly Powerhouse	135	145	145	65	70	72.5	215	145	157.5	160	375	74.488	
W	2	74.52	OPEN	Romy Peeters (J)	Fortex Powerlifting	130	137.5	140	50	52.5	55	190	155	165	170	360	71.648	
W	19	72.45	OPEN	Annelotte van Beek	Algemeen Lid	95	105	110	55	57.5	60	170	135	145	155	325	65.600	
W	20	71.23	OPEN	Aïcha Enzerink	TeamMammoth	80	87.5	92.5	35	40	42.5	135	100	110	117.5	252.5	51.418	
W	10	74.75	OPEN	Paula Steenland (MI)	Algemeen Lid	60	65	70	47.5	52.5	55	122.5	100	110	115	237.5	47.197	

120.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	12	115.95	OPEN	Itja de Goede	Algemeen Lid	185	197.5	197.5	150	157.5	165	362.5	240	260	275	637.5	75.235	
M	9	113.74	OPEN	Lars Jongerden	Algemeen Lid	200	215	220	145	155	160	380	230	245	255	635	75.587	
M	21	106.22	OPEN	Helder Kleine (S-J)	Algemeen Lid	170	195	215	110	125	137.5	352.5	210	247.5	270	600	73.682	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

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74.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	14	70.81	OPEN	Terence Jacobs (J)	Fortex Powerlifting	182.5	195	200	110	117.5	122.5	322.5	230	245	257.5	580	87.128	
M	15	72.32	OPEN	Leonardo Cruz	Loods 37	175	180	180	117.5	122.5	127.5	302.5	230	240	250	542.5	80.601	
M	4	72.23	OPEN	Floris van Soest (J)	Algemeen Lid	180	190	200	115	122.5	122.5	305	210	220	225	525	78.052	
M	6	71.42	OPEN	Kadir Mansoor (J)	Algemeen Lid	175	180	180	95	100	102.5	282.5	185	200	207.5	490	73.279	
M	5	72.48	OPEN	Ingmar Visser (J)	Algemeen Lid	130	140	150	95	102.5	105	252.5	210	225	237.5	490	72.717	
M	18	72.06	OPEN	Kian Radder (J)	Powerbuild Coaching	142.5	152.5	157.5	102.5	102.5	115	255	205	215	225	480	71.449	
M	17	71.71	OPEN	Luc Janssen (S-J)	PowerUp Coaching	157.5	170	182.5	107.5	110	115	280	180	195	205	475	70.885	
M	7	69.64	OPEN	Sebastiaan Muijs (S-J)	Powerbuild Coaching	120	130	137.5	60	65	75	212.5	150	165	180	392.5	59.478	
M	3	69.62	OPEN	Dani Beijk (S-J)	Het Leger Coaching	120	130	140	75	80	80	210	175	187.5	187.5	385	58.351	

Referees (name and signature)

Head referee:

Left referee:

Right referee: