

# Scoresheet Lichtstad Cup 2024 • Zondagmiddag: Platform PowerliftingShop (1/2)

Eindhoven - 1 December 2024

83.0 kg					Squat			Bench Press			Deadlift							
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	2	82.70	OPEN	Roan Akkerman (J)	Hamstra PT	167.5	177.5	187.5	100	<del>105</del>	105	292.5	185	195	207.5	500	69.340	
M	1	81.57	OPEN	Aleksander Strigin (S-J)	Beresterk	135	145	152.5	115	122.5	127.5	280	177.5	187.5	197.5	477.5	66.683	
M	16	82.75	OPEN	Mark Beekhuijzen	Apeldoorn Powercoaching	125	132.5	142.5	100	110	<del>120</del>	252.5	175	182.5	195	447.5	62.041	
M	14	79.97	OPEN	Sonny Sprenger	Powerbuild Coaching	150	157.5	162.5	90	95	97.5	260	170	180	<del>185</del>	440	62.068	
M	11	80.05	OPEN	Lucas van Cuijlenburg (S-J)	Lucky Lifting	107.5	115	<del>122.5</del>	90	97.5	<del>102.5</del>	212.5	160	172.5	185	397.5	56.044	
M	6	74.48	OPEN	Jesse Postma (J)	Hamstra PT	100	107.5	115	80	85	<del>87.5</del>	200	130	140	150	350	51.211	
M	4	80.60	OPEN	Timo Langeveld (S-J)	Powerbuild Coaching	90	102.5	<del>112.5</del>	65	72.5	<del>75</del>	175	130	<del>140</del>	<del>140</del>	305	42.853	

## Referees (name and signature)

Head referee:

Left referee:

Right referee:

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83.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	7	81.94	OPEN	Sebastiaan Bouter (S-J)	Perfect Performance	197.5	205	212.5	90	95	100	312.5	225	237.5	250	562.5	78.373	
M	9	81.54	OPEN	Jari van der Heijden (J)	ESKV Odin	175	182.5	190	102.5	110	115	305	205	210	225	530	74.028	
M	8	76.96	OPEN	Milosz Molenda (J)	JvM coaching	185	192.5	200	117.5	125	132.5	325	190	202.5	210	527.5	75.888	
M	15	82.75	OPEN	Dylan Appelman (J)	Bassies Halterclub	175	187.5	200	100	105	110	297.5	200	212.5	220	517.5	71.745	
M	3	80.70	OPEN	Twan Meulenkamp (J)	2to1 Coaching	165	175	182.5	115	120	122.5	305	185	197.5	210	515	72.313	
M	18	82.29	OPEN	Stefan Claessens	Act Evolve Coaching	160	170	175	120	125	125	295	205	215	225	510	70.905	
M	12	77.66	OPEN	Wang Jing Yang	SCC Powerhouse	155	165	175	95	102.5	110	285	185	200	215	485	69.450	

## Referees (name and signature)

Head referee:

Left referee:

Right referee: