

Scoresheet Lichtstad Cup 2024 • Zaterdagochtend: Platform DRC Groep (1/3)

Eindhoven - 30 November 2024

57.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	50	55.29	OPEN	Anissa Faber (J)	Thor Athletics Gym	107.5	112.5	112.5	62.5	67.5	70	180	125	132.5	140	320	76.835	
W	48	55.41	OPEN	Selin Acan	ASKV Kratos	112.5	117.5	120	67.5	72.5	75	192.5	117.5	122.5	127.5	320	76.705	
W	49	55.67	OPEN	Esmee Peeters	Krachtlab Powerlifting	100	102.5	105	57.5	60	62.5	165	120	125	130	295	70.455	
W	39	55.93	OPEN	Armi Dunder	Blackout Barbell Coaching	110	115	115	57.5	60	62.5	172.5	112.5	117.5	122.5	295	70.201	
W	56	56.30	OPEN	Roos Blom (J)	Deliberate Strength	100	105	110	55	57.5	60	170	100	110	120	280	66.295	

63.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	22	62.16	OPEN	Guinevere Voogd (J)	Strength Point	95	100	107.5	47.5	52.5	55	160	110	117.5	127.5	287.5	63.452	
W	38	60.41	OPEN	Eliza den Heijer	Eindhoven Gym B.V.	90	95	100	50	52.5	55	150	115	125	130	280	62.994	
W	7	60.57	OPEN	Nicole Kreuger	Iron House Co	92.5	97.5	100	50	50	50	150	115	122.5	127.5	277.5	62.319	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Lichtstad Cup 2024 • Zaterdagochtend: Platform DRC Groep (2/3)

Eindhoven - 30 November 2024

63.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	12	62.43	OPEN	Amélie Bevers (J)	Sportcentrum TopFit	117.5	125	130	72.5	77.5	82.5	207.5	165	177.5	187.5	395	86.930	
W	46	62.32	OPEN	Eva de Langen	Perfect Performance	135	142.5	145	67.5	70	72.5	215	150	157.5	170	372.5	82.073	
W	29	61.47	OPEN	Marjolein Reintjes	Strength Point	127.5	135	142.5	57.5	62.5	65	200	142.5	152.5	160	360	80.043	
W	27	61.65	OPEN	Roos Otten	Deliberate Strength	105	112.5	117.5	55	57.5	60	177.5	142.5	152.5	157.5	335	74.340	
W	54	62.96	OPEN	Lisa van Santen (J)	Strength Valley	122.5	132.5	135	62.5	67.5	70	205	117.5	125	125	330	72.228	
W	10	57.87	OPEN	Celeste Duijsens (J)	Beresterk	95	100	105	57.5	60	62.5	165	137.5	145	150	315	73.063	
W	4	62.54	OPEN	Inge Boer (J)	Coco Michelle	107.5	117.5	122.5	67.5	72.5	75	192.5	115	122.5	125	315	69.245	
W	17	61.99	OPEN	Lianne den Hertog	Legacy Gym	92.5	100	107.5	70	75	77.5	182.5	127.5	127.5	135	310	68.541	
W	45	61.74	OPEN	Renske de Groot (J)	ESKV Odin	95	102.5	110	57.5	60	62.5	172.5	115	122.5	127.5	300	66.508	
W	55	61.70	OPEN	Laura de Jong	Blackout Barbell Coaching	80	85	87.5	50	52.5	55	142.5	110	117.5	125	267.5	59.329	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Lichtstad Cup 2024 • Zaterdagochtend: Platform DRC Groep (3/3)

Eindhoven - 30 November 2024

66.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	21	62.50	OPEN	Max Nagelkerken (J)	SKVU Obelix	125	132.5	135	77.5	85	92.5	217.5	140	152.5	157.5	370	59.369	

74.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	52	73.59	OPEN	Lars Suppers (J)	MAX Gym	212.5	220	227.5	130	135	140	367.5	220	230	240	607.5	89.445	
M	2	72.84	OPEN	Kaan Bolat (J)	Thor Athletics Gym	200	210	220	125	130	137.5	350	237.5	247.5	257.5	597.5	88.442	
M	41	73.93	OPEN	Mike Beer	2to1 Coaching	187.5	195	195	112.5	117.5	122.5	317.5	220	232.5	240	557.5	81.887	
M	51	73.90	OPEN	Melvin Bruins (J)	2to1 Coaching	180	195	207.5	112.5	117.5	120	327.5	185	200	212.5	540	79.333	
M	43	73.66	OPEN	Jeffrey Cuttress (J)	Thor Athletics Gym	167.5	180	185	100	107.5	112.5	297.5	185	195	205	502.5	73.948	
M	14	72.89	OPEN	Jonathan Cardona Ceballos (J)	Krachtlab Powerlifting	162.5	175	182.5	102.5	107.5	110	285	175	190	205	490	72.504	
M	24	69.85	OPEN	Jens Verheij (J)	Deliberate Strength	150	160	167.5	102.5	110	115	282.5	190	207.5	207.5	472.5	71.488	
M	5	73.30	OPEN	Stan Geraedts	9 for 9 coaching	140	147.5	155	107.5	107.5	112.5	267.5	180	190	200	467.5	68.973	
M	33	71.79	OPEN	Colin van Schaik (J)	Perfect Performance	135	142.5	147.5	85	90	95	242.5	165	175	175	417.5	62.268	

Referees (name and signature)

Head referee:

Left referee:

Right referee: