

# Scoresheet Herfstbeginnerswedstrijd Atlas • Zaterdag (1/2)

Nijmegen - 9 November 2024

52.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	19	51.70	BEG	Zoë van Lokven	Beginner	85	90	95	50	55	60	150	95	107.5	115	265	67.249	

57.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	1	55.90	BEG	Sarah Bogerman	Beginner	75	80	87.5	32.5	37.5	37.5	120	125	130	135	255	60.708	
W	5	52.30	BEG	Zuliyana Kadalie	Beginner	77.5	82.5	85	40	45	47.5	127.5	107.5	115	120	242.5	60.933	

63.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	7	62.10	BEG	Felicia Catharina Allali	Beginner	97.5	100	105	57.5	62.5	65	165	117.5	122.5	130	287.5	63.492	

69.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	18	63.70	BEG	Imani Williams	Beginner	70	90	110	65	70	75	180	140	152.5	160	340	73.863	

83.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	8	81.00	BEG	Swier Garst	Beginner	160	170	170	100	105	110	280	170	185	195	475	66.570	
M	12	83.00	BEG	Ruben Kool	Beginner	140	142.5	155	92.5	102.5	110	257.5	170	190	202.5	447.5	61.946	
M	14	78.60	BEG	Sebastiaan Jan Willem Heeres	Beginner	130	137.5	140	95	100	102.5	242.5	170	180	190	432.5	61.551	

## Referees (name and signature)

Head referee:

Left referee:

Right referee:

# Scoresheet Herfstbeginnerswedstrijd Atlas • Zaterdag (2/2)

Nijmegen - 9 November 2024

74.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	10	72.70	BEG	Aidan Verkerk	Beginner	130	132.5	145	85	95	100	240	135	150	160	400	59.268	
M	9	69.30	BEG	John Elenbaas	Beginner	115	125	132.5	80	87.5	97.5	220	152.5	162.5	170	390	59.252	
M	15	72.60	BEG	Jesse Paans	Beginner	100	110	120	100	110	110	220	140	145	155	375	55.603	
M	2	74.00	BEG	Niels Korenstra	Beginner	85	95	105	72.5	80	82.5	187.5	110	120	130	317.5	0.000	

83.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	6	74.20	BEG	Burak Aktan	Beginner	95	100	102.5	75	80	82.5	182.5	132.5	135	142.5	325	47.646	
M	16	74.50	BEG	Jens Huijbregts	Beginner	75	75	85	55	60	65	145	105	117.5	122.5	267.5	39.135	

93.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	17	90.80	BEG	Quinto van Thuijl	Beginner	120	140	155	95	105	105	260	175	195	205	455	60.226	
M	11	87.40	BEG	Sven Nijhof	Beginner	132.5	140	150	100	110	110	260	155	170	180	440	59.350	

## Referees (name and signature)

Head referee:

Left referee:

Right referee: