

Scoresheet Zomerbeginnerswedstrijd Atlas 2024 • Zaterdagmiddag (1/2)

Nijmegen - 22 June 2024

74.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	4	72.00	BEG	Sem van Beek	Beginner	150	160	170	110	117.5	120	290	190	205	217.5	495	73.714	
M	21	69.60	BEG	Roel Riddersma	Beginner	142.5	150	155	115	120	122.5	277.5	160	167.5	172.5	450	68.212	
M	14	71.50	BEG	Ingmar Visser	Beginner	125	125	130	85	90	97.5	227.5	190	205	215	442.5	66.136	
M	19	72.50	BEG	Quint de Vries	Beginner	125	137.5	145	70	80	82.5	227.5	132.5	145	155	382.5	56.756	
M	2	73.70	BEG	Kaan Bolat	Beginner	172.5	187.5	200	112.5	117.5	117.5	187.5	215	230	250	0	0.000	

105.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	28	103.40	BEG	Tom Hamhuis	Beginner	200	210	215	120	130	145	360	240	260	270	630	78.342	
M	8	104.20	BEG	Amine el Ferdoussi	Beginner	195	202.5	210	135	142.5	150	352.5	215	227.5	240	592.5	73.414	
M	27	103.10	BEG	Lucas Ledoux	Beginner	165	172.5	177.5	110	117.5	125	302.5	195	210	220	522.5	65.063	
M	3	105.00	BEG	Jasper Posthouwer	Beginner	150	160	170	105	110	117.5	270	180	190	200	460	56.793	
M	9	95.70	BEG	Arsen Lutsak	Beginner	140	150	160	75	85	92.5	245	170	180	190	435	56.122	

120.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	20	113.60	BEG	Ivo Stomphorst	Beginner	200	220	230	150	160	165	395	280	300	320	715	85.157	
M	12	106.20	BEG	Naoufal Bouazza	Beginner	170	190	190	105	115	120	305	200	240	210	515	63.250	
M	25	111.10	BEG	Ferris Thijssen	Beginner	210	220	225	122.5	127.5	132.5	127.5	200	210	220	0	0.000	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

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Nijmegen - 22 June 2024

93.0 kg						Squat			Bench Press			Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	18	91.00	BEG	Mathijs Verhaar	Beginner	180	190	195	150	160	165	340	220	230	240	580	76.688	
M	15	88.70	BEG	Wout Haak	Beginner	190	200	200	100	105	115	305	230	240	250	555	74.316	
M	5	90.30	BEG	Jan Kruisinga	Beginner	185	195	202.5	105	110	112.5	305	225	237.5	250	555	73.662	
M	7	86.40	BEG	Franklyn Heijmans	Beginner	165	175	190	105	115	115	290	200	225	235	490	66.475	
M	29	89.80	BEG	Crijn Beerse	Beginner	160	167.5	180	100	107.5	115	282.5	165	180	195	477.5	63.550	
M	16	89.40	BEG	Bas Palmer	Beginner	140	155	162.5	100	107.5	107.5	255	180	200	215	470	62.690	
M	6	91.30	BEG	Thijs vander Meijden	Beginner	125	125	130	90	97.5	102.5	232.5	150	165	175	407.5	53.793	
M	22	92.90	BEG	Jim van Zoest	Beginner	165	165	165	105	110	110	105	210	220	220	0	0.000	

Referees (name and signature)

Head referee:

Left referee:

Right referee: