

Scoresheet Beginnerswedstrijd Atlas 2024 • Zondagmiddag (1/2)

Nijmegen - 28 January 2024

93.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M		86.60	OPEN	Freek Smolders (MIV)	Algemeen Lid	145	150	150	110	115	117.5	265	190	200	210	475	64.366	

105.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	16	103.20	BEG	Tolga Topal	Beginner	175	185	200	120	125	130	325	200	220	240	565	70.323	
M	5	98.80	BEG	Kevin van de Braak	Beginner	140	160	180	100	110	120	300	160	180	205	505	64.164	
M	10	103.90	BEG	Silvan Koop	Beginner	120	120	130	90	90	90	130	170	180	185	0	0.000	

120.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	2	117.00	BEG	Max Warmerdam	Beginner	170	180	195	135	140	150	335	250	250	265	585	68.764	
M	6	111.50	BEG	Ruurd Boersma	Beginner	210	220	220	115	122.5	127.5	337.5	225	232.5	240	577.5	69.361	
M	17	112.60	BEG	Justin de Vree	Beginner	155	167.5	172.5	137.5	147.5	152.5	320	220	235	245	555	66.364	

120.0+ kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	1	131.00	BEG	Abidin Yuksek	Beginner	230	250	265	180	190	200	465	250	265	290	755	84.551	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Beginnerswedstrijd Atlas 2024 • Zondagmiddag (2/2)

Nijmegen - 28 January 2024

105.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3			
M	9	98.50	BEG	Nick van de Worp	Beginner	195	197.5	202.5	135	145	150	347.5	237.5	247.5	255	595	75.709	
M	11	99.90	BEG	Rens Gorissen	Beginner	190	200	212.5	140	150	157.5	350	240	245	255	595	75.201	
M	4	100.00	BEG	Sven Dirven	Beginner	190	205	215	115	125	130	340	190	205	220	560	70.744	
M	14	100.70	BEG	Pieter Worm	Beginner	190	200	205	115	125	135	325	210	230	240	555	69.881	
M	15	103.90	BEG	Rienk Pasma	Beginner	152.5	152.5	170	130	137.5	145	315	187.5	202.5	210	525	65.138	
M	12	104.00	BEG	Yannick van Zee	Beginner	157.5	157.5	165	120	125	130	287.5	225	225	235	0	0.000	
M	8	108.00	BEG	Jamel Moghrabi	Beginner	200	202.5	220	110	120	125	340	210	225	235	0	0.000	

Referees (name and signature)

Head referee:

Left referee:

Right referee: