

Scoresheet SBD Cup 2023 • Zaterdagmiddag: Platform TeamNL (1/3)

Nijmegen - 9 September 2023

83.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	25	81.00	OPEN	Luca Gouwenberg (S-J)	Bassies Halterclub	177.5	185	185	100	100	0	277.5	190	210	230	487.5	68.322	
M	21	81.40	OPEN	Rozh Ali (J)	Algemeen Lid	142.5	152.5	157.5	95	100	102.5	252.5	190	205	210	457.5	63.958	
M	7	82.50	OPEN	Dylan Appelman (J)	Bassies Halterclub	150	160	165	80	85	90	250	170	180	190	440	61.094	
M	5	80.30	OPEN	Jader van Waas van de Borne	Strength Point	125	132.5	140	67.5	72.5	75	215	177.5	190	200	405	57.011	
M	2	76.40	OPEN	Gerk-Jan Huisma	East End Strength Sports	120	127.5	132.5	80	85	87.5	217.5	160	170	172.5	390	56.318	
M	1	77.10	OPEN	Koen van der Sterren (MI)	Krachtlab	115	120	127.5	80	85	90	217.5	130	140	150	357.5	51.383	
M	9	81.30	OPEN	Jan Smits (MIV)	Jordi Sniijders Coaching	100	110	115	65	70	75	180	130	142.5	150	330	46.162	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet SBD Cup 2023 • Zaterdagmiddag: Platform TeamNL (2/3)

Nijmegen - 9 September 2023

59.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	23	58.50	OPEN	Denon Matapere (J)	Algemeen Lid	120	125	125	85	92.5	97.5	212.5	200	207.5	207.5	412.5	68.569	
M	22	58.00	OPEN	Asher Hamid (J)	Barbell Lifestyle	145	145	145	77.5	85	90	230	152.5	167.5	175	397.5	66.381	
M	3	57.90	OPEN	Julian van Buuren	Perfect Performance	110	115	120	87.5	90	90	207.5	155	165	177.5	385	64.353	
M	14	58.70	OPEN	Bas Oei	Jordi Snijders Coaching	120	120	132.5	85	90	90	205	170	170	182.5	375	62.222	
M	6	54.60	OPEN	Khalid Xirsi (S-J)	Demonstrength	85	92.5	97.5	37.5	50	55	152.5	115	127.5	142.5	280	48.301	

83.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	28	80.50	OPEN	Ciro Rosenbrand (S-J)	Algemeen Lid	165	175	185	80	87.5	95	280	155	175	185	465	65.374	
M	17	80.70	OPEN	Casper Zoeteman	Staal & Kracht	130	130	140	105	107.5	107.5	245	150	165	175	420	58.973	
M	10	82.90	OPEN	Johan Nieuwhoff (MI)	No Excuses Hilversum	135	140	142.5	95	100	102.5	242.5	150	160	170	412.5	57.136	
M	11	76.60	OPEN	Hidde Kiestra (J)	Algemeen Lid	125	132.5	137.5	75	80	82.5	220	125	132.5	140	352.5	50.835	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet SBD Cup 2023 • Zaterdagmiddag: Platform TeamNL (3/3)

Nijmegen - 9 September 2023

66.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	29	64.20	OPEN	Naadir Twahir (J)	Strength Point	177.5	187.5	192.5	112.5	122.5	125	317.5	230	240	250	557.5	88.188	
M	31	65.50	OPEN	Mario van Nistelrooij	Algemeen Lid	177.5	182.5	185	125	132.5	132.5	307.5	215	225	232.5	540	84.517	
M	27	65.80	OPEN	Andonis Roosberg	TSKV Spartacus	200	200	200	125	132.5	137.5	337.5	190	200	200	527.5	82.361	
M	18	64.40	OPEN	Fei Fan Hu	Supreme Strength Coaching	175	185	190	107.5	112.5	117.5	302.5	220	232.5	237.5	522.5	82.515	
M	15	65.40	OPEN	Glenn Vandendijk	Loods 37	180	192.5	197.5	115	120	125	317.5	202.5	215	215	520	81.453	
M	32	64.90	OPEN	Bart Pieters	FoxGym	162.5	170	175	115	120	122.5	295	187.5	200	207.5	502.5	79.032	
M	8	65.40	OPEN	Najef Zondringa	Algemeen Lid	160	170	172.5	100	105	110	275	210	220	220	485	75.970	
M	24	65.80	OPEN	Faustino de Groot	Barbell Lifestyle	152.5	152.5	165	100	105	0	265	200	212.5	0	465	72.603	
M	12	63.60	OPEN	Kelvin Mahadew (J)	Demonstrength	145	152.5	155	97.5	102.5	102.5	252.5	192.5	200	207.5	452.5	71.937	

Referees (name and signature)

Head referee:

Left referee:

Right referee: