

Scoresheet Ro's Cup 2023 • Zaterdagmiddag (1/2)

Hoofddorp - 6 May 2023

74.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	12	70.76	OPEN	Stan Brabander	Epic gym	195	195	205	127.5	135	137.5	340	230	245	260	585	87.911	
M	9	73.48	OPEN	Mike Beer	Strength Point	177.5	185	190	105	110	115	300	210	220	225	525	77.358	
M	17	72.02	OPEN	Mike Hammen	Barbell Benders Powerlifting	170	180	187.5	120	125	127.5	315	180	190	195	510	75.937	

83.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	23	82.48	OPEN	Mike Marreevee	Perfect Performance	220	227.5	235	110	115	120	347.5	252.5	267.5	275	615	85.403	
M	1	82.96	OPEN	Robin Triep	Algemeen Lid	220	240	250	140	145	145	385	215	230	245	615	85.153	
M	20	81.00	OPEN	Kwok Yee Chu	JordiLiftz	180	187.5	195	115	120	122.5	317.5	225	235	240	557.5	78.133	
M	7	81.88	OPEN	Claudio Palumbo (J)	JordiLiftz	187.5	192.5	202.5	115	120	125	322.5	195	205	210	527.5	73.523	
M	3	78.80	OPEN	Jasper van Eikeren	Algemeen Lid	175	187.5	200	112.5	120	125	307.5	195	205	215	522.5	74.263	
M	24	76.66	OPEN	Mika van Herk (J)	Epic gym	177.5	180	190	87.5	92.5	97.5	277.5	210	225	237.5	515	74.239	
M	21	78.76	OPEN	Christiaan Post (J)	Algemeen Lid	160	170	180	115	120	125	295	200	215	225	510	72.505	
M	22	79.62	OPEN	Wid Alzhraou (J)	Algemeen Lid	147.5	155	165	107.5	112.5	117.5	282.5	205	215	222.5	505	71.397	
M	8	82.06	OPEN	Gijs Koppenberg (J)	SKVU Obelix	165	170	175	110	115	115	280	190	200	210	490	68.221	
M	2	80.84	OPEN	Nicholai Sanches (J)	Barbell Lifestyle	145	155	162.5	87.5	92.5	97.5	255	190	205	215	460	64.533	
M	11	81.60	OPEN	Omar Hassan (J)	JordiLiftz	155	155	155	100	100	102.5	102.5	180	195	202.5	0	0.000	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Ro's Cup 2023 • Zaterdagmiddag (2/2)

Hoofddorp - 6 May 2023

105.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	15	104.50	OPEN	Mitchell Ronde	Barbell Lifestyle	255	270	280	165	175	0	445	300	320	330	765	94.660	
M	10	101.72	OPEN	Tom Böckling	JordiLiftz	210	220	227.5	130	135	140	362.5	240	245	252.5	615	77.068	
M	19	102.96	OPEN	Gijs Schoonaard (J)	Scientific Old School Powerlifting	185	192.5	200	137.5	140	145	340	215	225	235	575	71.646	
M	16	103.06	OPEN	Andreas Gregoriades	ESKV Odin	217.5	227.5	235	110	112.5	0	337.5	225	235	245	572.5	71.302	
M	29	104.30	OPEN	Richard Selten	Clean Nutrition	172.5	185	195	125	132.5	140	335	210	222.5	230	565	69.975	
M	26	103.12	OPEN	Lars Savenije (J)	SKVU Obelix	172.5	182.5	187.5	125	132.5	137.5	325	225	237.5	245	562.5	70.037	
M	4	103.74	OPEN	Julian Hornstra (J)	Sportcentrum TopFit	160	170	175	100	105	107.5	277.5	200	220	232.5	497.5	61.771	

120.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	14	113.20	OPEN	Gerben Schless (M)	Algemeen Lid	215	225	235	140	145	0	365	245	247.5	255	620	73.959	
M	27	118.00	OPEN	Dwayne Schreiner	Algemeen Lid	190	200	210	145	145	150	350	240	250	260	610	71.434	
M	6	117.74	OPEN	Lucas Hoffmans (J)	Epic gym	192.5	192.5	195	115	120	125	312.5	225	235	250	547.5	64.177	

120.0+ kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	28	139.26	OPEN	Jordy van Muijen	Sportcentrum TopFit	260	272.5	282.5	150	157.5	160	440	280	290	290	720	78.652	

Referees (name and signature)

Head referee:

Left referee:

Right referee: