

Scoresheet Odin Cup 2023 • Zaterdagochtend (1/2)

Eindhoven - 7 October 2023

47.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	9	45.80	OPEN	Justine Fleming (J)	ESKV Odin	75	82.5	85	52.5	55	57.5	137.5	95	102.5	105	240	68.288	

52.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	28	50.74	OPEN	Carlijne Schmid (J)	Untamed Strength	105	110	112.5	57.5	60	62.5	167.5	140	150	155	317.5	81.906	
W	5	52.00	OPEN	Naz Dogan	Deliberate Strength	85	90	95	40	45	50	145	95	102.5	107.5	252.5	63.758	

57.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	19	56.32	OPEN	Margriet Ponse	Jordi Snijders Coaching	110	117.5	122.5	67.5	67.5	70	190	150	162.5	170	352.5	83.439	
W	31	56.50	OPEN	Karlijn Wijsman	Perfect Performance	112.5	115	115	70	72.5	75	187.5	120	125	132.5	320	75.562	
W	25	56.94	OPEN	Lema al Asadi (S-J)	Striktly Powerhouse	90	97.5	97.5	55	57.5	57.5	145	90	100	100	245	57.514	
W	33	56.64	OPEN	Jaya Cairo (J)	Demonstrength	75	75	80	30	35	37.5	117.5	100	110	117.5	235	55.387	

63.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	4	60.72	OPEN	Lieke van Oosten (J)	Apeldoorn Powercoaching	112.5	120	125	60	65	67.5	185	125	132.5	137.5	322.5	72.302	
W	30	61.56	OPEN	Lisette de Vries	Grow Coaching	107.5	115	115	55	57.5	60	167.5	140	150	157.5	317.5	70.525	
W	22	61.84	OPEN	Sarah Liza Yazdani (J)	Demonstrength	100	100	100	40	45	52.5	152.5	107.5	115	125	277.5	61.454	
W	24	61.18	OPEN	Adela Pijcke (MII)	Northwest Powerlifting	100	100	100	57.5	57.5	60	60	100	105	110	0	0.000	

84.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	23	77.68	OPEN	Michelle de Jong	Supreme Strength Coaching	135	142.5	142.5	85	87.5	90	222.5	162.5	172.5	180	402.5	78.558	
W	17	78.10	OPEN	Aniek Nijland (J)	Beresterk	130	137.5	142.5	67.5	72.5	75	217.5	150	160	167.5	385	74.960	
W	15	76.64	OPEN	Lydie Nijssen	Iron Helix	120	130	137.5	75	82.5	85	212.5	120	130	140	352.5	69.226	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Odin Cup 2023 • Zaterdagochtend (2/2)

Eindhoven - 7 October 2023

69.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	26	66.16	OPEN	Shania Jongejans	MAX Gym	125	125	135	52.5	57.5	60	182.5	147.5	162.5	172.5	355	75.348	
W	12	67.40	OPEN	Annelot van Wenum	Algemeen Lid	120	127.5	135	57.5	62.5	65	200	130	145	155	355	74.532	
W	21	68.30	OPEN	Danique Zwaan (J)	9 for 9 coaching	107.5	115	122.5	65	70	72.5	192.5	140	150	160	342.5	71.364	
W	29	65.92	OPEN	Iris de Weert	Striktly Powerhouse	117.5	125	130	60	65	70	190	130	140	145	335	71.258	
W	2	67.92	OPEN	Dorien Keunen (J)	3 for 9	107.5	115	117.5	70	75	75	190	127.5	135	142.5	332.5	69.500	
W	8	65.78	OPEN	Tirsa Piergoelam (J)	Powerbuild Coaching	102.5	107.5	112.5	67.5	70	70	182.5	130	137.5	142.5	320	68.154	
W	7	67.10	OPEN	Anissa de Bree	Grow Coaching	112.5	120	122.5	45	50	52.5	170	130	137.5	145	315	66.305	
W	20	66.94	OPEN	Melanie Boertien (J)	Powerbuild Coaching	105	112.5	112.5	62.5	67.5	70	180	125	130	140	310	65.344	
W	10	68.64	OPEN	Amber Sentener	2to1 Coaching	100	100	105	50	52.5	55	160	122.5	130	135	295	61.295	
W	18	65.66	OPEN	Anne Jansen (MII)	Sterker personal training	65	67.5	72.5	40	45	47.5	117.5	92.5	102.5	107.5	225	47.974	

84.0+ kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	27	93.22	OPEN	Danique de Vries	Huijser Coaching	117.5	117.5	125	60	60	62.5	180	130	137.5	145	317.5	57.799	

Referees (name and signature)

Head referee:

Left referee:

Right referee: