

Scoresheet NSK Powerliften 2023 • Zondagochtend: Platform Links (1/2)

Delft - 19 November 2023

52.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	12	51.28	OPEN	Judith Hendrix	NSKV Profectus	110.5	115.5	120.5	52.5	55	57.5	170.5	140	148	154	324.5	82.934	
W	6	50.76	OPEN	Reese Lamijo (J)	Barbell Lifestyle	97.5	102.5	107.5	40	45	45	152.5	120	130	140	292.5	75.431	
W	10	50.40	OPEN	Lene de Jong (J)	SKVU Obelix	85	90	95	52.5	55	55	145	115	120	125	270	70.072	

57.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	16	56.38	OPEN	Sara Manders	TSKV Spartacus	120	127.5	132.5	60	65	70	197.5	157.5	166	176	373.5	88.338	
W	5	55.20	OPEN	Rebecca Croes (J)	Supreme Strength Coaching	125	135	140.5	77.5	82.5	82.5	223	150	157.5	157.5	373	89.676	
W	23	56.40	OPEN	Carmen Immink (J)	Power Workout Gym	130.5	135.5	144	70	72.5	75	208	142.5	147.5	157.5	355.5	84.058	
W	19	55.64	OPEN	Sophie Meijer	TSKV Spartacus	95	100	102.5	50	52.5	52.5	152.5	127.5	142.5	150	295	70.484	
W	17	56.02	OPEN	Celeste Duijsens (J)	Beresterk	87.5	95	100	47.5	50	52.5	147.5	122.5	132.5	140	287.5	68.332	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet NSK Powerliften 2023 • Zondagochtend: Platform Links (2/2)

Delft - 19 November 2023

74.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	11	73.82	OPEN	Geronimo Niklas	Strength For All	200	210	215	160	165.5	168	380.5	242.5	250	258	630.5	92.681	
M	1	73.98	OPEN	Di Ke Wu	TSKV Spartacus	220	230.5	235.5	145	152.5	152.5	380.5	250	250	258.5	630.5	92.576	
M	3	73.24	OPEN	Jasper Kovacs (J)	Team Francke powerlifting	217.5	228	231	142.5	150	152.5	381	215	225	250	606	89.445	
M	7	73.66	OPEN	Lars Suppers (J)	MAX Gym	200	212.5	220	120	125	127.5	347.5	220	232.5	242.5	590	86.825	
M	15	72.46	OPEN	Raief Ahmadkhan (J)	Algemeen Lid	150	160	170	100	110	110	280	240	242.5	260	520	77.180	
M	18	72.64	OPEN	Leroy Mourits (J)	SKVU Obelix	175	175	187.5	100	105	105	287.5	215	227.5	232.5	515	76.339	
M	24	73.40	OPEN	Ruben de Bruin (J)	Abyss	167.5	175	180	102.5	110	110	290	205	215	222.5	512.5	75.559	
M	22	73.22	OPEN	Tom Laverman (J)	NSKV Profectus	162.5	170	177.5	102.5	107.5	112.5	290	205	215	220	505	74.548	
M	2	73.98	OPEN	Dadyar Said	Powerbuild Coaching	170	175	182.5	122.5	125	127.5	310	170	180	190	500	73.415	
M	25	72.54	OPEN	Milosz Molenda (J)	TSKV Spartacus	160	170	177.5	102.5	110	115	292.5	172.5	185	190	482.5	71.574	
M	8	72.14	OPEN	Jari van der Heijden (J)	ESKV Odin	162.5	170	175	97.5	105	105	280	195	210	210	475	70.664	
M	9	72.34	OPEN	Jori de Leuw	Luke PowerPT	152.5	160	162.5	110	117.5	122.5	280	170	182.5	190	470	69.819	

Referees (name and signature)

Head referee:

Left referee:

Right referee: