

Scoresheet NSK Powerliften 2023 • Zondagmiddag: Platform Rechts (1/2)

Delft - 19 November 2023

105.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	8	95.92	OPEN	Koen Thijssen (J)	SKVU Obelix	215	225	235	120	125	130	355	255	265	280	635	81.835	
M	15	103.20	OPEN	Jens Roels (S-J)	2to1 Coaching	220	230	235	132.5	137.5	142.5	377.5	222.5	240	245	617.5	76.857	
M	7	93.40	OPEN	Po Tao Pan (J)	Strength For All	190	200	210	125	132.5	140	350	235	250	260	610	79.634	
M	17	103.00	OPEN	Cédric van Lenthe (J)	9 for 9 coaching	207.5	207.5	217.5	125	132.5	140	357.5	227.5	242.5	250	600	74.747	
M	6	103.07	OPEN	Lars Savenije (J)	SKVU Obelix	190	200	210	135	140	142.5	352.5	230	240	247.5	600	74.723	
M	10	97.47	OPEN	Bradley Vos (J)	Powerbuild Coaching	175	190	200	115	125	132.5	332.5	220	240	252.5	585	74.812	
M	16	101.08	OPEN	Zennar den Hartog (J)	WorkBodyFit	175	185	192.5	115	120	127.5	312.5	245	255	260	567.5	71.328	
M	2	97.91	OPEN	Jesse Snijders (J)	2to1 Coaching	187.5	197.5	202.5	152.5	160	165	362.5	190	205	205	552.5	70.503	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

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Delft - 19 November 2023

105.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	12	104.70	OPEN	Justin Schulz	TSKV Spartacus	220	230	235	145	152.5	157.5	392.5	240	255	262.5	647.5	80.050	
M	11	101.36	OPEN	Milan Wassing (J)	Powerbuild Coaching	220	227.5	232.5	135	142.5	147.5	380	240	250	257.5	637.5	80.022	
M	18	103.35	OPEN	Sjoerd van Engelshoven	ESKV Odin	190	200	207.5	125	132.5	135	340	230	245	260	585	72.763	

120.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	5	109.82	OPEN	Ted de Vries Lentsch	DSKV IJzersterk	260	275	280	140	145	145	420	305	320	325.5	725	87.679	
M	3	118.15	OPEN	Daniel Dijkstra (J)	Strength Valley	245	260	262.5	165	175	180	435	260	292.5	292.5	695	81.343	
M	1	113.44	OPEN	Jules in 't Groen (J)	TSKV Spartacus	200	212.5	217.5	140	145	150	357.5	240	250	257.5	607.5	72.399	
M	14	112.43	OPEN	Simon Rezelman	Algemeen Lid	190	205	210	122.5	130	135	340	220	232.5	245	585	69.999	

Referees (name and signature)

Head referee:

Left referee:

Right referee: