

Scoresheet NSK Powerliften 2023 • Zaterdagochtend: Platform Rechts (1/2)

Delft - 18 November 2023

59.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	10	59.00	OPEN	Tristan Nguyen (J)	Algemeen Lid	162.5	173	177.5	90	95	100	277.5	165	175	185	462.5	76.531	
M	1	58.81	OPEN	Tom Kuurstra (J)	SKVU Obelix	120	127.5	130	82.5	90	95	220	150	162.5	170	390	64.646	

66.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	16	65.93	OPEN	Andonis Roosberg	TSKV Spartacus	195	205	213	130	135	138	351	170	190	200	551	85.941	
M	5	65.82	OPEN	Michel Pham	Staal & Kracht	190	190	200	110	115	115	310	220	230	242.5	540	84.299	
M	11	65.46	OPEN	Dominic Therattil (J)	GSKV Northside Barbell	167.5	175	182.5	102.5	107.5	107.5	285	230	245	255	530	82.978	
M	20	65.98	OPEN	Mauritius van Maurik (J)	ESKV Odin	155	162.5	170	112.5	112.5	117.5	275	170	180	190	465	72.498	

83.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	15	81.84	OPEN	Ruben Jonker (J)	2to1 Coaching	185	195	200	117.5	125	125	310	230	240	245	540	75.285	
M	8	81.54	OPEN	Bink Leerink (J)	Algemeen Lid	190	192.5	195	107.5	112.5	115	305	195	210	225	515	71.933	
M	3	82.26	OPEN	Samtag Prakke	SKVU Obelix	155	155	165	127.5	135	140	305	190	202.5	210	515	71.613	
M	6	81.83	OPEN	Nicholai Sanches (J)	Barbell Lifestyle	162.5	172.5	180	100	105	105	277.5	210	225	252.5	502.5	70.061	
M	18	77.42	OPEN	Tijn Butzelaar (J)	Powerbuild Coaching	175	182.5	190	95	100	102.5	290	195	202.5	207.5	497.5	71.353	
M	17	82.01	OPEN	Wid Alzhraou (J)	DSKV IJzersterk	160	170	170	110	110	115	275	180	200	205	480	66.849	
M	7	82.56	OPEN	Simon van Gastel (J)	GSKV Northside Barbell	155	162.5	162.5	95	95	100	250	202.5	212.5	220	462.5	64.195	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet NSK Powerliften 2023 • Zaterdagochtend: Platform Rechts (2/2)

Delft - 18 November 2023

84.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	2	82.93	OPEN	Ragnhild Maarleveld	DSKV IJzersterk	142.5	152.5	161	72.5	77.5	82.5	238.5	192.5	202.5	207.5	446	84.655	
W	21	82.41	OPEN	Gioia Buijs	Victory Culture	125	132.5	137.5	65	70	72.5	210	142.5	150	155	365	69.456	
W	14	80.21	OPEN	Lisa Zuehlke (J)	ASKV Kratos	125	132.5	135	62.5	65	67.5	202.5	140	150	160	352.5	67.837	
W	4	81.41	OPEN	Soemeh Westbroek (J)	Pjotrs Powertraining	125	135	140	67.5	70	70	210	132.5	142.5	152.5	352.5	67.414	
W	12	82.85	OPEN	Wytske Zevenboom	TSKV Spartacus	122.5	130	132.5	52.5	57.5	60	192.5	135	145	150	337.5	64.085	
W	22	78.92	OPEN	Kirsten Agricola (J)	Untamed Strength	112.5	120	125	57.5	62.5	65	182.5	132.5	142.5	150	332.5	64.439	

84.0+ kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	9	99.51	OPEN	Larissa Bastiani	Strength Valley	145	155	160	77.5	80	82.5	240	185	187.5	0	425	75.898	
W	19	95.21	OPEN	Evelyne Fraats (J)	Algemeen Lid	125	130	132.5	57.5	60	62.5	195	135	145	155	350	63.301	

Referees (name and signature)

Head referee:

Left referee:

Right referee: