

# Scoresheet Subjunioren NK Powerliften 2023 • Zondagochtend (1/2)

Hoofddorp - 7 May 2023

57.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	10	56.02	S-J	Jasmine Kosidin	Beresterk	77.5	82.5	87.5	42.5	42.5	47.5	130	105	112.5	120	250	59.419	
W	8	53.34	S-J	Esmée de Nennie	Striktly Powerhouse	60	67.5	72.5	42.5	45	47.5	117.5	90	97.5	102.5	220	54.374	

69.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	7	67.72	S-J	Star Sala	Hitgym0172	110	115	120	50	52.5	57.5	167.5	105	120	127.5	295	61.766	
W	11	64.78	S-J	Imani Williams	Algemeen Lid	110	110	115	52.5	55	57.5	57.5	122.5	130	140	0	0.000	

84.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	1	83.10	S-J	Sophie Brander	Strength Valley	145.5	155	160	65	70.5	72.5	227.5	135	155	165	392.5	74.439	

84.0+ kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	19	99.02	S-J	Nina Avis	Algemeen Lid	140	150	150	77.5	85	92.5	242.5	167.5	180	190	432.5	77.342	

53.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	4	52.64	S-J	Khalid Xirsi	Algemeen Lid	77.5	82.5	87.5	45	45	45	132.5	115	122.5	127.5	255	44.862	

## Referees (name and signature)

Head referee:

Left referee:

Right referee:

# Scoresheet Subjunioren NK Powerliften 2023 • Zondagochtend (2/2)

Hoofddorp - 7 May 2023

93.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	18	92.00	S-J	Jordi van Heijningen	JordiLiftz	240	260	275.5	120	140	152.5	428	265	285	300	713	93.769	
M	14	92.78	S-J	Dylan van de Kuinder	Sportcentrum TopFit	235	242.5	242.5	167.5	173	180	408	265	287.5	287.5	673	88.144	
M	12	91.58	S-J	Serrano Agostien	Algemeen Lid	230	240	252.5	130	140	142.5	392.5	235	250	260	642.5	84.687	
M	17	90.56	S-J	Eren Berkan	Victory Culture	182.5	192.5	200	135	142.5	145	337.5	240	247.5	255	592.5	78.528	
M	3	93.00	S-J	Stijn Oudshoorn	Algemeen Lid	180	190	200	107.5	115	117.5	305	200	212.5	225	530	69.335	
M	9	91.36	S-J	Frank Warrink	Algemeen Lid	160	170	175	92.5	97.5	105	272.5	200	207.5	212.5	485	64.003	
M	16	89.54	S-J	Mateja ter Huurne	Algemeen Lid	145	155	165	95	102.5	110	265	165	180	200	465	61.975	
M	5	89.10	S-J	Michael Geers	Epic gym	150	160	165	92.5	100	100	252.5	170	180	190	432.5	57.784	
M	2	91.24	S-J	Joseph van der Horst	Strength Point	132.5	142.5	150	77.5	85	90	235	145	155	165	400	52.820	

## Referees (name and signature)

Head referee:

Left referee:

Right referee: