

Scoresheet Masters NK Powerliften 2023 • Zondagochtend (1/2)

Geldrop - 3 December 2023

57.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	3	55.80	MII	Karin Oosterling	Sportcentrum TopFit	67.5	70	75	37.5	40	42.5	110	70	75	75	180	42.912	

63.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	8	61.90	MII	Pauline Schwencke	Perfect Performance	90	95	97.5	52.5	55	57.5	155	110	115	117.5	270	59.755	

69.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	11	68.20	MI	Colette Haddon	Strength Valley	140	147.5	153	75	75	80	228	167.5	175	183.5	411.5	85.812	
W	16	68.90	MI	Arleen Meyer	Perfect Performance	102.5	110	112.5	65	67.5	70	180	130	137.5	140	320	66.349	
W	14	63.90	MII	Louise de Jong	Algemeen Lid	110	115	115	60	65	67.5	177.5	132.5	140	145	317.5	68.839	
W	9	67.20	MI	Julia Lanser	Sterrek Personal Training	97.5	102.5	107.5	50	55	57.5	160	95	105	115	275	57.835	
W	2	68.00	MI	Bregje Pol	Sterrek Personal Training	80	85	87.5	37.5	40	40	120	92.5	100	105	220	45.954	

76.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	22	75.10	MII	Carmen Sjardijn	Sportcentrum TopFit	90	97.5	105	57.5	62.5	65	170	100	112.5	120	290	57.501	
W	18	74.60	MII	Wytzia Soetenhorst	Striktly Powerhouse	75	80	85	42.5	45	47.5	125	110	120	125	245	48.735	

84.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	15	81.70	MII	Lapanda Mampikin	Sportcentrum TopFit	150	160	170	90	95	100	250	190	210	230.5	460	87.844	

84.0+ kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	10	129.10	MII	Barbara Claassen	Algemeen Lid	140	150	160	60	67.5	72.5	222.5	140	142.5	150	372.5	63.147	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Masters NK Powerliften 2023 • Zondagochtend (2/2)

Geldrop - 3 December 2023

57.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	20	56.70	MI	Geneviève Huizeling	Perfect Performance	95	100	102.5	55	57.5	60	160	125	132.5	137.5	297.5	70.061	
W	1	55.80	MI	Mieke Hubers	K&C training	100	105	110	45	50	52.5	155	120	130	140	285	67.944	

63.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	4	62.90	MI	Aysun Cakmak	Jordi Snijders Coaching	120	125	130	77.5	80	82.5	210	160	172.5	177.5	382.5	83.770	
W	12	60.90	MI	Margoo Timmermans	Loods 37	85	90	92.5	55	57.5	60	147.5	127.5	132.5	137.5	285	63.766	

84.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	17	83.40	MI	Mirjam Loerakker	Algemeen Lid	155	165	170	77.5	82.5	85	247.5	170	177.5	182.5	425	80.487	
W	7	82.30	MI	Marie-Claude Dekker	Algemeen Lid	107.5	112.5	117.5	57.5	62.5	65	175	125	130	135	310	59.022	

84.0+ kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	21	93.60	MI	Marcita Betorina	Scientific Old School Powerlifting	130	137.5	140	70	77.5	80	220	185	195	200	420	76.361	
W	6	94.80	MI	Eva Raat	RaatKracht training & coaching	90	95	100	45	47.5	50	150	125	130	135	285	51.613	
W	23	87.50	MI	Annemarie Druijven	Algemeen Lid	62.5	67.5	70	37.5	42.5	45	110	87.5	100	105	215	39.985	

Referees (name and signature)

Head referee:

Left referee:

Right referee: