

Scoresheet Masters NK Powerliften 2023 • Zondagmiddag (1/2)

Geldrop - 3 December 2023

| 74.0 kg | | | | | | Squat | | | Bench Press | | | Deadlift | | | TOTAL | POINTS | PL | |
|---------|----|-------|-----|-----------------|---------------------------|-------|-------|-----|-------------|-------|-------|----------|-----|-------|-------|--------|--------|----|
| M/W | NR | BDW | CAT | NAME | ASSOCIATION | 1 | 2 | 3 | 1 | 2 | 3 | SUB | 1 | 2 | 3 | TOTAL | POINTS | PL |
| M | 32 | 72.90 | MII | Kris Elzinga | Krachtsportclub Friesland | 140 | 150.5 | 155 | 100 | 106.5 | 106.5 | 255 | 175 | 182.5 | 185.5 | 437.5 | 64.731 | |
| M | 20 | 72.80 | MII | Edwin van Raaij | Perfect Performance | 110 | 110 | 115 | 72.5 | 77.5 | 80 | 195 | 145 | 152.5 | 157.5 | 347.5 | 51.452 | |

| 93.0 kg | | | | | | Squat | | | Bench Press | | | Deadlift | | | TOTAL | POINTS | PL | |
|---------|----|-------|-----|------------------|--------------|-------|-------|-----|-------------|-----|------|----------|-----|-----|-------|--------|--------|----|
| M/W | NR | BDW | CAT | NAME | ASSOCIATION | 1 | 2 | 3 | 1 | 2 | 3 | SUB | 1 | 2 | 3 | TOTAL | POINTS | PL |
| M | 30 | 91.50 | MII | Manuel Reniers | Algemeen Lid | 160 | 165 | 175 | 100 | 105 | 110 | 280 | 210 | 220 | 235.5 | 500 | 65.933 | |
| M | 28 | 89.70 | MII | Patrick Dicochea | Algemeen Lid | 152.5 | 152.5 | 155 | 65 | 70 | 72.5 | 225 | 170 | 175 | 180 | 400 | 53.264 | |

| 105.0 kg | | | | | | Squat | | | Bench Press | | | Deadlift | | | TOTAL | POINTS | PL | |
|----------|----|--------|-----|----------------------|-------------------------|-------|-------|-------|-------------|-------|-------|----------|-----|-----|-------|--------|--------|----|
| M/W | NR | BDW | CAT | NAME | ASSOCIATION | 1 | 2 | 3 | 1 | 2 | 3 | SUB | 1 | 2 | 3 | TOTAL | POINTS | PL |
| M | 4 | 100.20 | MII | Mario Alberto Duarte | Jordi Snijders Coaching | 197.5 | 210 | 212.5 | 112.5 | 122.5 | 122.5 | 325 | 205 | 215 | 225 | 550 | 69.415 | |
| M | 16 | 97.70 | MI | Arthur Roodenburg | Jordi Snijders Coaching | 185 | 200 | 210 | 97.5 | 100 | 102.5 | 310 | 200 | 215 | 225 | 535 | 68.340 | |
| M | 2 | 94.00 | MII | Rolf Bettinger | Strength Valley | 130 | 142.5 | 150 | 100 | 105 | 107.5 | 247.5 | 175 | 190 | 200 | 447.5 | 58.239 | |

| 120.0 kg | | | | | | Squat | | | Bench Press | | | Deadlift | | | TOTAL | POINTS | PL | |
|----------|----|--------|-----|-------------------|-----------------|-------|-------|-------|-------------|-------|-------|----------|-------|-------|-------|--------|--------|----|
| M/W | NR | BDW | CAT | NAME | ASSOCIATION | 1 | 2 | 3 | 1 | 2 | 3 | SUB | 1 | 2 | 3 | TOTAL | POINTS | PL |
| M | 11 | 105.70 | MI | Vincent Mulder | SCC Powerhouse | 187.5 | 197.5 | 210 | 162.5 | 170 | 175 | 385 | 235 | 255 | 265 | 650 | 80.005 | |
| M | 12 | 117.70 | MII | Wim Wamsteeker | Krachtlab | 210 | 222.5 | 226 | 122.5 | 127.5 | 130 | 356 | 210 | 230 | 237.5 | 593.5 | 69.580 | |
| M | 5 | 113.40 | MI | Jermaine Eilander | Strength Valley | 190 | 205 | 215 | 125 | 132.5 | 137.5 | 352.5 | 200 | 220 | 230 | 582.5 | 69.431 | |
| M | 8 | 118.10 | MI | Olaf Niessink | Algemeen Lid | 182.5 | 202.5 | 212.5 | 102.5 | 112.5 | 117.5 | 330 | 182.5 | 202.5 | 212.5 | 542.5 | 63.506 | |
| M | 33 | 112.50 | MII | Fulco Vrooland | Algemeen Lid | 200 | 210 | 220 | 110 | 120 | 125 | 325 | 190 | 200 | 210 | 535 | 63.998 | |

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Masters NK Powerliften 2023 • Zondagmiddag (2/2)

Geldrop - 3 December 2023

| 83.0 kg | | | | | | Squat | | | Bench Press | | | Deadlift | | | TOTAL | POINTS | PL | |
|---------|----|-------|------|------------------------|---------------------------|-------|-------|-------|-------------|-------|-------|----------|-----|-------|-------|--------|--------|----|
| M/W | NR | BDW | CAT | NAME | ASSOCIATION | 1 | 2 | 3 | 1 | 2 | 3 | SUB | 1 | 2 | 3 | TOTAL | POINTS | PL |
| M | 26 | 81.40 | MI | Raymond Bruynaers | Loods 37 | 210 | 225 | 235 | 140 | 145 | 150 | 380 | 245 | 262.5 | 270 | 642.5 | 89.820 | |
| M | 9 | 82.80 | MI | Rowan de Miranda | Sterrek Personal Training | 210 | 222.5 | 230 | 140 | 147.5 | 147.5 | 377.5 | 235 | 250 | 255 | 627.5 | 86.968 | |
| M | 6 | 83.00 | MI | William van der Struis | Perfect Performance | 177.5 | 182.5 | 190 | 152.5 | 157.5 | 157.5 | 347.5 | 190 | 202.5 | 202.5 | 537.5 | 74.405 | |
| M | 19 | 81.90 | MIII | Leen Groen | Striktly Powerhouse | 135 | 142.5 | 147.5 | 95 | 102.5 | 107.5 | 245 | 170 | 180 | 0 | 415 | 57.836 | |
| M | 21 | 79.70 | MI | Koen van der Sterren | Krachtlab | 115 | 125 | 135 | 85 | 90 | 100 | 225 | 130 | 140 | 147.5 | 372.5 | 52.637 | |
| M | 22 | 80.80 | MIV | Jan Smits | Jordi Snijders Coaching | 105 | 112.5 | 117.5 | 67.5 | 72.5 | 75 | 190 | 140 | 145 | 152.5 | 342.5 | 48.061 | |

| 93.0 kg | | | | | | Squat | | | Bench Press | | | Deadlift | | | TOTAL | POINTS | PL | |
|---------|----|-------|------|--------------------|---------------------------|-------|-------|-------|-------------|-------|-------|----------|-------|-------|-------|--------|--------|----|
| M/W | NR | BDW | CAT | NAME | ASSOCIATION | 1 | 2 | 3 | 1 | 2 | 3 | SUB | 1 | 2 | 3 | TOTAL | POINTS | PL |
| M | 10 | 91.10 | MI | Job Zeijen | Krachtlab | 220 | 230 | 235.5 | 122.5 | 130 | 132.5 | 368 | 250 | 272.5 | 282 | 640.5 | 84.642 | |
| M | 25 | 91.70 | MI | Scott Wenmakers | Krachtlab | 170 | 200 | 207.5 | 120 | 127.5 | 132.5 | 340 | 210 | 220 | 230 | 570 | 75.083 | |
| M | 1 | 91.60 | MI | Theo Dijkstra | K&C training | 165 | 175 | 185 | 115 | 120 | 125 | 305 | 190 | 200 | 210 | 515 | 67.874 | |
| M | 7 | 89.90 | MI | Anne Bierma | Krachtsportclub Friesland | 145 | 160 | 0 | 105 | 115 | 120 | 280 | 170 | 185 | 0 | 465 | 61.852 | |
| M | 31 | 85.90 | MI | Neil Commandeur | Algemeen Lid | 137.5 | 147.5 | 152.5 | 112.5 | 112.5 | 117.5 | 265 | 170 | 180 | 190 | 455 | 61.906 | |
| M | 29 | 87.80 | MI | Fedde-Geert Kingma | Krachtsportclub Friesland | 145 | 155 | 162.5 | 95 | 100 | 102.5 | 257.5 | 162.5 | 175 | 182.5 | 440 | 59.216 | |
| M | 3 | 91.90 | MIII | Wim Bevers | Sportcentrum TopFit | 130 | 140 | 145 | 90 | 97.5 | 100 | 245 | 172.5 | 182.5 | 185 | 427.5 | 56.252 | |

| 105.0 kg | | | | | | Squat | | | Bench Press | | | Deadlift | | | TOTAL | POINTS | PL | |
|----------|----|--------|------|----------------------|----------------------|-------|---|---|-------------|-----|-----|----------|-----|-----|-------|--------|--------|----|
| M/W | NR | BDW | CAT | NAME | ASSOCIATION | 1 | 2 | 3 | 1 | 2 | 3 | SUB | 1 | 2 | 3 | TOTAL | POINTS | PL |
| M | 23 | 100.60 | MIII | Frans van der Putten | SportArena Eindhoven | 125 | 0 | 0 | 125 | 150 | 175 | 300 | 125 | 175 | 200 | 500 | 62.986 | |

| 120.0+ kg | | | | | | Squat | | | Bench Press | | | Deadlift | | | TOTAL | POINTS | PL | |
|-----------|----|--------|-----|-------------------|----------------|-------|-----|-----|-------------|-------|-----|----------|-----|-------|-------|--------|--------|----|
| M/W | NR | BDW | CAT | NAME | ASSOCIATION | 1 | 2 | 3 | 1 | 2 | 3 | SUB | 1 | 2 | 3 | TOTAL | POINTS | PL |
| M | 24 | 128.00 | MI | Jordi van Munster | Staal & Kracht | 210 | 220 | 225 | 115 | 122.5 | 125 | 347.5 | 235 | 242.5 | 261.5 | 590 | 66.715 | |

Referees (name and signature)

Head referee:

Left referee:

Right referee: