

Scoresheet Junioren NK Powerliften 2023 • Zaterdagochtend: Platform Links (1/2)

Stramproy - 29 April 2023

47.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	2	46.88	JUN	Merel van den Bosch	ESKV Odin	112.5	120	123	62.5	65	67.5	185	115	125	130	310	86.151	

52.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	16	51.82	JUN	Rebecca Croes	Untamed Strength	105	112.5	117.5	70	74	77.5	195	142.5	151.5	155	350	88.642	
W	3	51.00	JUN	Soo Jin van Dalen	De Krachtformule	105	110	115	55	57.5	60	167.5	127.5	130	135	302.5	77.685	
W	1	49.80	JUN	Carlijne Schmid	Untamed Strength	102.5	107.5	112.5	57.5	60	62.5	167.5	132.5	142.5	150	300	78.706	

57.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	19	56.26	JUN	Kristel Sas	TSKV Spartacus	110	115	120	77.5	80	82.5	200	152.5	160	160	352.5	83.507	
W	25	56.38	JUN	Sanne van Loon	Supreme Strength Coaching	107.5	115	115	70	70	72.5	187.5	135	142.5	147.5	330	78.049	

63.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	14	62.50	JUN	Betty Aborah	9 for 9 coaching	147.5	155	162.5	75	80	82.5	245	197.5	207.5	207.5	452.5	99.512	
W	23	60.66	JUN	Lisa van Kempen	Supreme Strength Coaching	125	125	132.5	60	65	65	197.5	155	162.5	167.5	365	81.886	
W	7	62.46	JUN	Tess Hille	TSKV Spartacus	130	135	137.5	65	67.5	67.5	202.5	147.5	152.5	160	355	78.102	
W	24	61.56	JUN	Esmée Berendsen	The Bearded Coach	115	125	130	70	75	77.5	205	125	135	142.5	347.5	77.188	
W	21	62.34	JUN	Maria Huver	Beresterk	115	120	125	65	67.5	67.5	185	112.5	120	127.5	312.5	68.839	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

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Stramproy - 29 April 2023

59.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	9	58.04	JUN	Jordy Gaartman	Untamed Strength	145	155	162.5	95	100	100	250	190	200	213	450	75.120	
M	11	58.24	JUN	Bert Haze	Demonstrength	140	145	150	80	85	90	235	170	180	182.5	415	69.150	

66.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	6	65.90	JUN	Tyrese Zichem	Demonstrength	197.5	207.5	211	107.5	115	120	327.5	242.5	252.5	0	570	88.925	
M	4	65.32	JUN	Richard Duits	Iron House Co	185	195	197.5	107.5	115	115	312.5	215	225	237.5	537.5	84.248	
M	8	64.72	JUN	Olav Horward	Untamed Strength	160	170	175	105	110	0	285	210	220	220	505	79.543	
M	5	65.22	JUN	Stephan Munneke	Iron House Co	160	167.5	172.5	95	100	102.5	275	190	200	205	480	75.297	
M	12	65.50	JUN	Mauritius van Maurik	ESKV Odin	152.5	162.5	167.5	110	115	120	277.5	180	190	195	467.5	73.170	
M	22	64.86	JUN	Tom Laverman	NSKV Profectus	147.5	152.5	157.5	95	100	105	262.5	180	190	200	462.5	72.765	
M	20	65.44	JUN	Diaz van Meel	Untamed Strength	150	157.5	160	85	90	95	252.5	190	197.5	202.5	450	70.465	
M	10	64.54	JUN	Kelvin Mahadew	Demonstrength	142.5	150	152.5	92.5	100	105	252.5	180	190	202.5	442.5	69.801	

Referees (name and signature)

Head referee:

Left referee:

Right referee: