

Scoresheet Open NK Powerliften 2023 • Zondagochtend: Platform Zuid (1/2)

Tilburg - 26 February 2023

63.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	22	62.87	OPEN	Esmee Dijjers	Krachtlab	145	150	155	75	80	85	240	187.5	200	210	440	96.393	
W	7	62.80	OPEN	Kaylee-Sue Danies	GSKV Northside Barbell	140	140	150	77.5	82.5	85	225	162.5	170	182.5	407.5	89.337	
W	9	61.08	OPEN	Janneke Brauckman	Beresterk	135	142.5	145	85	90	92.5	235	162.5	170	175	405	90.434	
W	10	62.21	OPEN	Sanne van der Ploeg	Algemeen Lid	137.5	145	150	77.5	82.5	85	227.5	162.5	170	185	397.5	87.683	
W	17	61.41	OPEN	Aysun Cakmak (MI)	Strength Academy	120	130	130	75	77.5	80	207.5	160	167.5	175	382.5	85.102	
W	18	61.62	OPEN	Eva de Langen	Perfect Performance	127.5	135	140	67.5	70	72.5	210	157.5	167.5	175	377.5	83.798	
W	15	62.02	OPEN	Marije Dollen	StrengthValleyNL	110	117.5	122.5	70	77.5	80	200	140	150	157.5	357.5	79.018	
W	21	59.84	OPEN	Grace Heijns	Staal & Kracht	125	125	130	62.5	67.5	72.5	197.5	145	155	165	352.5	79.827	
W	1	58.89	OPEN	Viola Gyed	Striktly Powerhouse	122.5	127.5	132.5	67.5	67.5	70	197.5	142.5	150	155	347.5	79.589	
W	3	62.22	OPEN	Florence Peeters	Grow Coaching	122.5	127.5	127.5	75	80	82.5	207.5	132.5	140	150	347.5	76.645	
W	19	62.31	OPEN	Sarah Rahman	Algemeen Lid	125	130	130	55	60	62.5	187.5	150	160	0	337.5	74.369	
W	11	62.98	OPEN	Marije van Bloois	Team Better Stronger	115	122.5	130	62.5	67.5	67.5	185	135	142.5	145	327.5	71.666	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Open NK Powerliften 2023 • Zondagochtend: Platform Zuid (2/2)

Tilburg - 26 February 2023

84.0+ kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	2	89.56	OPEN	Ilrish Kensenhuis	NKV Atlas	170	177.5	180	92.5	97.5	100	280	207.5	220	229	500	92.231	
W	16	86.59	OPEN	Ielja Strik (MII)	Perfect Performance	175	182.5	187.5	122.5	127.5	127.5	310	180	187.5	195	497.5	92.876	
W	4	103.66	OPEN	Vrony Peters	Strength Academy	192.5	200	202.5	75	75	77.5	275	185	190	190	460	81.280	
W	6	103.17	OPEN	Larissa Bastiani	StrengthValleyNL	135	147.5	152.5	75	80	82.5	232.5	185	197.5	202.5	430	76.068	
W	20	93.44	OPEN	Mirjam Loerakker (MI)	Enforce Hoofddorp	145	155	165	70	75	75	230	165	175	185	415	75.492	
W	14	115.89	OPEN	Sterre van Krimpen	Sterrek Personal Training	152.5	160	160	77.5	82.5	87.5	235	157.5	170	175	405	69.857	
W	12	117.39	OPEN	Brittney van den Berg	Striktly Powerhouse	155	170	175	95	105	105	170	175	185	185	0	0.000	

Referees (name and signature)

Head referee:

Left referee:

Right referee: