

# Scoresheet Northside Barbell Summer Cup 2023 • Zondagochtend (1/2)

Groningen - 4 June 2023

57.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	24	55.66	OPEN	Viola Gyed	Striktly Powerhouse	127.5	<del>132.5</del>	135	70	<del>72.5</del>	72.5	207.5	147.5	<del>155</del>	155	355	84.797	
W	10	56.46	OPEN	Simone Scheltens	Push & Pull Fitness	92.5	100	105	60	62.5	65	170	122.5	130	135	305	72.059	
W	11	55.94	OPEN	Mieke Hubers (MI)	K&C training	95	100	<del>102.5</del>	45	<del>50</del>	50	145	115	122.5	130	275	65.433	
W	8	56.14	OPEN	Alexandra Lugtigheid-Rellum (MI)	Sterrek Personal Training	55	60	65	32.5	35	<del>37.5</del>	100	75	82.5	87.5	187.5	44.491	

69.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	29	67.42	OPEN	Sytske Bekker	East End Strength Sports	125	132.5	137.5	75	77.5	80	217.5	150	160	167.5	385	80.816	
W	9	66.69	OPEN	Chenine Bleumink	K&C training	127.5	132.5	<del>137.5</del>	70	75	<del>77.5</del>	207.5	140	150	<del>155</del>	357.5	75.521	
W	19	67.46	OPEN	Nina Yzer	Krachtlab	117.5	122.5	125	<del>60</del>	60	62.5	187.5	130	137.5	142.5	330	69.247	
W	4	67.76	OPEN	Sanne van Delden	Push & Pull Fitness	97.5	<del>102.5</del>	102.5	60	65	<del>67.5</del>	167.5	125	132.5	140	307.5	64.361	
W	1	68.16	OPEN	Julie Rossell	Krachtlab	90	95	100	52.5	57.5	60	160	127.5	132.5	<del>135</del>	292.5	61.017	
W	12	66.96	OPEN	Julia Lanser (MI)	Sterrek Personal Training	87.5	95	100	42.5	47.5	52.5	152.5	110	117.5	125	277.5	58.483	
W	16	67.92	OPEN	Amber Sentener	Team Better Stronger	97.5	<del>102.5</del>	<del>102.5</del>	47.5	50	52.5	150	115	120	125	275	57.481	
W	21	66.52	OPEN	Inge Rijnders (MI)	Sterrek Personal Training	77.5	82.5	87.5	37.5	40	42.5	130	97.5	105	107.5	237.5	50.247	
W	15	67.68	OPEN	Bregje Pol (MI)	Sterrek Personal Training	75	<del>80</del>	80	32.5	35	37.5	117.5	92.5	102.5	105	222.5	46.602	
W	17	67.72	OPEN	Diane van der Hoeven	GSKV Northside Barbell	<del>90</del>	<del>92.5</del>	<del>92.5</del>	57.5	<del>62.5</del>	62.5	62.5	115	122.5	125	0	0.000	

## Referees (name and signature)

Head referee:

Left referee:

Right referee:

# Scoresheet Northside Barbell Summer Cup 2023 • Zondagochtend (2/2)

Groningen - 4 June 2023

84.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	14	83.34	OPEN	Gioia Buijs	Victory Culture	120	130	135	65	70	72.5	205	140	152.5	157.5	357.5	67.723	
W	5	78.88	OPEN	Aniek Nijland (J)	Beresterk	120	127.5	132.5	57.5	62.5	65	197.5	145	152.5	155	352.5	68.330	
W	23	79.18	OPEN	Aniek te Kronnie	K&C training	130	135	137.5	50	52.5	55	190	140	155	162.5	352.5	68.217	
W	3	82.36	OPEN	Fay Middel (J)	Untamed Strength	105	112.5	117.5	77.5	80	82.5	200	127.5	137.5	142.5	337.5	64.239	
W	6	82.50	OPEN	Lies Annema (J)	Gym Iron Heart	102.5	112.5	120	65	67.5	70	182.5	140	152.5	157.5	335	63.719	
W	30	80.08	OPEN	Marjan Steenge	Beresterk	107.5	115	120	52.5	57.5	60	177.5	147.5	155	160	332.5	64.032	
W	22	83.82	OPEN	Lotte Spijker-Smallenburg	Sterrek Personal Training	80	85	85	55	60	60	140	112.5	125	130	270	51.032	
W	25	80.86	OPEN	Rachel Betancourt (MI)	Sterrek Personal Training	70	75	77.5	40	42.5	42.5	117.5	95	102.5	105	220	42.193	
W	20	83.74	OPEN	Wasila Moktefi	GSKV Northside Barbell	110	117.5	122.5	65	65	65	122.5	107.5	115	125	0	0.000	

84.0+ kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	2	84.60	OPEN	Elbrich Fokkinga (J)	GSKV Northside Barbell	97.5	102.5	107.5	57.5	60	62.5	165	140	147.5	157.5	322.5	60.736	
W	18	91.88	OPEN	Bianca van Olst	Sterrek Personal Training	77.5	82.5	87.5	45	47.5	50	135	107.5	115	120	250	45.723	

## Referees (name and signature)

Head referee:

Left referee:

Right referee: