

Scoresheet Northside Barbell Summer Cup 2023 • Zaterdagochtend (1/2)

Groningen - 3 June 2023

63.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	18	59.10	OPEN	Roos Otten	Beresterk	100	107.5	110	55	57.5	60	167.5	135	145	150	317.5	72.534	
W	4	60.80	OPEN	Erzsébet Jennifer Kovacs	Striktly Powerhouse	102.5	105	110	62.5	67.5	67.5	172.5	130	135	135	307.5	68.878	
W	22	61.40	OPEN	Kelly Senden	Perfect Performance	95	102.5	110	60	65	65	170	127.5	135	140	305	67.866	
W	3	59.58	OPEN	Stefanie Faber	Iron House Co	102.5	107.5	110	52.5	57.5	60	170	125	132.5	137.5	302.5	68.713	
W	24	61.54	OPEN	Simone Verhoef	Perfect Performance	95	100	105	60	62.5	65	162.5	125	130	135	292.5	64.986	
W	15	61.60	OPEN	Anieke Schaap	GSKV Northside Barbell	77.5	85	90	45	47.5	50	140	112.5	122.5	130	270	59.948	
W	8	61.82	OPEN	Amber Ligtlee (J)	K&C training	85	90	95	40	45	47.5	135	95	105	107.5	240	53.161	
W	17	61.10	OPEN	Lydian Medema (MI)	Team Better Stronger	67.5	70	72.5	45	47.5	50	120	97.5	102.5	107.5	227.5	50.788	

66.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	26	65.38	OPEN	Ishvar Lalbahadoersing	Barbell Lifestyle	145	152.5	155	100	105	107.5	262.5	185	195	202.5	465	72.849	

74.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	1	73.34	OPEN	Martijn de Olde	Perfect Performance	180	190	197.5	120	125	127.5	322.5	230	245	252.5	575	84.810	
M	27	71.84	OPEN	Nick Imminga	East End Strength Sports	150	157.5	165	95	100	105	262.5	172.5	182.5	190	452.5	67.463	
M	21	72.72	OPEN	Freak Okkema	GSKV Northside Barbell	132.5	142.5	147.5	82.5	87.5	90	237.5	177.5	187.5	192.5	430	63.703	
M	20	71.70	OPEN	Sem Eringa (S-J)	Ultima Fitness BV	125	135	145	60	67.5	72.5	202.5	180	190	200	402.5	60.070	
M	11	66.96	OPEN	Bas van der Veen (J)	GSKV Northside Barbell	122.5	130	137.5	72.5	77.5	82.5	215	152.5	165	172.5	387.5	59.946	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

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52.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	14	51.88	OPEN	Anouk Greve	Krachtlab	120	125	127.5	72.5	75	77.5	205	140	150	160	365	92.348	
W	28	50.22	OPEN	Lene de Jong (J)	SKVU Obelix	80	80	82.5	50	52.5	55	135	105	110	115	250	65.091	

76.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	19	75.58	OPEN	Nienke Eilander	East End Strength Sports	150	157.5	160	65	65	67.5	225	160	167.5	172.5	397.5	78.575	
W	16	74.28	OPEN	Angeline Bosma	Legacy Gym	125	125	125	67.5	70	70	192.5	155	165	165	357.5	71.263	
W	6	72.52	OPEN	Aniek Brugman	Team LorenzM	107.5	115	120	65	70	72.5	190	140	150	157.5	347.5	70.107	
W	25	70.46	OPEN	Isa Boonstra (J)	GSKV Northside Barbell	105	112.5	117.5	67.5	70	75	192.5	130	140	152.5	345	70.662	
W	10	76.00	OPEN	Eline Blok (J)	Perfect Performance	92.5	100	105	72.5	75	80	185	122.5	130	135	315	62.104	
W	33	74.72	OPEN	Ilona van der Veer	Victory Culture	92.5	100	102.5	62.5	67.5	67.5	170	127.5	135	142.5	312.5	62.114	
W	31	75.16	OPEN	Linde Gorissen (J)	Huijser Coaching	95	102.5	105	47.5	50	52.5	155	122.5	130	140	285	56.487	
W	12	70.72	OPEN	Tirsa Piergoelam (J)	JordiLiftz	80	85	90	55	57.5	60	150	100	110	117.5	267.5	54.680	
W	23	75.56	OPEN	Bente Oosterwold (J)	Team Better Stronger	75	77.5	82.5	47.5	50	52.5	135	115	122.5	130	265	52.390	
W	34	73.18	OPEN	Myrthe Veenstra (J)	Beresterk	77.5	85	92.5	45	47.5	50	140	95	105	112.5	252.5	50.707	
W	29	74.10	OPEN	Marieke Visser	IdunaCoaching	72.5	77.5	82.5	42.5	45	47.5	130	97.5	105	112.5	242.5	48.397	

Referees (name and signature)

Head referee:

Left referee:

Right referee: