

Scoresheet Northside Barbell Winter Cup 2023 • Zondagmiddag (1/2)

Groningen - 15 January 2023

84.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	35	82.34	OPEN	Lapanda Mampikin (MI)	Sportcentrum TopFit	152.5	152.5	162.5	90	95	95	247.5	180	180	190	437.5	83.281	
W	1	83.82	OPEN	Britt Krijger (J)	Grow Coaching	142.5	142.5	147.5	70	72.5	75	222.5	150	157.5	162.5	380	71.823	
W	38	81.04	OPEN	Sabine Hutten (J)	Grow Coaching	115	122.5	130	65	67.5	72.5	202.5	147.5	155	160	362.5	69.458	
W	56	81.90	OPEN	Larissa Koning	Beresterk	115	122.5	127.5	60	62.5	65	192.5	135	142.5	150	342.5	65.340	
W	15	77.58	OPEN	Marjan Steenge	East End Strength Sports	107.5	112.5	117.5	52.5	57.5	60	175	142.5	150	155	325	63.469	
W	12	83.56	OPEN	Anne van Gils (J)	Grow Coaching	120	127.5	132.5	57.5	62.5	67.5	195	127.5	135	135	322.5	61.030	

84.0+ kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	23	98.06	OPEN	Danique de Vries	Huijser Coaching	127.5	132.5	137.5	55	60	65	202.5	125	132.5	140	342.5	61.414	
W	40	94.26	OPEN	Evelyne Fraats (J)	Algemeen Lid	117.5	125	130	52.5	55	55	177.5	132.5	140	147.5	325	58.960	
W	26	95.10	OPEN	Juliëtte van Teijlingen (J)	Perfect Performance	110	117.5	122.5	55	60	62.5	185	140	155	155	325	58.800	
W	54	86.90	OPEN	Fay Middel (J)	Untamed Strength	95	100	105	75	80	82.5	180	125	137.5	145	317.5	59.195	
W	17	95.00	OPEN	Pien van Leeuwen	IdunaCoaching	105	105	110	62.5	65	67.5	170	127.5	135	140	310	56.104	
W	48	89.98	OPEN	Eva Raat (MI)	Enforce Hoofddorp	90	100	110	40	50	50	160	125	135	145	295	54.329	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

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Groningen - 15 January 2023

83.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3			
M	42	80.92	OPEN	Berend Moormann (J)	Grow Coaching	200	210	220	125	132.5	135	355	220	235	250	605	84.832	
M	39	80.88	OPEN	Ming Yiem Man (J)	Untamed Strength	170	175	175	132.5	135	140	315	235	240	250	565	79.244	
M	5	82.20	OPEN	Martijn Warndorff	3 for 9	177.5	187.5	195	125	130	130	325	215	227.5	240	565	78.595	
M	22	82.52	OPEN	Tuan Pham	Beresterk	190	200	207.5	122.5	127.5	127.5	322.5	210	222.5	235	557.5	77.399	
M	11	80.92	OPEN	Jens Westra (J)	9 for 9 coaching	165	175	180	107.5	115	120	300	197.5	210	0	510	71.512	
M	18	81.72	OPEN	Leroy Mourits (J)	SKVU Obelix	180	180	180	100	105	107.5	285	210	225	230	510	71.155	
M	34	81.60	OPEN	Casper Bielawski	GSKV Northside Barbell	165	175	182.5	105	105	105	280	190	200	210	480	67.020	
M	51	81.58	OPEN	Jorrit Sjoerdsma (J)	Strength For All	135	140	145	85	90	92.5	235	190	200	205	440	61.442	

Referees (name and signature)

Head referee:

Left referee:

Right referee: