

Scoresheet Northside Barbell Winter Cup 2023 • Zaterdagochtend (1/2)

Groningen - 14 January 2023

47.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	41	46.88	OPEN	Anna Ning Roessingh (J)	Beresterk	70	75	77.5	40	42.5	45	120	95	102.5	110	222.5	61.834	

57.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	29	56.24	OPEN	Sandra Wildeman (MI)	RAF Sport	92.5	100	105	65	70	75	175	90	105	125	280	66.350	
W	34	55.72	OPEN	Jasmine Kosidin (S-J)	Beresterk	72.5	77.5	85	42.5	45	47.5	132.5	100	110	115	247.5	59.069	

63.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	11	62.38	OPEN	Kaylee-Sue Danies	GSKV Northside Barbell	115	120	127.5	70	75	80	200	140	142.5	162.5	362.5	79.820	
W	22	60.74	OPEN	Lisa van Kempen (J)	Strength Academy	120	132.5	142.5	57.5	62.5	65	197.5	150	162.5	165	360	80.691	
W	35	61.82	OPEN	Lisette de Vries	Grow Coaching	100	105	110	55	57.5	57.5	165	130	137.5	142.5	307.5	68.112	
W	7	62.16	OPEN	Suzanne Bergstra	Grow Coaching	90	95	100	47.5	50	52.5	147.5	105	112.5	115	252.5	55.727	

69.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	21	67.46	OPEN	Amber Sentener	Grow Coaching	90	95	100	50	52.5	55	155	107.5	115	120	275	57.706	
W	14	67.06	OPEN	Annabel van Wonderen	Grow Coaching	85	90	95	50	52.5	55	145	102.5	110	117.5	262.5	55.273	
W	31	67.82	OPEN	Julia Lanser (MI)	Sterrek Personal Training	75	80	90	45	45	47.5	137.5	95	105	110	247.5	51.777	
W	5	67.70	OPEN	Inge Rijnders (MI)	Sterrek Personal Training	70	75	75	37.5	40	42.5	112.5	95	105	105	217.5	45.547	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Northside Barbell Winter Cup 2023 • Zaterdagochtend (2/2)

Groningen - 14 January 2023

69.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	32	68.40	OPEN	Sytske Bekker	East End Strength Sports	117.5	122.5	122.5	70	72.5	75	197.5	140	147.5	150	347.5	72.346	
W	9	66.80	OPEN	Amy Hage	Beresterk	115	120	125	65	70	70	190	140	147.5	155	345	72.810	
W	8	68.62	OPEN	Amber Mes (J)	IdunaCoaching	125	132.5	140	47.5	52.5	55	187.5	135	145	150	337.5	70.137	
W	26	68.34	OPEN	Kim Hoetjes-Mulders (MI)	East End Strength Sports	122.5	122.5	130	70	72.5	75	195	127.5	135	137.5	330	68.737	
W	10	67.70	OPEN	Annemie van Lakwijk (J)	IdunaCoaching	115	120	125	50	52.5	55	177.5	135	142.5	150	327.5	68.582	
W	25	67.14	OPEN	Ody de Greeff (J)	Team LorenzM	107.5	115	120	62.5	67.5	70	187.5	122.5	132.5	132.5	320	67.334	
W	27	64.40	OPEN	Saskia Taams	Beresterk	100	105	107.5	57.5	60	62.5	170	132.5	140	145	315	67.965	
W	2	68.54	OPEN	Dorien Keunen (J)	NKV Atlas	102.5	107.5	107.5	65	70	72.5	172.5	122.5	130	135	307.5	63.945	
W	6	67.58	OPEN	Amy Driesse (J)	DSKV IJzersterk	97.5	105	112.5	57.5	62.5	65	167.5	125	137.5	142.5	305	63.936	
W	16	67.60	OPEN	Olivia Meng	DSKV IJzersterk	110	117.5	125	42.5	45	47.5	170	120	127.5	135	297.5	62.353	
W	39	65.98	OPEN	Daniek Muller	GSKV Northside Barbell	92.5	100	107.5	45	47.5	50	147.5	112.5	120	125	267.5	56.869	

Referees (name and signature)

Head referee:

Left referee:

Right referee: