

# Scoresheet Lichtstad Cup 2.0 2023 • Zondagochtend: Platform Rechts (1/2)

Eindhoven - 24 December 2023

69.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	18	68.70	OPEN	Whitney Nedd	Strength Valley	127.5	135	142.5	70	75	77.5	220	162.5	172.5	180	400	83.071	
W	10	67.44	OPEN	Damaris Bredow (S-J)	Staal & Kracht	130	140	145	65	72.5	<del>75</del>	217.5	150	160	167.5	385	80.802	
W	20	67.86	OPEN	Debora Soeters	Vondelgym	130	137.5	142.5	65	<del>67.5</del>	67.5	210	150	157.5	165	375	78.423	
W	2	67.20	OPEN	Estée Berkers (J)	Strength For All	130	137.5	<del>145</del>	52.5	57.5	<del>60</del>	195	140	145	152.5	347.5	73.083	
W	8	68.96	OPEN	Romy Peeters (J)	Krachtlab	120	130	135	47.5	<del>52.5</del>	<del>52.5</del>	182.5	145	157.5	165	347.5	72.016	
W	12	67.88	OPEN	Jella van de Laak	Krachtlab	115	120	<del>125</del>	60	<del>65</del>	65	185	135	145	150	335	70.046	
W	14	64.34	OPEN	Chloé Vermeer	Van Nistelrooij powerlifting	115	120	<del>125</del>	55	57.5	<del>60</del>	177.5	140	147.5	152.5	330	71.242	
W	21	67.86	OPEN	Evy Moonen (J)	Krachtlab	105	<del>112.5</del>	112.5	45	50	<del>52.5</del>	162.5	110	120	127.5	290	60.647	
W	24	65.76	OPEN	Roëlle Bosma	TSKV Spartacus	87.5	95	<del>100</del>	50	52.5	<del>55</del>	147.5	115	122.5	130	277.5	59.113	
W	6	66.98	OPEN	Pascalie Romeijn	Algemeen Lid	90	97.5	100	52.5	55	57.5	157.5	115	<del>120</del>	120	277.5	58.473	
W	25	67.48	OPEN	Merel van Buren (J)	TSKV Spartacus	87.5	92.5	<del>95</del>	45	47.5	<del>50</del>	140	92.5	97.5	102.5	242.5	50.877	
W	4	67.84	OPEN	Milou Koole (S-J)	Algemeen Lid	60	70	<del>82.5</del>	42.5	45	<del>50</del>	115	100	115	<del>130</del>	230	48.108	

## Referees (name and signature)

Head referee:

Left referee:

Right referee:

# Scoresheet Lichtstad Cup 2.0 2023 • Zondagochtend: Platform Rechts (2/2)

Eindhoven - 24 December 2023

76.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	19	72.44	OPEN	Siham El Yaakoubi	Algemeen Lid	155	165	172.5	70	75	82.5	240	165	175	185	425	85.791	
W	5	73.20	OPEN	Nina Yzer	Krachtlab	135	142.5	145	65	67.5	70	215	150	157.5	165	372.5	74.795	
W	15	73.56	OPEN	Joan Steeman (MI)	Algemeen Lid	112.5	117.5	122.5	72.5	75	77.5	197.5	142.5	152.5	155	350	70.105	
W	1	73.90	OPEN	Bente Van Beek (S-J)	Striktly Powerhouse	122.5	130	135	55	60	62.5	197.5	127.5	140	145	337.5	67.447	
W	22	73.80	OPEN	Imke Rutten	Van Nistelrooij powerlifting	122.5	130	135	50	57.5	60	192.5	125	132.5	140	332.5	66.492	
W	17	75.06	OPEN	Kimberley de Groot	Algemeen Lid	115	122.5	130	55	62.5	67.5	192.5	125	135	142.5	327.5	64.952	
W	23	76.00	OPEN	Eline De Waal (J)	Algemeen Lid	95	97.5	100	60	62.5	62.5	160	127.5	137.5	145	305	60.133	
W	9	74.56	OPEN	Mette D'hond	Iron Helix	100	105	110	60	60	62.5	172.5	120	127.5	132.5	300	59.691	
W	7	75.00	OPEN	Anne Poelman (J)	TSKV Spartacus	102.5	110	115	60	62.5	65	172.5	112.5	122.5	132.5	295	58.529	
W	16	70.98	OPEN	Ciska Brommer (J)	ESKV Odin	95	102.5	110	47.5	50	52.5	152.5	105	117.5	130	282.5	57.634	
W	26	73.96	OPEN	Celine Brochard	Perfect Performance	97.5	102.5	107.5	52.5	57.5	62.5	170	95	102.5	112.5	282.5	56.433	

## Referees (name and signature)

Head referee:

Left referee:

Right referee: