

# Scoresheet Lichtstad Cup 2.0 2023 • Zondagochtend: Platform Links (1/2)

Eindhoven - 24 December 2023

84.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	5	82.42	OPEN	Lisa Zuiderduin (J)	Jordi Snijders Coaching	150	160	162.5	67.5	72.5	75	235	180	192.5	205	427.5	81.345	
W	15	83.00	OPEN	Priscilla Jamiesha Zaalman	Perfect Performance	130	137.5	142.5	60	65	67.5	207.5	160	165	170	377.5	71.629	
W	18	81.80	OPEN	Kim Dolmans	Algemeen Lid	115	120	127.5	57.5	62.5	65	182.5	135	140	147.5	330	62.987	

84.0+ kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	19	107.64	OPEN	Noëmi Lamp	Algemeen Lid	135	150	162.5	55	65	70	232.5	170	182.5	195	427.5	74.866	
W	6	85.72	OPEN	Veerle Lammers (J)	Loods 37	125	132.5	140	80	85	90	230	165	175	185	415	77.766	
W	11	99.44	OPEN	Sanna van Keulen (J)	Algemeen Lid	112.5	117.5	122.5	77.5	82.5	85	200	172.5	177.5	182.5	382.5	68.321	
W	4	92.28	OPEN	Larissa Eisma	Algemeen Lid	107.5	107.5	117.5	55	62.5	67.5	185	127.5	135	142.5	327.5	59.812	
W	2	100.66	OPEN	Elle Bouman	TSKV Spartacus	102.5	110	117.5	47.5	52.5	55	165	115	125	132.5	297.5	52.964	

74.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	20	73.16	OPEN	Mike Scheres (J)	Team Francke powerlifting	152.5	165	172.5	90	95	100	272.5	170	185	200	457.5	67.565	
M	25	71.67	OPEN	Sander Deenen	Algemeen Lid	107.5	117.5	125	82.5	87.5	90	215	140	152.5	165	367.5	54.859	

## Referees (name and signature)

Head referee:

Left referee:

Right referee:

# Scoresheet Lichtstad Cup 2.0 2023 • Zondagochtend: Platform Links (2/2)

Eindhoven - 24 December 2023

74.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	23	73.45	OPEN	Hiresh Jadoenathmissier	DSKV IJzersterk	170	<del>180</del>	180	125	<del>130</del>	130	305	195	205	<del>215</del>	510	75.164	
M	9	71.42	OPEN	Johny Paelinck (MI)	Jordi Snijders Coaching	175	185	192.5	107.5	112.5	115	307.5	187.5	200	<del>202.5</del>	507.5	75.896	
M	14	73.34	OPEN	Lukas Hoogendam (S-J)	Powerbuild Coaching	155	167.5	175	100	105	110	285	195	205	217.5	502.5	74.116	
M	1	72.34	OPEN	Floris van Soest (J)	Algemeen Lid	170	180	185	95	105	110	295	195	<del>202.5</del>	205	500	74.276	
M	12	73.94	OPEN	Yi Ming Chen	Iron House Co	160	167.5	175	110	<del>112.5</del>	<del>112.5</del>	285	185	192.5	200	485	71.233	
M	31	72.97	OPEN	Olivier Poulus (S-J)	Algemeen Lid	145	152.5	160	110	117.5	<del>122.5</del>	277.5	195	<del>212.5</del>	<del>212.5</del>	472.5	69.875	
M	30	73.69	OPEN	Moos kuijpers (S-J)	Deliberate Strength	<del>157.5</del>	157.5	165	85	92.5	102.5	267.5	175	187.5	<del>200</del>	455	66.944	
M	29	70.54	OPEN	Abhay Isrie (J)	DSKV IJzersterk	135	145	150	100	<del>105</del>	<del>105</del>	250	190	200	<del>210</del>	450	67.734	
M	27	70.97	OPEN	Jonathan Cardona Ceballos (J)	Krachtlab	145	155	162.5	95	100	105	267.5	155	165	172.5	440	66.018	
M	10	73.16	OPEN	Stan Geraedts (J)	9 for 9 coaching	132.5	<del>142.5</del>	<del>142.5</del>	95	100	105	237.5	<del>180</del>	180	195	432.5	63.873	
M	22	71.60	OPEN	Luc Janssen (S-J)	Algemeen Lid	140	<del>150</del>	155	<del>92.5</del>	100	<del>105</del>	255	150	165	175	430	64.221	
M	28	70.23	OPEN	Cas van Dijk (S-J)	Algemeen Lid	135	142.5	147.5	72.5	80	<del>87.5</del>	227.5	<del>172.5</del>	182.5	<del>190</del>	410	61.856	
M	26	67.15	OPEN	Rik van Bakel (J)	3 for 9	<del>120</del>	<del>120</del>	<del>120</del>	85	90	<del>95</del>	90	135	142.5	145	0	0.000	

## Referees (name and signature)

Head referee:

Left referee:

Right referee: