

Scoresheet Lichtstad Cup 2.0 2023 • Zondagmiddag: Platform Links (1/2)

Eindhoven - 24 December 2023

47.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	14	44.38	OPEN	Suhana Voskuilen (J)	Powerbuild Coaching	100	107.5	112.5	52.5	55	60	167.5	125	135	142.5	310	91.177	

52.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	15	51.58	OPEN	Tessa Schaper	Algemeen Lid	112.5	112.5	120	57.5	62.5	65	182.5	117.5	127.5	132.5	310	78.827	
W	8	51.04	OPEN	Jasmine Kosidin (S-J)	Pjotrs Powertraining	82.5	87.5	92.5	45	47.5	50	140	115	125	127.5	265	68.007	

57.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	18	56.16	OPEN	Sanne van Loon (J)	Abyss	107.5	115	120	67.5	72.5	77.5	197.5	132.5	142.5	150	340	80.655	
W	9	54.00	OPEN	Melanie Scalf (S-J)	2to1 Coaching	117.5	125	127.5	60	62.5	65	190	137.5	145	150	335	81.967	
W	20	55.98	OPEN	Talitha Guerrero Obando	Freriks Barbell club	87.5	92.5	97.5	57.5	62.5	65	157.5	115	122.5	130	287.5	68.370	
W	17	55.40	OPEN	Esther Hulst	Striktly Powerhouse	77.5	85	85	40	42.5	47.5	120	130	137.5	142.5	262.5	62.931	
W	21	56.56	OPEN	Ylia de Bruin (S-J)	Algemeen Lid	85	90	100	45	52.5	60	142.5	90	102.5	112.5	255	60.165	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

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63.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	2	61.48	OPEN	Aysun Cakmak (MI)	Jordi Snijders Coaching	120	127.5	130	77.5	80	0	210	160	175	175	370	82.258	
W	5	62.10	OPEN	Michelle Doek (J)	Krachtlab	112.5	117.5	125	52.5	60	65	182.5	140	152.5	160	342.5	75.639	
W	11	60.76	OPEN	Erzsébet Jennifer Kovacs	Striktly Powerhouse	105	112.5	120	60	62.5	65	175	130	142.5	150	317.5	71.149	
W	3	61.28	OPEN	Sena Coskun (S-J)	Algemeen Lid	102.5	110	112.5	52.5	57.5	60	170	115	127.5	140	297.5	66.284	
W	12	60.62	OPEN	Cassandra Schoonbrood (S-J)	Simplystrength	105	110	115	55	60	70	175	110	120	127.5	295	66.211	
W	22	61.40	OPEN	Simone Verhoef	Perfect Performance	92.5	97.5	100	57.5	60	62.5	162.5	120	127.5	132.5	295	65.641	
W	19	62.62	OPEN	Sophie Otten (S-J)	Van Nistelrooij powerlifting	110	117.5	117.5	50	52.5	55	165	115	122.5	127.5	287.5	63.147	
W	1	60.22	OPEN	Kailina Vogel (S-J)	Apeldoorn Powercoaching	80	85	90	40	45	47.5	135	127.5	132.5	135	270	60.876	
W	6	61.72	OPEN	Simone de Jonge (J)	Team Francke powerlifting	95	97.5	102.5	47.5	50	52.5	150	110	115	120	270	59.870	
W	10	61.86	OPEN	Susan Brusselers	Jordi Snijders Coaching	80	87.5	87.5	47.5	50	52.5	140	100	110	112.5	252.5	55.906	

Referees (name and signature)

Head referee:

Left referee:

Right referee: