

Scoresheet Lichtstad Cup 2.0 2023 • Zaterdagochtend: Platform Links (1/2)

Eindhoven - 23 December 2023

93.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	24	92.32	OPEN	Jim van de Ven	Striktly Powerhouse	190	200	205	130	135	140	345	230	245	255	600	78.775	
M	27	92.04	OPEN	Daan Griffioen (J)	2to1 Coaching	170	180	190	135	142.5	147.5	337.5	225	240	250	587.5	77.248	
M	10	92.60	OPEN	Damian van Kasteren (J)	Algemeen Lid	195	200	210	120	125	132.5	342.5	210	227.5	227.5	570	74.725	
M	9	91.62	OPEN	Caz Ramaker	ASKV Kratos	187.5	197.5	207.5	110	117.5	127.5	325	225	240	250	565	74.456	
M	31	91.46	OPEN	Milan Daalhuisen	Adapt Powerlifting	170	177.5	185	117.5	125	130	310	190	202.5	212.5	522.5	68.915	

120.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	22	112.70	OPEN	Thomas Tijdeman	Sportcentrum TopFit	220	235	247.5	142.5	150	155	397.5	220	227.5	232.5	630	75.301	
M	25	113.60	OPEN	Lars Jongerden	Algemeen Lid	197.5	197.5	215	145	155	160	375	220	235	250	625	74.438	
M	12	109.86	OPEN	Arvid Maarleveld	DSKV IJzersterk	180	190	195	120	127.5	135	330	260	272.5	285	615	74.364	
M	4	113.16	OPEN	Jayco de Ligt (J)	Adapt Powerlifting	200	210	217.5	122.5	130	135	345	247.5	262.5	270	615	73.374	
M	36	113.34	OPEN	Rick van Leuteren	Algemeen Lid	180	180	190	105	110	115	295	190	205	212.5	507.5	60.505	
M	18	112.22	OPEN	Kevin Evers	TSKV Spartacus	165	175	182.5	102.5	107.5	112.5	282.5	192.5	202.5	212.5	495	59.280	
M	34	118.64	OPEN	Gordon Arscott	TSKV Spartacus	152.5	160	165	77.5	82.5	87.5	252.5	197.5	197.5	210	450	52.572	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

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93.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	19	91.52	OPEN	Thomas Nigon	Gym Iron Heart	205	215	225	130	140	145	370	285	305	310	680	89.659	
M	6	89.18	OPEN	Gerard Pruijsen	Striktly Powerhouse	220	235	245	160	170	175	415	230	250	260	675	90.142	
M	23	92.08	OPEN	Justin Mulder	Algemeen Lid	220	230	240	130	135	140	380	235	245	260	640	84.133	
M	30	88.46	OPEN	Michel Laugs	Loods 37	197.5	205	212.5	147.5	155	162.5	375	237.5	247.5	252.5	627.5	84.136	
M	21	92.32	OPEN	Marcel Govers	TSKV Spartacus	202.5	212.5	217.5	135	142.5	150	355	240	250	260	615	80.744	
M	2	90.26	OPEN	Hong Jie Zheng (J)	DSKV IJzersterk	215	230	245	110	120	125	350	230	245	255	605	80.316	
M	35	86.56	OPEN	Dinand Jansen (J)	Algemeen Lid	195	210	225	127.5	142.5	142.5	337.5	232.5	245	260	597.5	80.984	
M	16	87.96	OPEN	Joshua Ys (J)	SCC Powerhouse	205	220	235	90	95	100	320	230	255	270	575	77.314	
M	5	91.66	OPEN	Thom Revitt (J)	Loods 37	170	177.5	187.5	127.5	135	142.5	312.5	250	260	272.5	572.5	75.429	
M	28	90.44	OPEN	Thomas Emmer (J)	Deliberate Strength	185	195	195	102.5	110	112.5	305	240	265	0	570	75.595	
M	8	90.72	OPEN	Kjell Overheul (J)	Van Nistelrooij powerlifting	205	205	220	132.5	137.5	142.5	347.5	210	220	222.5	570	75.480	

Referees (name and signature)

Head referee:

Left referee:

Right referee: