

Scoresheet Lichtstad Cup 2.0 2023 • Zaterdagmiddag: Platform Rechts (1/2)

Eindhoven - 23 December 2023

83.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	15	79.90	OPEN	Lukas Ruijer (J)	Strength Valley	160	175	182.5	100	107.5	110	292.5	200	220	225	512.5	72.328	
M	12	81.21	OPEN	Morris Ooms (J)	Loods 37	157.5	167.5	175	105	112.5	117.5	287.5	197.5	210	210	485	67.883	
M	21	82.00	OPEN	Jules Delage-Davies (J)	Team Francke powerlifting	167.5	170	175	90	95	97.5	270	195	210	215	485	67.550	
M	4	82.81	OPEN	Miguel van der Neut da Silva Cardoso	FoxGym	150	157.5	165	97.5	105	112.5	277.5	175	187.5	195	465	64.443	
M	27	81.71	OPEN	Taeke van Haften (S-J)	Algemeen Lid	150	157.5	162.5	90	95	100	262.5	180	192.5	200	455	63.485	
M	22	82.55	OPEN	Jord Hornstra (J)	Deliberate Strength	125	125	135	95	100	107.5	232.5	175	187.5	200	432.5	60.034	
M	14	82.60	OPEN	Victor Nibbelke (S-J)	Algemeen Lid	115	130	145	85	90	100	235	160	175	185	410	56.894	
M	23	75.75	OPEN	Enzo Donders (J)	Algemeen Lid	115	115	117.5	65	70	80	185	170	185	200	370	53.666	
M	8	81.55	OPEN	Jan Smits (MIV)	Jordi Snijders Coaching	110	115	120	70	75	77.5	195	142.5	155	160	350	48.883	

105.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	29	103.51	OPEN	Erik Mollers	SKVU Obelix	130	137.5	142.5	100	105	107.5	242.5	182.5	192.5	200	435	54.067	

120.0+ kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	20	141.38	OPEN	Jordy van Muijen	Strength Valley	277.5	290	300	165	172.5	180	480	275	300	305	785	85.241	
M	5	124.42	OPEN	Vincent Baarslag	ASKV Kratos	205	217.5	227.5	140	150	150	367.5	292.5	307.5	320	675	77.250	
M	25	146.16	OPEN	Ruben Grisel (J)	DSKV IJzersterk	160	170	170	85	92.5	97.5	252.5	212.5	222.5	235	487.5	52.255	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

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105.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3			
M	19	103.90	OPEN	Nino van Rikxoort (J)	Abyss	232.5	245	245	175	182.5	187.5	432.5	285	300	305	737.5	91.503	
M	26	104.50	OPEN	Khubeib Al Jabar	Team Francke powerlifting	230	245	250	170	180	182.5	430	285	300	305	735	90.948	
M	6	100.30	OPEN	Niek Bronsvoot	3 for 9	220	230	240	147.5	155	162.5	392.5	260	272.5	285	677.5	85.467	
M	7	102.58	OPEN	Yuri van Essen (J)	Algemeen Lid	190	200	205	157.5	162.5	170	375	247.5	260	270	635	79.259	
M	17	95.75	OPEN	Sjoerd Dijkstra	Freriks Barbell club	212.5	225	232.5	127.5	135	142.5	375	225	240	250	625	80.615	
M	28	102.77	OPEN	Leonard Kleerekooper	Powerbuild Coaching	180	190	200	130	135	140	335	240	260	270	605	75.450	
M	10	97.50	OPEN	Jorick van Dijk (J)	FoxGym	192.5	197.5	210	127.5	135	140	350	235	245	250	600	76.719	
M	1	100.12	OPEN	Lucas Lemsom (J)	DSKV IJzersterk	170	180	187.5	122.5	130	130	310	230	240	250	560	70.704	
M	16	102.78	OPEN	Qihao Guo (J)	DSKV IJzersterk	177.5	180	190	105	110	112.5	302.5	225	240	250	552.5	68.899	
M	11	100.57	OPEN	Niels Jullens (J)	Hybridcoaching	170	185	185	90	97.5	100	285	190	215	225	510	64.254	
M	24	102.69	OPEN	Mike Visser	Striktly Powerhouse	170	180	185	110	115	120	305	165	180	195	500	62.378	
M	2	101.50	OPEN	Dean Hoogenboom	Bash the Barbell	155	162.5	170	92.5	100	105	275	190	200	210	485	60.839	

Referees (name and signature)

Head referee:

Left referee:

Right referee: