

# Scoresheet Lichtstad Cup 2023 • Zaterdagochtend: Platform Rechts (1/2)

Veldhoven - 16 December 2023

105.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	6	96.04	OPEN	Gabriël Kruize (J)	Powerbuild Coaching	205	220	235	120	125	130	345	230	245	255	600	77.278	
M	3	99.53	OPEN	Luuk van Lierop (J)	Strength For All	205	215	225	112.5	117.5	122.5	347.5	252.5	265	265	600	75.967	
M	12	103.84	OPEN	Lars Lurvink	K&C training	220	230	240	115	120	125	365	220	235	250	600	74.464	
M	1	103.48	OPEN	Xander van der Steen (J)	Partner For Power	185	192.5	200	125	132.5	140	332.5	220	232.5	240	572.5	71.166	
M	4	104.37	OPEN	Lucas Hoffmans (J)	Epic gym	190	197.5	207.5	125	130	132.5	327.5	230	245	250	572.5	70.882	
M	25	100.64	OPEN	Dapper Bruijn (J)	Team Francke powerlifting	192.5	205	207.5	115	122.5	125	327.5	210	230	242.5	557.5	70.216	
M	2	97.95	OPEN	Daniël op 't Ende (J)	2to1 Coaching	172.5	182.5	187.5	125	130	135	312.5	215	227.5	227.5	527.5	67.300	
M	7	98.41	OPEN	Cas van den Wildenberg (J)	Deliberate Strength	150	160	170	117.5	122.5	125	295	207.5	217.5	230	525	66.831	
M	24	96.35	OPEN	Daniel van Galen	Loods 37	172.5	182.5	190	107.5	115	122.5	305	195	207.5	217.5	522.5	67.191	
M	21	103.53	OPEN	Jasper Neulen	Strength Valley	160	172.5	180	105	112.5	117.5	297.5	180	200	210	507.5	63.072	
M	23	101.23	OPEN	Rick Teerink (J)	2to1 Coaching	165	175	180	105	110	110	270	210	220	220	480	60.288	
M	9	100.49	OPEN	Bart Geers (J)	Perfect Performance	142.5	152.5	160	92.5	97.5	100	260	180	190	200	460	57.977	
M	14	96.60	OPEN	Brian van der Toorn	Strength Valley	137.5	142.5	155	95	102.5	110	245	155	167.5	190	435	55.870	

## Referees (name and signature)

Head referee:

Left referee:

Right referee:

# Scoresheet Lichtstad Cup 2023 • Zaterdagochtend: Platform Rechts (2/2)

Veldhoven - 16 December 2023

105.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3			
M	16	102.21	OPEN	Patrick Steenberg	Strength Valley	195	207.5	<del>220</del>	132.5	140	150	357.5	280	310	322.5	680	85.020	
M	26	100.84	OPEN	Deante Plug (J)	Epic gym	240	250	260	150	157.5	165	425	240	252.5	<del>260</del>	677.5	85.249	
M	15	104.45	OPEN	Timo Bodynek (J)	Team Francke powerlifting	230	245	250	140	<del>147.5</del>	<del>147.5</del>	390	240	255	<del>265</del>	645	79.830	
M	29	103.80	OPEN	Nicky van Koolwijk (J)	Barbell Benders Powerlifting	205	<del>215</del>	217.5	135	140	145	362.5	250	260	265	627.5	77.890	
M	11	104.48	OPEN	Henk Rozeboom	Strength Valley	<del>195</del>	<del>195</del>	195	132.5	137.5	142.5	337.5	260	290	<del>310</del>	627.5	77.653	
M	19	102.90	OPEN	Martin van den Berg	Striktly Powerhouse	190	<del>205</del>	205	140	147.5	152.5	357.5	235	245	255	612.5	76.340	
M	8	102.29	OPEN	Anne Wind	Strength Valley	205	220	<del>230</del>	125	132.5	137.5	357.5	210	235	250	607.5	75.928	
M	5	104.92	OPEN	Gijs Schoonaard (J)	Scientific Old School Powerlifting	195	205	<del>212.5</del>	140	147.5	152.5	357.5	235	242.5	247.5	605	74.722	
M	10	103.87	OPEN	Enzo Brouwers (J)	MAX Gym	207.5	215	<del>225</del>	125	130	<del>135</del>	345	232.5	255	<del>275</del>	600	74.453	
M	28	104.80	OPEN	Marco Top (J)	Strength Valley	192.5	200	207.5	122.5	127.5	<del>132.5</del>	335	215	235	250	585	72.291	
M	22	104.10	OPEN	Tijmen Tolboom (J)	Team Francke powerlifting	190	205	210	112.5	120	125	335	235	245	<del>265</del>	580	71.897	
M	18	103.03	OPEN	Rutger Dijk	Strength Valley	205	220	230	117.5	125	130	360	<del>245</del>	<del>260</del>	<del>260</del>	0	0.000	

## Referees (name and signature)

Head referee:

Left referee:

Right referee: