

Scoresheet Benelux Tournament 2023 • Saturday morning (1/1)

Tilburg - 25 November 2023

57.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	20	56.16	OPEN	Larissa Vermaning	Netherlands	120	127.5	130	80	85	87.5	205	140	150	157.5	355	84.213	
W	11	55.82	OPEN	Shana Knockaert	Belgium	102.5	110	110	55	57.5	60	170	125	135	140	305	72.692	

63.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	14	62.20	OPEN	Juliette Girin (J)	Belgium	107.5	112.5	117.5	60	65	67.5	182.5	142.5	152.5	162.5	335	73.904	
W	4	58.16	OPEN	Emma Weydert (J)	Luxembourg	100	105	110	52.5	57.5	60	170	122.5	130	137.5	307.5	71.063	
W	12	60.58	OPEN	Marina Alexandras (J)	Luxembourg	95	100	105	52.5	57.5	60	162.5	105	112.5	117.5	275	61.750	

69.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	8	63.50	OPEN	Sanne van der Ploeg	Netherlands	147.5	152.5	152.5	82.5	87.5	87.5	235	167.5	172.5	177.5	407.5	88.704	
W	2	68.72	OPEN	Jolien Boot (J)	Belgium	130	137.5	142.5	70	75	77.5	220	140	152.5	160	380	78.905	

76.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	1	74.92	OPEN	Symone Kooistra	Netherlands	142.5	147.5	152.5	82.5	85	87.5	237.5	175	182.5	187.5	425	84.365	

84.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	3	83.16	OPEN	Ragnhild Maarleveld	Netherlands	140	150	157.5	70	75	80	230	185	200	210	440	83.424	
W	10	77.76	OPEN	Lisa Haaren	Belgium	100	115	125	60	65	67.5	192.5	140	160	172.5	352.5	68.767	

84.0+ kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	6	88.54	OPEN	Laura Giacomini	Luxembourg	102.5	110	115	52.5	57.5	60	175	110	117.5	125	300	55.559	

Referees (name and signature)

Head referee:

Left referee:

Right referee: