

Scoresheet Zomerbeginnerswedstrijd Atlas 2023 • Zaterdagochtend (1/2)

Nijmegen - 1 July 2023

69.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	7	69.00	BEG	Kati Lukacs	Beginner	120	125	135	75	87.5	92.5	222.5	120	130	140	362.5	75.100	
W	9	67.46	BEG	Isa Strijbosch	Beginner	135	140	145	55	57.5	60	200	150	157.5	157.5	357.5	75.018	
W	17	67.80	BEG	Rissa Bouwsema	Beginner	130	132.5	137.5	60	62.5	62.5	195	140	145	150	345	72.186	
W	27	67.12	BEG	Freya Topper	Beginner	110	115	122.5	62.5	65	67.5	190	125	135	145	335	70.503	
W	12	64.44	BEG	Mjon Wegenwijs	Beginner	117.5	125	125	45	50	52.5	175	140	150	155	330	71.174	
W	22	67.10	BEG	Deborah Neslo	Beginner	105	110	117.5	50	52.5	57.5	175	110	115	125	300	63.148	
W	8	67.56	BEG	Giulia van Heest	Beginner	105	110	112.5	65	70	72.5	182.5	112.5	112.5	112.5	295	61.850	
W	20	67.81	BEG	Willemijn Beek	Beginner	100	105	107.5	50	55	57.5	165	115	120	125	290	60.673	
W	15	67.92	BEG	Resa Carol	Beginner	75	87.5	100	50	55	60	160	85	100	107.5	267.5	55.914	
W	18	66.90	BEG	Anne Jansen	Beginner	57.5	65	70	40	42.5	45	115	90	97.5	105	220	46.389	
W	23	67.08	BEG	Rowena Portier	Beginner	60	65	70	40	42.5	45	112.5	70	77.5	85	197.5	41.579	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Zomerbeginnerswedstrijd Atlas 2023 • Zaterdagochtend (2/2)

Nijmegen - 1 July 2023

63.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	3	62.42	BEG	Laura Abels	Beginner	100	107.5	112.5	62.5	67.5	72.5	185	125	132.5	140	325	71.532	
W	14	61.64	BEG	Anne Kros	Beginner	95	100	102.5	52.5	55	57.5	160	115	120	130	290	64.361	
W	5	58.82	BEG	Maartje Berkenbosch	Beginner	110	112.5	112.5	52.5	55	57.5	170	105	110	117.5	287.5	65.903	
W	1	58.94	BEG	Michelle Hinds	Beginner	70	80	87.5	45	50	55	135	100	105	120	255	58.368	
W	19	60.04	BEG	Sophie Klip	Beginner	80	90	95	42.5	50	55	140	85	100	110	250	56.484	
W	4	61.62	BEG	Daphne Zintel	Beginner	75	80	80	42.5	47.5	50	122.5	87.5	92.5	100	222.5	49.391	
W	24	62.72	BEG	Elsiemiek Verhagen	Beginner	75	80	80	50	50	50	80	80	0	0	0	0.000	

76.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	6	74.12	BEG	Lisa Davidse	Beginner	130	140	145	60	67.5	72.5	212.5	180	190	195	402.5	80.318	
W	21	74.98	BEG	Emma Brinkers	Beginner	125	132.5	140	65	70	75	210	140	147.5	150	360	71.435	
W	10	73.68	BEG	Linda Suna	Beginner	107.5	110	117.5	57.5	65	67.5	185	150	157.5	160	345	69.048	
W	26	75.70	BEG	Laura Dingemans	Beginner	80	87.5	95	50	52.5	55	150	90	100	110	260	51.357	

Referees (name and signature)

Head referee:

Left referee:

Right referee: