

Scoresheet Zomerbeginnerswedstrijd Atlas 2023 • Zaterdagavond (1/2)

Nijmegen - 1 July 2023

84.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	27	82.18	BEG	Adele Carpenter	Beginner	107.5	115	120	57.5	62.5	65	182.5	132.5	135	142.5	325	61.915	
W	9	80.08	BEG	Esly Lemmen	Beginner	105	107.5	115	57.5	62.5	65	177.5	125	135	142.5	320	61.625	
W	28	80.40	BEG	Phine van Hattum	Beginner	95	102.5	107.5	55	57.5	60	160	120	130	140	300	57.675	
W	7	76.74	BEG	Roos Vissers	Beginner	75	80	85	35	40	45	120	95	107.5	115	227.5	44.651	

84.0+ kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
W	19	88.82	BEG	Celeste Spruijt	Beginner	135	140	150	72.5	77.5	82.5	217.5	140	147.5	155	372.5	68.910	
W	26	89.52	BEG	Marleen de Bondt	Beginner	112.5	117.5	120	75	80	85	205	142.5	147.5	150	355	65.494	
W	3	92.68	BEG	Lianne van den Broek	Beginner	110	120	125	57.5	65	70	195	120	130	140	335	61.097	
W	1	88.24	BEG	Megan Tonnet	Beginner	80	90	100	45	45	47.5	137.5	110	117.5	122.5	260	48.209	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet Zomerbeginnerswedstrijd Atlas 2023 • Zaterdagavond (2/2)

Nijmegen - 1 July 2023

105.0 kg					Squat			Bench Press			Deadlift			TOTAL	POINTS	PL		
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	11	101.60	BEG	Ruben Kok	Beginner	207.5	215	220	137.5	140	145	365	210	222.5	230	595	74.603	
M	6	103.30	BEG	Thomas Gubbels	Beginner	167.5	177.5	185	132.5	140	145	330	215	227.5	245	575	71.535	
M	25	100.72	BEG	Robert Geels	Beginner	185	192.5	200	120	127.5	135	327.5	215	225	232.5	560	70.504	
M	2	104.76	BEG	Bowe Koolwijk	Beginner	190	200	210	105	110	115	325	210	220	232.5	557.5	68.905	
M	22	97.54	BEG	Luuk van Lierop	Beginner	185	195	202.5	110	117.5	125	312.5	225	235	242.5	555	70.951	
M	24	100.78	BEG	Roy Wind	Beginner	180	180	190	132.5	132.5	135	322.5	230	230	240	552.5	69.540	
M	5	94.40	BEG	Jesper Meessen	Beginner	145	152.5	160	115	120	125	280	210	225	240	520	67.534	
M	8	103.56	BEG	Thijs Morsink	Beginner	170	170	180	105	110	115	285	200	210	220	505	62.753	
M	12	104.38	BEG	Eray Hosgor	Beginner	150	157.5	165	105	110	112.5	275	175	185	200	460	56.950	
M	23	103.50	BEG	Rick van Leuteren	Beginner	135	145	155	95	102.5	107.5	262.5	180	190	200	452.5	56.244	

Referees (name and signature)

Head referee:

Left referee:

Right referee: