

Scoresheet SBD Cup • Zondagmiddag: Platform Defy (1/3)

Nijmegen - 30 October 2022

105.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	5	102.14	OPEN	Erwin van Doggenaar	No Excuses Hilversum	155	165	175	110	115	117.5	292.5	205	220	230	522.5	65.350	
M	19	95.36	OPEN	Allard Gooshouwer (J)	Grow Coaching	170	180	187.5	107.5	112.5	115	295	200	210	220	515	66.558	
M	25	101.54	OPEN	Tom van Oosterom (J)	StrengthValleyNL	167.5	175	180	87.5	92.5	95	272.5	195	210	225	497.5	62.396	
M	3	97.96	OPEN	Jasper Neulen	StrengthValleyNL	155	167.5	172.5	102.5	110	115	282.5	195	205	215	487.5	62.194	
M	22	97.10	OPEN	Gwidon Miezalski	Algemeen Lid	170	175	180	120	125	130	310	170	175	185	485	62.137	
M	9	102.37	OPEN	Stijn Gierkink	K&C training	165	165	175	95	100	105	275	180	195	205	480	59.970	
M	12	102.26	OPEN	Mike Visser	Striktly Powerhouse	160	167.5	172.5	110	117.5	122.5	285	165	175	182.5	467.5	58.438	
M	15	102.22	OPEN	Erwin Poort	East End Strength Sports	150	160	170	80	85	90	260	185	195	205	465	58.137	
M	21	94.85	OPEN	Rolf Bettinger (MII)	StrengthValleyNL	120	132.5	140	102.5	107.5	112.5	247.5	165	185	195	442.5	57.336	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet SBD Cup • Zondagmiddag: Platform Defy (2/3)

Nijmegen - 30 October 2022

105.0 kg						Squat			Bench Press			Deadlift			TOTAL	POINTS	PL	
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	11	101.54	OPEN	Tom Böckling	9 for 9 coaching	200	207.5	212.5	130	135	137.5	350	220	232.5	242.5	592.5	74.311	
M	20	102.10	OPEN	Milan Groote (S-J)	Sportcentrum TopFit	190	205	215	115	122.5	127.5	342.5	220	235	250	592.5	74.118	
M	16	104.46	OPEN	Emiel Laugs	Loods 37	180	190	200	160	165	170	365	190	205	220	585	72.400	
M	30	104.90	OPEN	Jesse de Haan (S-J)	Strength For All	185	195	202.5	117.5	122.5	125	327.5	190	200	207.5	535	66.083	
M	31	94.74	OPEN	Daan Hofstra (S-J)	9 for 9 coaching	187.5	195	205	127.5	132.5	135	330	187.5	200	207.5	530	68.713	
M	6	101.38	OPEN	Cédric van Lenthe (J)	9 for 9 coaching	165	175	185	117.5	125	127.5	312.5	202.5	217.5	227.5	530	66.521	
M	28	100.94	OPEN	Lars Lurvink	K&C training	192.5	202.5	202.5	107.5	112.5	117.5	305	192.5	202.5	212.5	517.5	65.086	
M	14	101.80	OPEN	Martijn van Oostveen (MI)	Striktly Powerhouse	150	160	170	127.5	132.5	132.5	292.5	215	225	232.5	517.5	64.826	
M	26	99.54	OPEN	Zennar den Hartog (J)	WorkBodyFit	150	165	175	105	112.5	120	295	220	220	240	515	65.202	
M	7	103.88	OPEN	Nick van der Loo	Krachtlab	140	150	152.5	105	112.5	117.5	270	200	212.5	225	495	61.421	

Referees (name and signature)

Head referee:

Left referee:

Right referee:

Scoresheet SBD Cup • Zondagmiddag: Platform Defy (3/3)

Nijmegen - 30 October 2022

105.0 kg					Squat			Bench Press				Deadlift						
M/W	NR	BDW	CAT	NAME	ASSOCIATION	1	2	3	1	2	3	SUB	1	2	3	TOTAL	POINTS	PL
M	8	97.78	OPEN	Devin van Gils (J)	Alpha Gym	175	185	192.5	135	142.5	145	337.5	230	245	255	592.5	75.656	
M	10	102.52	OPEN	Yannick van der Corput (J)	9 for 9 coaching	190	202.5	212.5	125	130	135	347.5	210	227.5	240	587.5	73.351	
M	1	104.98	OPEN	Thomas Tijdeman	Sportcentrum TopFit	210	220	227.5	140	147.5	150	367.5	205	217.5	227.5	585	72.233	
M	29	102.52	OPEN	Otte Jansen	StrengthValleyNL	180	190	200	125	135	140	325	220	230	240	565	70.541	
M	24	99.90	OPEN	Ludchano Leliveld	Pjotrs Powertraining	180	192.5	200	130	137.5	137.5	330	220	232.5	242.5	562.5	71.094	
M	17	99.56	OPEN	Anne Wind	StrengthValleyNL	195	207.5	210	117.5	125	130	325	220	235	250	560	70.893	
M	2	100.12	OPEN	Joost Vaessen	Krachtlab	185	195	200	122.5	127.5	130	330	200	215	222.5	552.5	69.757	
M	27	103.64	OPEN	Marc Verbeek	Strength Academy	190	190	200	110	117.5	120	307.5	210	225	235	542.5	67.388	
M	18	104.82	OPEN	Jayco de Ligt (J)	Team LorenzM	150	160	170	115	120	125	295	205	220	230	525	64.871	
M	23	98.74	OPEN	Arthur Roodenburg (MI)	Strength Academy	192.5	200	205	95	100	105	305	205	217.5	225	522.5	66.407	

Referees (name and signature)

Head referee:

Left referee:

Right referee: